

Amazing Aging!

For Seniors and Those Who Love Them

A free publication of the Jayhawk Area Agency on Aging, Inc.
Advocacy, Action and Answers on Aging for Shawnee, Jefferson and Douglas Counties

SPRING 2024



Our Mission

Jayhawk Area Agency on Aging, Inc. advocates on aging issues, builds community partnerships and implements programs within Shawnee, Jefferson, and Douglas counties to help seniors live independent and dignified lives.

- Is a 501(c)3 non-profit organization
- Is funded by tax-deductible contributions, federal funds, under state general funds and funds through local governments
- Does not discriminate on the basis of race, color, sex, national origin, age, religion, or disability



Elvin Gilges poses with one of the Bobbleheads that celebrated his 55th anniversary with ICL.

Please see story on page 3.

A Message from Susan Harris, JAAA Executive Director

It is spring and things are buzzing here at Jayhawk. We are once again entering our funding allocations process for distribution of Federal Older Americans Act funds. Each year we seek input from the community related to what the needs of current older adults are as well as what future needs are anticipated by them. This input goes into not only the short-term planning but also long term-planning for Jayhawk Area Agency on Aging making sure to recognize the needs and wishes of older adults from a wide spectrum of ages. The Federal Older Americans Act funding is available to serve adults aged sixty and older; that

could encompass a span of 40 years or more!

This spring in March, Jayhawk held listening sessions in each of the three counties we serve (Jefferson, Douglas, Shawnee), and we appreciate those who attended. We want more input from older adults in our service area as well as those who are caregivers for or family members of older adults. Community input related to the needs of older adults is an important part of our planning process. We have nine surveys related to the different categories of needs of older adults on our website www.jhawkaaa.org, and we would appreciate your time in completing one or all



Susan Harris

the surveys. These surveys can be found on the homepage of our website. If you need a printed copy of any of these surveys, please contact our office and we will gladly mail the survey or surveys of your choice to you.

With the increase in the number of people aged 60 and older residing in our service area and the growth of funding not following suit, the Allocations Committee members have a tough job of making sure that services and funding are targeted to the specific needs that will most benefit the communities we serve. Older Americans Act services are not means tested in

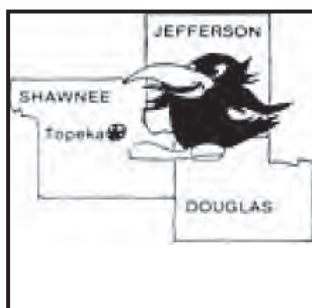
any way and they are provided on a donation basis; donations are vital to the programs funded by the OAA. The donations received are returned to the specific service as program income allowing for more service to be provided; the more donations received, the more services that can be provided. The allocation dollar and service amounts determined by the Allocations Committee are submitted to Jayhawk Advisory Committee for review and recommendation to approve and then presented to the JAAA Board of Directors for approval and incorporation into the annual area plan.

- Amazing Aging is a publication of Jayhawk Area Agency on Aging, Inc.
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You are encouraged to write us at:

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Marsha Henry Goff, editor



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Celebrate!
The Month of May is
Older Americans Month!

Amazing Aging strives to provide readers with the information they need to live independent and productive lives. We also seek to feature stories of seniors who are active as workers, volunteers or engaged in hobbies. If you know a senior you would like to see featured in a future issue, please contact editor Marsha Henry Goff at mhgink@netscape.net or write to her in care of JAAA, 2910 SW Topeka Boulevard, Topeka, KS 66611.

Elvin Gilges: Celebrating 55 years (and counting) at ICL Lawrence

By Marsha Henry Goff

In 1968, 22-year-old Elvin Gilges, rural Baldwin City, accepted a job in the warehouse at the Lawrence FMC (now ICL) manufacturing plant loading 200-pound bags of phosphates onto rail cars. He had a year of college at Emporia State under his belt and his intention was to work a year and earn money to return to college with the goal of eventually becoming a basketball coach.

After two months at the warehouse, Gilges took a pay cut to transfer to the lab where he analyzes phosphates to ensure they meet customers' various specifications. The Lawrence ICL plant produces food and industrial grade phosphates that are used

in products — think of toothpaste — that people encounter daily. The phosphoric acid the plant produces goes into cola beverages. Salts (sodium phosphate) are in numerous foods like biscuits, french fries, sports drinks, cheese applications, meat, poultry and seafood. In meat applications, the sodium phosphate is a white powdery substance that is dissolved in water and injected into meat, making it juicy instead of dry when cooked.

