

NOVEMBER 2023

Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 F.W. HUSTON MEDICAL CENTER 408 Delaware St, Winchester, KS			1 Chicken Parmesan Buttered Spaghetti Broccoli Cauliflower Blend Goopy Butter Bar	2 Resident's Choice 3oz of Protein 1 Grain 2 Vegetables 1 Fruit	3 Hamburger Steak w/Onions Buttered Egg Noodles Iced Oatmeal Cake Dinner Roll w/Margarine	4 Jambalaya Buttered Peas Cornbread/w Margarine Creamy Gelatin
5 Fried Chicken Mashed Potatoes & Gravy Green Beans Marbled Sour Cream Cake	6 Baked Mostaccioli Italian Blend Vegetables Apple Crisp Garlic Bread Stick	7 Onion Sage Chicken Roasted Red Potatoes Spinach Bake Carrot Cake with Cream Cheese Frosting	8 Beef Roast with Gravy Rice Pilaf Steamed Broccoli Cinnamon Scalloped Peaches Dinner Roll w/Margarine	9 Resident's Choice 3oz of Protein 1 Grain 2 Vegetables 1 Fruit	10 Fish of the Day French Fries Cole Slaw Fruit Shortcake	11 Swedish Meatballs Buttered Egg Noodles Squash Medley Frosted Cake
12 Apricot Glazed Ham Sweet Potato Casserole Mixed Vegetables Boston Crème Pie	13 Chicken Pot Pie Green Beans Pumpkin Mousse	14 Italian Marinated Pork Loin Stuffing Brussel Sprouts Cherry Crisp Dinner Roll w/Margarine	15 Beef Soft Taco Refried Beans Spanish Rice Churros	16 Chicken Bacon Penne Pasta Zucchini & Onions Brownie Garlic Toast	17 Deluxe Potato Ham Bake Glazed Carrots Warm Fruit Compote Cornbread Muffin	18 Roast Beef Baked Potato w/Sour Cream Green Peas w/Sauteed Onions Iced Banana Bar Dinner Roll w/Margarine
19 Meatloaf Mashed Potatoes Squash Medley Frosted Gelatin Poke Dinner Roll w/Margarine	20 Bean Soup w/Crackers Egg Salad Cold Plate Marinated Tomato Salad Ice Cream	21 Ham Steak Cheesy Hashbrown Casserole Blackeyed Peas Apple Salad Lush Cornbread w/Margarine	22 Chicken Breast Florentine Pasta Italian Blend Vegetables Fruit Cobbler Bread Stick	23 Turkey Mashed Potatoes & Gravy Stuffing Green Beans Dinner Roll w/Margarine	24 Beef Stew Creamed Peas Pear Spice Upside Down Biscuit	25 Chicken Teriyaki Lo Mein Noodles Oriental Vegetables Egg Roll Sugar Cookies
26 Lasagna Salad Cheesecake Garlic Toast	27 Rosemary Herbed Baked Chicken Mushroom Rice Broccoli Parmesan Fruit Crumble	28 Breaded Pork Chop with Onions Parslied Buttered Pasta Green Beans Chocolate Chip Cake	29 Beef Chop Suey Steamed Rice Sauteed Mushroom and Onions Peaches w/Whipped Cream	30 Chicken Tender Potato Bowl Flaky Biscuit w/Margarine Pear Crisp		
Items Can Be Changed Due To Availability			All Meals Include a Beverage Choice of Milk or Water			
			HOURS OF OPERATION MONDAY - SUNDAY 7AM - 6PM			