

Many family caregivers need time to vent in a safe place.

Support groups are a place to receive and give support.

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Caregiver Support Groups

1st Wednesday @ Baldwin Methodist Church

708 Grove… Baldwin City, KS 1:00PM

4th Monday @ 1st Southern Baptist Church

4600 W 6th St…Lawrence, KS 3:30PM

2nd Tuesday @ First United Methodist Church

946 Vermont…Lawrence, KS 10:00 AM

2nd Thursday @ Homestead of Eudora

2725 Church St… Eudora, KS 3:00 PM

1st Monday @ Topeka and Shawnee County Library

1515 SW 10th street …… Topeka, KS 2:00PM

2nd Monday @ Topeka and Shawnee County Library 3:30 PM

3rd Thursday @ Topeka and Shawnee County Library 2:00 PM

The meeting once a month is a gentle reminder that family caregivers need to put themselves first…even if only for a couple of hours each month!

