

Champss Menu Selections
Effective Oct 2021 – Sept 2022

Entrée Items:

Smokehouse Club on Wheat Bread

Chicken Salad on Wheat Bread

Vegetable Soup w/Whole Grain Roll

BBQ Sirloin Wrap on Whole Wheat Wrap

Oriental Chicken Wrap on Whole Wheat Wrap

Various Quiche with Whole Grain Bread

Includes:

Side Salad or Vegetable

Fresh Cut Fruit or Whole

Milk Skim – 8 oz or water