The lab job offered Gilges the perks of being in a building that was air conditioned in summer, heated in winter and suited him so well that he is still there 55 years later. It is extremely rare for a person to work 55 years before retiring.



Elvin poses in the lab that has been his home away from home for half a century plus five. (MHGInk Communications)



This huge cake, complete with his picture, celebrated Elvin's remarkable 55 years of employment with ICL Lawrence. (Photo courtesy of ICL Lawrence)

Forbes says the average retirement age is 64 after working 42 years. While the generally accepted work life for college-educated individuals is 48 years and 52 years for those without a college degree, Forbes says the idea of working that many years is a fantasy and that most people cannot make it to 65 years of age before retiring. Those who work in coal mines, are members of United Auto Workers or work for auto manufacturers retire with a full-pension after

30 years, while police, firefighters and military may retire with a pension at 20 years.

It is even rarer to stay with the same company for an entire working career as Gilges has done. According to statistics, half of American workers are presently considering changing their jobs, most of them because they want remote work or more flexibility. Salary and hourly wage workers usually stay with the same employer for 4.1 years

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Please visit us online at
www.jhawkaaa.org.

Caregiver Support

Home vs. long term care

By Michele Dillon
JAAA ADRC Supervisor

I have a lot of caregivers talk to me about wanting their loved one to stay home and not wanting to place them in long term care. There is a lot of difficulty in making that decision and a lot of guilt. Let's talk about the pros and cons of each one and then how a decision can be made in regards to placement.

Home care can be less chaotic and can be beneficial as long as a routine is kept and things are made simpler. Incontinence can be reduced if there is a routine time that the bathroom is used. Routine can be hard for a caregiver if health issues or life issues occur. Home care can become difficult if the loved one you're caring for starts to shadow and follow you around everywhere. It would be hard to get a moment's peace.

In-home care is available for respite times to give yourself a break and make sure that you are taking care of yourself. Be sure to rely on informal supports. I have lots of caregivers who tell me their kids are too busy and they don't want to bother them. Your kids are adults and you raised them to be independent so you do not need to speak on their behalf. Let them decide how much they want to help you.

There are also financial resources to help with home care such as home and community-based services, aid in attendance through the VA, and long term care policies. You can also pay out of pocket. Most private agencies charge around \$35.00



Michele Dillon

an hour so it is in your best interest to get a plan of care to find out when the optimal time would be to use them. Starting out small and helping to facilitate that relationship between your loved one and the caregiver is important.

Bringing them in before attending care is needed would also be beneficial so that once bathing help is needed they have established a trusting relationship with someone else.

Memory care units can be a positive place to go for socialization and activity. You are also guaranteed that there will be routine, and your loved one will receive their medication and be taken care of if you should become sick. They are also going to monitor their weight and blood pressure on a regular basis to stave off any illnesses that should arise. Socialization and nutrition, as well as daily living activities being taken care of, can help maintain your loved one's memory for a longer period of time. Having others monitoring incontinence and self-care can also stave off infection and wounds. Memory care

financial assistance includes all of those mentioned above. It is important to check with memory care to see if it is purely private pay or if they will keep your loved one once money runs out. If they keep your loved one how long do they have to be on private pay. The fewer moves with your loved one, the more positive the experience will be.

The other thing to consider in both cases is behaviors. Behaviors can indicate that it is time to move from their home to a facility. Has it become unsafe for you or your loved one? Are they exit seeking, verbally or physically abusing you, the caregiver or showing increased anger? These are all behaviors that should be considered when deciding if a possible move is due. Also check

with your doctor to see if anti-anxiety or antidepressant medications are in order. Sometimes behaviors are due to infections or pain that cannot be identified by your loved one. There gets to be a certain point in the disease where home is not recognized so keeping them home is not necessarily for the benefit of the client if they are not remembering they are there or consistently asking to go home.

I can help you with these transitions and show you how to optimize your finances for the long term. We also have a two day a week program that can help transition from home to memory care or just provide you some relief during the day. Give me a call at 785-235-1367 for more information.

JAAA cares about Caregivers

We know how important it is for you to take care of yourself so you can take care of your loved one. That is why we offer these Caregiver Support Groups

Shawnee County: Meets at the **Topeka and Shawnee Public Library**, the first Monday of each month at 2:00 p.m., the second Monday of each month at 3:30 p.m. and the third Thursday of each month at 2:00 p.m.

