

C.H.A.M.P.S.S. Lunch Menu

MAY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 BBQ Chicken Macaroni & Cheese Green Beans with Bacon Fruit Cobbler Beverage	2 French Onion Pork Chop Sweet Potato Casserole Buttered Cabbage Angel Food Cake w/Fruit Dinner Roll/Margarine Beverage	3 Beef Cube Steak with Mushroom Gravy Oven Browned Potatoes Spinach Salad Peanut Butter Brownie Bread/Margarine Beverage	4 Sliced Roast Turkey Gravy Garlic Mashed Potatoes Sautéed Fresh Zucchini Snickerdoodle Bars Dinner Roll/Margarine Beverage	5 Resident's Choice (2 oz Pro/1 Grain/1 Veg/1 Frt) Beverage	6 Baked Garlic Ginger Chicken Rice Pilaf Broccoli Fruit Crisp Beverage	7 Baked Ziti Buttered Italian Blend Vegetables Tropical Fruit with Dinner Roll/Margarine Beverage
8 Beef Pot Roast Roasted Carrots, Potatoes & Onions Side Salad w/Dressing Frosted Gelatin Poke Bread & Margarine Beverage	9 Chili Cheese Corn Cinnamon Roll Beverage	10 Beef Stew Biscuit Salad Apple Cobbler Beverage	11 Hot Dog on Bun Cole Slaw Mix Vegetable Ice Cream Beverage	12 BBQ Chicken Sandwich Green Beans Chips Cherry Crisp Beverage	13 Hamburger on Bun Baked Beans Relish Plate Cookie Beverage	14 Ham & Beans Fried Potatoes Mixed Greens Cornbread/Margarine Cheesecake Beverage
15 Chicken Fried Chicken Sour Cream Chive Mashed Potatoes Buttered Peas & Carrots Boston Cream Pie Dinner Roll/Margarine Beverage	16 Country Style BBQ Ribs Braised Cabbage Potato Salad Seasonal Fresh Fruit Bread & Margarine Beverage	17 Spaghetti w/Meat Sauce Italian Vegetables Tossed Salad/Dressing Strawberry Cream Pie Garlic Bread Beverage	18 Pulled Pork Cowboy Beans Sweet Potato Fries Glazed Applesauce Cake Dinner Roll/Margarine Beverage	19 Hamburger on a bun Chips Relish plate Cookie Beverage	20 Salisbury Steak Long Grain & Wild Rice Blend Asparagus Chocolate Pudding Cake Beverage	21 Garden Vegetable Soup Grilled Chicken Salad w/Mandarin Oranges Bread Stick Chocolate Chip Cookies Milk/Beverage
22 BBQ Beef Ranch Pasta Salad Buttered Corn Chocolate Chip Cookie Bar Dinner Roll/Margarine Beverage	23 Italian Herbed Pork Loin Cornbread Stuffing Sautéed Chopped Zucchini & Onions Banana Split Cake Beverage	24 Sweet & Sour Pork Steamed White Rice Oriental Vegetables Mandarin Oranges & Pineapple Milk/Beverage	25 Hamburger Steak Baked Potato Casserole Green Beans Cheesecake w/Topping Dinner Roll/Margarine Beverage	26 Chicago Style Bratwurst on Bun Chips Fried Cabbage Brownie Milk/Beverage	27 Chicken Breast Florentine Buttered Bowtie Pasta Broccoli w/ Garlic Butter Fruit Crumble Dinner Roll/Margarine Beverage	28 Salisbury Steak Macaroni & Cheese Creamy Cole Slaw Caramel Baked Apples Cheese Herb Biscuit Beverage
29 Fried Chicken Mashed Potatoes Gravy Corn Apple Pie Beverage	30 BBQ Pork Riblette Homemade Potato Salad Baked Beans Peach Cobbler Dinner Roll/Margarine Beverage	31 Chicken Alfredo Over Penne Salad Garlic Bread Stick Lime Sprinkled Pears Milk/Beverage				



