



Champss Menu Selections
Effective Oct 2021 – Sept 2022

Entrée Items:

Smokehouse Club on Wheat Bread

Chicken Salad on Wheat Bread

BBQ Sirloin Wrap on Whole Wheat Wrap

Oriental Chicken Wrap on Whole Wheat Wrap

Various Quiche with Whole Grain Bread

Includes:

Side Salad or Vegetable

Fresh Cut Fruit or Whole

Milk Skim – 8 oz or water