Douglas County: Meets at the **Baldwin Methodist Church**, 708 Grove, Baldwin, the first Wednesday of each month at 1:00 p.m.; the **First United Methodist Church**, 946 Vermont Street, Lawrence, the second Tuesday of each month at 10:00 a.m.; **First Southern Baptist Church**, 4300 W. 6th Street, Lawrence, the fourth Monday of each month at 3:30 p.m.; and **Homestead of Eudora**, 2725 Church Street, Eudora, the third Thursday of each month at 3:00 p.m.

We hope to see you at one of these meetings.

Elvin Gilges

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but people 65 and older have an average of 10.3 years with the same employer. Men hold an average of 12.5 jobs during their lifetime, while women have an average of 12.1.

So why would Gilges buck the odds and stay with the same company for 55 years? He answers that question by saying that the ICL plant has “a good work environment and good people.”

Jason Miller, ICL plant manager, agrees with Gilges’ assessment of the work environment and the people who work at the plant and emphasizes that Lawrence ICL “has a family-oriented culture. Employees in general have a lot of personal connections that allow this to be the culture it is and we continue to foster that culture that makes

our plant the attractive place to work that it is.”

He notes with pride that the plant does an employer of choice survey every year and that the overwhelming majority of feedback they receive revolves around people. “It stems around the people we work with,” he says, “and I think that is something that is not the case everywhere and is something special that we have here at ICL in Lawrence.”

Miller has been with the plant for 19 years this May after graduating from the University of Kansas in 2005 with a degree in Chemical Engineering. He worked as a process engineer for three years before becoming a supervisor and later was promoted to Operations Manager for part of the plant, a position he held about seven years.

In 2019, he was moved to the St. Louis ICL plant and left his

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What surprised Elvin most was seeing his family at his surprise party. (Photo courtesy of ICL Lawrence)



Both current and former employees stopped by to celebrate Elvin at a surprise party commemorating his 55 years with the company. (Photo courtesy of ICL Lawrence)



Elvin holds one of the ubiquitous Bobblehead dolls handcrafted in his image. (Photo courtesy of ICL Lawrence)

Elvin Gilges

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wife Sara, an Oskaloosa teacher, and their three children — two of whom are twins — at home in Valley Falls, choosing not to disrupt their lives. For a year and a half he commuted from Valley Falls to St. Louis, rising at 2:00 a.m. every Monday and driving five hours to St. Louis, arriving at the plant at 7:00 a.m., then driving back to Valley Falls each Friday evening. “It was not easy but it was a good experience for me because I worked with new people and learned a new process.”

Miller returned to the Lawrence ICL plant as its manager on January 1, 2021. He is an example of the company encouraging a “promote from within” policy and says that the

majority of supervisors came up through the plant, starting on the floor. In one instance, an employee who started in packaging, then served as an operator for a number of years, became the plant’s IT technician. Accommodating employees’ changing interests and new talents contributes to their loyalty and longevity.

But some employees, like Elvin Gilges, find and stick with a job that is perfect for them. Gilges says, “I don’t know what I’d do if I quit work. Two days off and I’m ready to go back because I’m bored.”

He no longer works shift work and now rents out the land on which he used to raise pigs, corn and soybeans, but he still lives on his farm and loves the rural life. He admits that when he worked shifts, farmed,

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Elvin Gilges and Jason Miller, ICL plant manager, stand beside the sign recognizing Elvin’s long service. (Photo courtesy of ICL Lawrence)



Jason Miller stands beside the unique sign that greets visitors to ICL’s office building. (MHGInk Communications)



Jason Miller is a proud Jayhawk as the mascot on his office wall attests. Note Elvin Bobblehead on window sill. (MHGInk Communications)

Elvin Gilges

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and had five active children at home, attending their football and baseball games left little time for him to sleep. Presently he has eight grandchildren and he attends the wrestling matches of his young grandchildren who live in Wamego.

The Lawrence ICL plant celebrated Gilges' 55 years of employment with a big surprise party. Guests consisted of his family members which included four of his children, current employees, many retired employees who came back to celebrate with him, as well as two executives from the ICL plant in St. Louis. "Everything surprised me," he says, "but what really surprised me was seeing all my kids!"