F.W. HUSTON
MEDICAL CENTER

C.H.A.M.P.S.S. Dinner Menu

MAY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Italian Beef on Hoagie Sauteed Peppers & Potato Chips Sugar Cookies Milk/Beverage	2 Tuna Salad Cold Plate Pasta Salad Seasonal Fresh Fruit Crackers Milk/Beverage	3 Nacho Chicken Bake Pinto Beans Fruited Gelatin Cheddar Cheese Combread Margarine Milk/Beverage	4 Cheesy Potato Soup Chef's Salad Apple Chocolate Chip Crumb Dessert Crackers Milk/Beverage	5 Patty Melt French Fries Marinated Slaw Bread Pudding with Vanilla Sauce Milk/Beverage	6 Ham Salad Sliders Baked Beans Com Salad Strawberry Cake Milk/Beverage	7 Breaded Chicken Tenders Potato Salad Seasoned Green Beans Lemon Cream Pie Milk/Beverage
8 Cheese Flatbread Pizza Caesar Salad Banana Pudding (FR) Garlic Bread Stick Milk/Beverage	9 Fried Fish Fillet on Bun Tartar Sauce Tater Tots Creamy Cole Slaw Ice Cream Milk/Beverage	10 Taco Salad Spanish Rice Heavenly Ambrosia Milk/Beverage	11 Buttermilk Ranch Chicken Parslied Buttered Pasta Seasoned Green Beans Blueberry Shortcake Beverage	12 Resident's Choice (2 oz Pro/1 Grain/1 Veg/1 Frt) Milk/Beverage	13 Turkey French Dip Sandwich French Fries Cucumber & Tomato Salad Peaches with Whipped Topping Milk/Beverage	14 Lasagna w/Meatsauce Italian Chopped Salad Mandarin Orange Gelatin Milk/Beverage
15 Ham & Swiss Wrap Macaroni Salad Pickled Beets Fruit with Whipped Topping Milk/Beverage	16 Tuna Salad Sandwich Cole Slaw Melon Cubes Milk/Beverage	17 Chicken Pot Pie Stewed Tomatoes Frosted Cupcake Milk/Beverage	18 Sloppy Joes on Bun Tater Tots Buttered Corn Blueberry Crumble Bar Milk/Beverage	19 Sliced Baked Ham Au Gratin Potatoes Country Green Beans with Bacon & Onion Mixed Berry Cobbler Bread/Margarine Milk/Beverage	20 Smothered Pork Chop Roasted Red Potatoes Broccoli Cinnamon Apple Gelatin Bread/Margarine Milk/Beverage	21 Roast Turkey & Gravy Baked Sweet Potato Buttered Peas Carrot Cake w/Cream Cheese Frosting Dinner Roll/Margarine Milk/Beverage
22 Tomato Soup Grilled Cheese Sandwich Creamy Cucumber & Onion Salad Mixed Fruit Cup Milk/Beverage	23 Meatball Sub Sandwich Tater Tots Tossed Salad/Dressing Strawberry Shortcake Milk/Beverage	24 Roasted Chicken Rice & Orzo Pilaf Peas & Carrots Strawberry Mousse Dinner Roll/Margarine Beverage	25 Creamy Chicken Spaghetti Buttered Italian Blend Vegetables Fruit Fluff Garlic Bread Milk/Beverage	26 Resident's Choice (3 oz Pro/2 Grain/2 Veg) Milk/Beverage	27 Taco Casserole Mexican Com Lettuce & Tomato Salad Sherbet Milk/Beverage	28 Club Sandwich Mayonnaise/Mustard Marinated Tomato Salad Peach Dump Cake Milk/Beverage
29 Hot Beef & Cheese Sandwich Beet & Onion Salad Seasonal Fresh Fruit Milk/Beverage	30 Cheeseburger on Bun Chips Relish Plate Yellow Cake Milk/Beverage	31 Breaded Shrimp Macaroni & Cheese Cole Slaw Fruited Pudding Milk/Beverage				