

JANUARY 2024

Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Rosemary Herbed Baked Chicken Mushroom Rice Broccoli Parmesan Fruit Crumble	2 Breaded Pork Chop w/Onions Parslied Buttered Pasta Green Beans Chocolate Chip Cake Dinner Roll**	3 Beef Chop Suey Steamed Rice Sauteed Mushrooms Peaches w/Whipped	4 Chicken Tender Potato Bowl Flaky Biscuit w/Margarine Pear Crisp	5 Oven Baked Fish* Macaroni & Tomatoes Cauliflower Au Gratin Fruited Gelatin Hush Puppies	6 Beef & Bean Chili Creamy Coleslaw Choolate Cream Pie Cornbread w/Margarine
7 Country Fried Steak Mashed Potatoes & Gravy Green Beans w/Bacon and Onion Cranberry Swirl Cake	8 Glazed Ham Herb Stuffing Creamy Sweet Corn Warm Cinnamon Apples	9 Pot Roast Long Grain & Wild Rice Blend Buttered Peas Glazed Applesauce Cake Dinner Roll**	10 Chicken Parmesan over Buttered Spaghetti Broccoli Cauliflower blend Gooley Butter Bar	11 Resident's Choice 3oz of Protein 1 Grain 2 Vegetables 1 Fruit	12 Hamburger Steak w/Onions Buttered Egg Noodles Buttered Carrots Iced Oatmeal Cake Dinner Roll**	13 Jambalaya Buttered Peas Cornbread w/Margarine Creamy Gelatin
14 Fried Chicken Mashed Potatoes & Gravy Green Beans Marbled Sour Cream Cake Cornbread**	15 Baked Mostaccioli Italian Blend Vegetables Apple Crisp Garlic Bread Stick	16 Onion Sage Chicken Roasted Red Potatoes Spinach Bake Carrot Cake w/Cream Cheese Dinner Roll**	17 Beef Roast w/Gravy Rice Pilaf Steamed Broccoli Cinnamon Scalloped Peaches Dinner Roll**	18 Resident's Choice 3oz of Protein 1 Grain 2 Vegetables 1 Fruit	19 Fish of the Day French Fries Coleslaw Fruit Shortcake	20 Swedish Meatballs w/Sauce Buttered Egg Noodles Squash Medley Frosted Cake
21 Apricot Glazed Ham Sweet Potato Casserole Mixed Vegetables Boston Cream Pie	22 Chicken Pot Pie Green Beans Pumpkin Mousse	23 Italian Marinated Pork Loin Stuffing Brussel Sprouts Cherry Crisp Dinner Roll**	24 Beef Soft Taco Refried Beans Spanish Rice Churros	25 Chicken Bacon Penne Pasta Zucchini & Onions Brownie Garlic Toast	26 Deluxe Potato Ham Bake Glazeed Carrots Warm Fruit Compote Cornbread Muffin**	27 Roast Beef Baked Potato^ Green Peas w/Sauteed Onions Iced Banana Bar Dinner Roll**
28 Meatloaf Mashed Potatoes Squash Medley Frosted Gelatin Poke Dinner Roll**	29 Bean Soup w/Crackers Egg Salad Cold Plate Marinated Tomato Salad Ice Cream	30 Ham Steak Cheesy Hashbrown Casserole Blackeyed Peas Apple Salad Lush Cornbread**	31 Chicken Breast Florentine Pasta Italian Blend Vegetables Fruit Cobbler Bread Stick	 F.W. HUSTON MEDICAL CENTER 408 Delaware St, Winchester, KS		
All Meals Include a Beverage Choice of Milk or Water				*Tarter Sauce **with Margarine ^with Sour Cream & Margarine		Items Can Be Changed Due To Availability
HOURS OF OPERATION						
MONDAY - SUNDAY 7AM - 6PM						