He was presented with an 80-inch TV with sound bar, a barbecue smoker and a case of Bobbleheads, each one hand-made in his image, all wearing lab coats with the ICL logo and words on the base proclaiming: Elvin Gilges — 55 Years. Each of his children has a Bobblehead and the rest are scattered

throughout the plant. His picture was taken with Jason Miller in front of the large outdoor sign congratulating him on his longevity achievement. "They also gave me two days off," he says, "with pay."

Jason Miller sums up Gilges' longevity at the plant: "Elvin has dedicated over 55 years of his life contributing to the success of FMC/Astaris/ICL, which is an amazing achievement. He has an enormous amount of knowledge and understanding of the products we produce. He does a great job every day and I really enjoy visiting with him, not just about work issues, but also things like all the local sports teams, the weather and farming."

Elvin Gilges is currently the longest tenured of all of ICL's global employees and the second longest ever (the record is 58 years held by an employee now retired). He has put well over half a million miles on his vehicles driving to and from the plant during his 55-year employment. Whether Gilges, now 78, will break ICL's longevity record is unknown, but those who know him best will not be surprised if he does.



Bobbleheads in Elvin's image are scattered throughout the plant and he gave one to each of his children. (Ray A Goff, Jr.)



Call Kevin at
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SUMMER 2024 issue of
Amazing Aging! The
deadline is July 15.

Age and Dementia (they're not the same thing)

By Marsha Henry Goff

We have heard a lot of talk about age and dementia lately. People often refer to age when what they really mean is dementia. Those words refer to two different conditions. Just because your birthdays are rolling around does not mean you will get any of the many types of dementia. In fact, the likelihood is that you will **never** suffer from dementia.

According to the National Institute of Health, these are the types of dementia:

Alzheimer's disease, the most common dementia diagnosis among older adults. It is caused by changes in the brain, including abnormal buildups of proteins known as amyloid plaques and tau tangles.

Frontotemporal dementia, a rare form of dementia that tends to occur in people younger than 60. It is associated with abnormal amounts or forms of the proteins tau and TDP-43.

Lewy body dementia, a form of dementia caused by abnormal deposits of the protein alpha-synuclein, called Lewy bodies.

Vascular dementia, a form of dementia caused by conditions that damage blood vessels in the brain or interrupt the flow of blood and oxygen to the brain.

Mixed dementia, a combination of two or more types of dementia. For example, through autopsy studies involving older adults who had dementia, researchers have identified that many people had a combination of brain changes associated

with different forms of dementia.

As we age, it is easy to worry that something is wrong when we forget a name or a word or do something silly like having our glasses on top of our head and looking all over the house for them. About 20 years ago, I made a four-quart batch of potato soup expecting it to last three meals, but I could not find it after the first meal. Normally, I placed it in the refrigerator but I was distracted when cleaning up and had to throw it out when I found it in the lazy Susan cabinet where I kept my Corning cookware.

And I once wrote in my Jest for Grins humor column that, at the age of 15, I went into the kitchen to get a cookie. I took the gum out of my mouth to eat the cookie, then threw the cookie in the trash can and put the gum back in my mouth. Things like that are funny when you are 15, but seem a bit sinister when you are a senior.

The Population Research Bureau (PRB) is a long-term partner of the US Census Bureau that collects and supplies statistics for research and/or academic purposes on the environment, health and structure of populations. According to its research, the **proportion of adults ages 70 and older with dementia declined** from 13% in 2011 to 10% in 2019.

Only 3% of adults ages 70 to 74 had dementia in 2019, meaning 97% did not. I have not found statistics for people 75 to 84, but PRB says that 22% of people 85 to 89 have demen-

tia (78% do not) as do 33% of people 90 and older (67% do not). But here is what I wonder: the older one gets, the likelihood is that they are taking prescription medicines. I am not a doctor but I have observed how medication can affect a person's cognitive skills and many medications caution about driving while taking them. Can some people diagnosed with dementia actually be taking too many medications? A word of caution: If you have questions or concerns about your medications, do not stop taking any medicine without first talking with your doctor.

My friend Jane's mother was diagnosed with Alzheimer's disease and was placed by her doctor on the medication Aricept. When her condition became worse, instead of assuming it was the progression of the

disease, Jane took her mother to a geriatrician at KU Medical Center who took her off Aricept and much of the medication she was taking and her cognitive skills improved. Jane's mother was over-medicated.

