

MARCH 2024

Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 F.W. HUSTON MEDICAL CENTER 408 Delaware St, Winchester, KS						
				with Margarine	1 Deluxe Potato Ham Bake Glazed Carrots Warm Fruit Compote Cornbread Muffin	2 Roast Beef Baked Potato Green Peas Iced Banana Bar Dinner Roll**
3 Meatloaf Mashed Potatoes Squash Medley Frosted Gelatin Poke Cake Dinner Roll**	4 Bean Soup w/Crackers Egg Salad Cold Plate Marinated Tomato Salad Ice Cream	5 Ham Steak Cheesy Hasbrowm Peas Apple Salad Lush Cornbread**	6 Chicken Breast Florentine Italian Blend Vegetables Fruit Cobbler Bread Stick	7 Resident's Choice 3oz of Protein 1 Grain 2 Vegetables 1 Fruit	8 Beef Stew Creamed Peas Pear Spice Upside Down Biscuit	9 Chicken Teiyaki Lo Mein Noodles Oriental Vegetables Egg Roll Sugar Cookies
10 Lasagna Salad Cheesecake Garlic Toast	11 Rosemary Herbed Baked Chicken Mushroom Rice Broccoli Parmesan Fruit Crumble	12 Breaded Pork Chop with Onions Parslied Buttered Pasta Green Beans Chocolate Chip Cake Dinner Roll**	13 Beef Chop Suey Steamed Rice Sauteed Mushrooms and Onions Peaches with Whipped Topping	14 Chicken Tender Potato Bowl Flaky Biscuit** Pear Crisp	15 Oven Baked Fish Macaroni & Tomatoes Cauliflower Au Gratin Fruited Gelatin Hush Puppies	16 Beef & Bean Chili Creamy Coleslaw Chocolate Cream Pie Cornbread**
17 Roast with Gravy Au Gratin Potatoes California Blend Vegetables Green Poke Cake	18 Glazed Ham Herb Stuffing Creamy Sweet Corn Warm Cinnamon Apples	19 Country Fried Steak Cream Gravy Mashed Potatoes Green Beans with Bacon & Onion Cranberry Swirl Cake	20 Chicken Parmesean over Buttered Spaghetti Broccoli Cauliflower Blend Goey Butter Bar	21 Resident's Choice 3oz of Protein 1 Grain 2 Vegetables 1 Fruit	22 Hamburger Steak with Onions Buttered Egg Noodles Buttered Carrots Iced Oatmeal Cake Dinner Roll**	23 Jambalaya Buttered Peas Cornbread** Creamy Gelatin
24 Fried Chicken Mashed Potatoes & Gravy Green Beans Marbled Sour Cream Cornbread**	25 Baked Mostaccioli Italian Blend Vegetables Apple Crisp Garlic Bread Stick	26 Onion Sage Chicken Rice Pilaf Spinach Bake Carrot Cake w/ Cream Dinner Roll**	27 Beef Roast w/ Gravy Roasted Red Potatoes Steamed Broccoli Cinnamon Scallped Dinner Roll**	28 Resident's Choice 3oz of Protein 1 Grain 2 Vegetables 1 Fruit	29 Fish of the Day French Fries Coleslaw Fruit Shortcake	30 Swedish Meatballs with Sauce Buttered Egg Noodles Squash Medley Frosted Cake
31 Apricot Glazed Ham Sweet Potato Casserole Mixed Vegetables Boston Cream Pie	All Meals Include a Beverage Choice of Milk or Water				Items Can Be Changed Due To Availability	
HOURS OF OPERATION MONDAY - SUNDAY 7AM - 6PM						