My husband seriously reacted to an over-the-counter medication so do not assume that a medication is safe just because it is non-prescription. When Ray's thought processes became loopy and he became highly agitated, it was scary to both of us, I did not know that a nurse had given him samples of 12-hour Mucinex during our 2014 annual physicals and neither of us had read of the following rare neurological and psychiatric side-effects: headache, dizziness, tremor, excitability, irritability, tolerance and dependence (with

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Age in motion: My grandmother, Ruth Moriarty Henry, was such an amazing woman that she was featured in the book *Chicken Soup for the Soul: Mothers and Daughters*. She also made the CSS podcast. Here she is on her 81st birthday demonstrating how to use my new exercise wheel. She was small but mighty! —Marsha

Age and dementia

CONTINUED FROM PAGE EIGHT

prolonged pseudoephedrine administration), anxiety, restlessness, insomnia, hallucinations (particularly in children), paranoid delusions and sleep disturbance.

See why it was scary? He didn't have all of those symptoms, but he had enough of them that we knew something was radically wrong. It was Ray who finally realized what was causing the problem. It took several days for the drug to exit his system and he was fortunate that it was only a matter of days because some psychiatric side-effects can be long-term.

Ray's reaction was apparently to the coating on the pill that made it extended because he was able to take regular Mucinex. His physician said that some people reacted to the coating ingredients as they would to cocaine. An online search does show that someone using cocaine can have similar neurological and psychiatric reactions. I cannot imagine why anyone would deliberately ingest anything that could cause such scary reactions.

Some types of dementia may have some of those symptoms and I wonder if a doctor who was unfamiliar with Ray would have diagnosed him with dementia. That is exactly why I wonder if some of those 85- to 100-year-olds who are in the 22% or 33% of people those ages who are diagnosed with dementia may instead be having reactions to their medication. It is possible. Again, do not stop taking any medications without consulting your doctor.

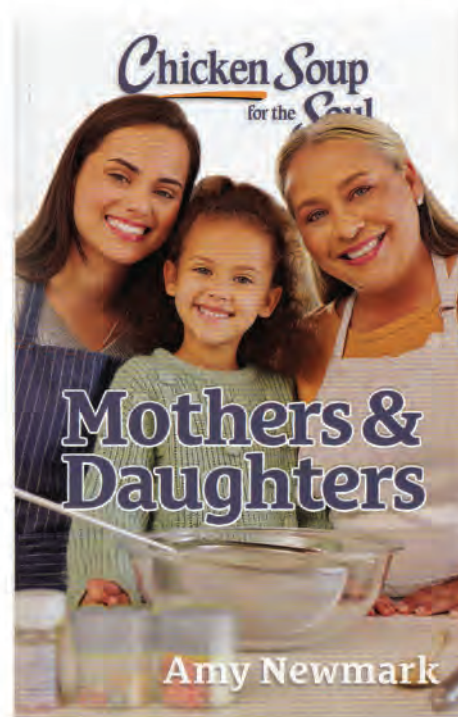
I am fortunate that my long-lived forebears were excellent aging role models. Read the tombstones in the Henry cemetery plot and the ages are 91, 95, 97, 98, 104 and in the Shellhammer plot, 87, 92, 94, 95 ... you get the picture. Not one of them had dementia.

My Grandfather Jake Shellhammer enjoyed grafting different fruits onto the same tree. A school teacher, he taught me cursive writing, making me use a big nail to form the letters so I wouldn't waste ink. He died the day after his 92nd birthday, but not before he walked many blocks down to the post office of his small Oklahoma town to retrieve his mail and return home where he lay down for a nap before lunch and, as the preacher at his funeral said, "woke up with the angels."

I had my Grandmother Ruth Henry the longest of all my grandparents. I was 41 when she died a few months before her 92nd birthday. Grams was as tough as nails. I snapped the accompanying picture of her on her 81st birthday as she demonstrated how to use the exercise wheel I had purchased for myself. I recently had a story about her titled "She did it herself" published in *Mothers and Daughters, a Chicken Soup for the Soul* book. Look for the notice on this page to see how you can win a free book and read about Grams' "never grow old" exploits.

If you are someone who worries about getting dementia as you and/or a loved one grow older, I hope this article will relieve your mind about that concern. The odds that you will never be diagnosed with dementia are certainly in your favor.

Want to win a free book?



Who doesn't love
Chicken Soup for the Soul books?
The first person to email me at
mhgink@netscape.net
with "I want to win!" in the subject
line and correctly guess what my
grandmother, Ruth Moriarty Henry,
kept by her door in case a burglar
broke in, will win an autographed
copy of this book with 101 stories
of Mothers, Daughters (and in at
least one case a Grandmother)!

Good luck!

Do you qualify for one of three Homestead Property Tax Claims?

By Marsha Henry Goff

Seniors have been especially hard hit with rapidly rising property tax appraised values. Many seniors are unaware that they may qualify for one of the state's three Homestead Property Tax Claims. Taking advantage of that can save you a little (up to maximum \$700) with a Homestead (K-40H) refund or a bundle with the Safe Senior (K-40PT) claim which cuts property taxes by up to a whopping 75 percent. But the newest Homestead (K-40SVR) claim, passed in 2022, enables many more seniors to qualify because it freezes taxes to the amount paid in the base year which is 2021 or later depending on when one qualifies.

For over a decade, I have used TurboTax to figure our income tax. This year, I knew about the K-40SVR claim and knew I met the qualifications. I also qualified last year but did not know about K-40SVR and accepted TurboTax's judgment that I did not qualify for any Homestead claim. When it also said that this year, I realized the software was incorrect. The home we built in 1995 has gone up by leaps and bounds the last few years but it was valued at \$325,000 (under the required \$350,000) in 2021 which was determined to be the base year.

While ignorance of the law is not usually an excuse, I think

it should be when one relies on TurboTax's 100% accuracy guarantee. Here's the problem: This year (and last) when it came to the part to see if I qualified for a Homestead claim, it asked the 2023 appraised value of my home and when I typed in \$407,000, it said I did not qualify. TurboTax should then have asked what the appraised value of my home was in 2021 but it did not — shutting out me and who knows how many other TurboTax-using qualifying seniors and denying us the tax savings to which we were entitled. You may file amended Homestead returns for 2022 and/or 2023 for retroactive relief and, if they are not accepted, you have the right to appeal.

If you are a senior who meets the requirements listed in K-40SVR, whatever your taxes are this year and in subsequent years, you simply deduct your 2021 taxes and get the difference back each year. My real estate property taxes are still too high, in my opinion, because the 2021 taxes were over \$450 a month, making me realize the truth of the statement by a legislator's father who said that we do not own our homes, but just rent them from the county. The only real cure to lower taxes is to elect county and city commissioners, state legislators and governors who do not spend so profligately. Other people's money is far too easy to spend.

Homestead Refund (K-40H)

- At least 55 years old all of 2023, or blind or totally and permanently disabled, or has a dependent child living in the home and under 18 the whole year;
- Total household income is \$40,500 or less, with 50 percent of Social Security and SSI benefits included in the income calculation;
- The home is appraised at

\$350,000 or less;

- A sliding scale determines the percentage of the refund, based on income. The maximum refund is \$700. The statewide average refund under this program has been between \$220 and \$250 in recent years.

SAFESR (K-40PT)

- At least 65 years old for all of 2023;
- Total household income,

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Tax Relief?

By Marsha Henry Goff

For the second time this year, Gov. Laura Kelly has vetoed a tax relief bill overwhelmingly passed by the legislature. The bill passed the House 119-0 and the Senate 24-9 with five Republicans absent and two Democrats passing.

The major components of House Bill 2036 are effective for the 2024 tax year and include:

- A two-tiered tax rate system that replaces the current three-rate system.
- The first \$23,000 single and \$46,000 married is taxed at 5.15%; all income above those levels is taxed at 5.55%.
- The single personal exemption jumps from \$2,250 to \$9,160; a married couple's personal exemption goes from \$4,500 (two @ \$2,250 each) to \$18,320 plus \$2,320 for each dependent.

- The standard deductions increase by 3%, to \$3,605 single and \$8,240 married.

- All Social Security benefits will be exempt from state taxation.
- The state sales tax on food will be eliminated on July 1st this year, six months earlier than expected.

- The amount of residential property exempt from the statewide uniform school finance levy rises from \$40,000 to \$100,000 and the tax rate drops from 20 mills to 19.5 mills. The half-mill cut is offset by a transfer from the state general fund to the school fund.

- A reduction in the privilege tax rate paid by financial institutions.

Because of the overwhelming support for the bill, the legislature may be able to override the governor's veto. Ask your senator to override!

Property tax

CONTINUED FROM PAGE 10

including all Social Security and SSI benefits, is \$23,700 or less;

- The home is appraised at \$350,000 or less;

- The SAFESR property tax refund is up to 75 percent of taxes. The statewide average refund has been between \$1,165 and \$1,285 in recent years. Fewer seniors qualify for this refund than for the Homestead Refund.

Seniors or Disabled Veterans (K-40SVR)

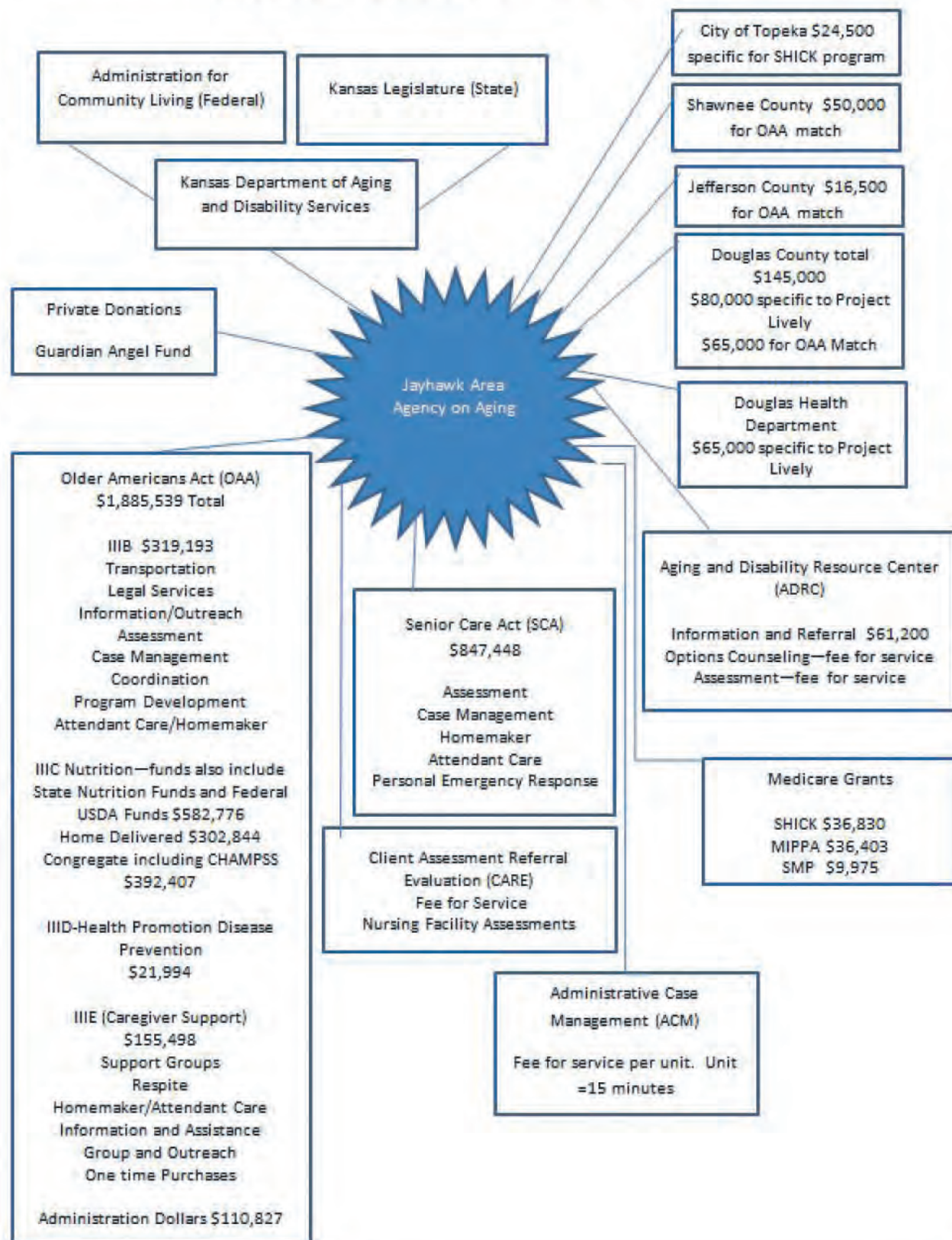
- At least 65 years old for all of 2023 or a disabled veteran; the surviving spouse of a claimant receiving this benefit at the time of the claimant's death will be eligible to continue receiving this benefit until the surviving spouse remarries.

- Total household income, including 50 percent of Social Security and SSI benefits, is \$53,600 or less;

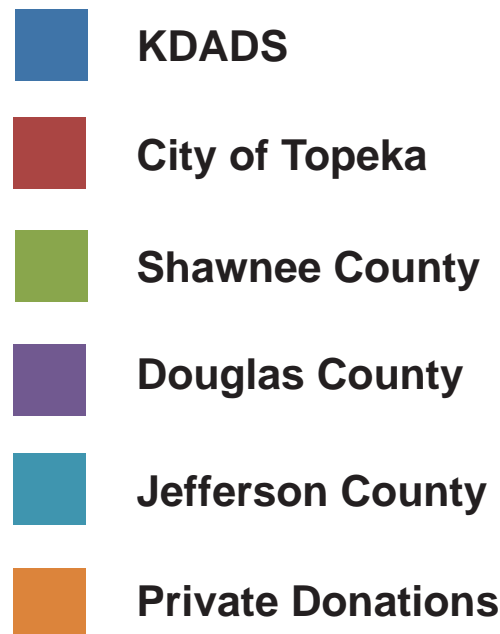
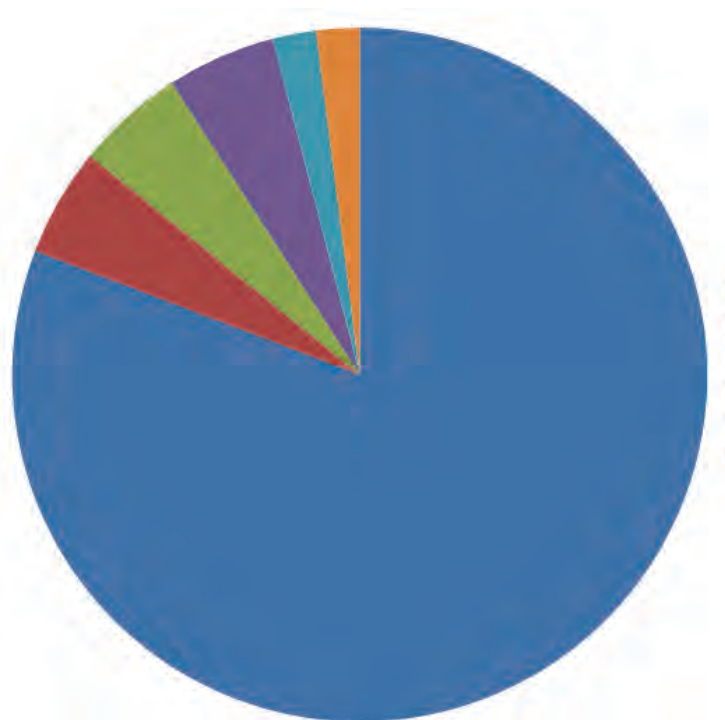
- The house cannot be appraised higher than \$350,000 in the base year, but the claimant remains eligible if the valuation rises;

- This is the newest property tax refund option, enacted in 2022 to freeze property taxes at the base year. The base year is when the claimant becomes eligible for this refund. Those filing in the 2022 tax year used 2021 as the base year and subtracted the taxes paid in 2021 from taxes paid in 2022 to determine the refund. The claimant's base year continues into future tax years. The homeowner with a 2021 base year would use that when filing 2023 taxes. If a claimant moves, his base year is reset.

Where the Money Comes From and Where it Goes



Funding Sources



Older Americans Act (OAA)
\$1,885,539 Total Allocation

IIIB Supportive Services
\$319,193

Access Services must receive at least 9% of the funds.

Includes

Transportation

Information/Outreach

Assessment

Case Management

Legal Services must receive at least 5% of the funds.

In-Home Services must receive at least 20% of the funds

Includes

Attendant Care

Homemaker Services

Coordination

Program Development

IIIC Nutrition—funds also include State Nutrition Funds and
Federal USDA Funds \$582,776

Home Delivered \$302,844

Congregate including CHAMPSS \$392,407

IIID-Health Promotion Disease Prevention
\$21,994

IIIE (Caregiver Support)

\$155,498

Support Groups must receive at least 5% of the funds

Respite must receive at least 15% of the funds

Supplemental Services must receive at least 5% of the funds

Includes Homemaker and Attendant Care Services

Information and Assistance must receive at least 7% of the funds

Assistance/Group and Outreach must receive at least 7% of the funds

One time Purchases

Administration Dollars \$110,827