

DOUGLAS COUNTY**ABUSE/NEGLECT/
EXPLOITATION/FRAUD**

Adult Protective Services
Department for Children and
Families Office
Lawrence, 785-832-3700 or
800-922-5330

City of Lawrence, Kansas
Human Relations Division
Lawrence, 785-832-3310

Douglas County Citizens
Committee on Alcoholism Center
(DCCCA)
Lawrence, 785-841-4138

Kansas Advocates for Better Care
Lawrence, 785-842-3088 or
800-525-1782
www.kabc.org

Kansas Attorney General
Topeka, 785-296-2215 or
888-428-8436

Kansas Department for Aging and
Disability Services (KDADS)
Adult Care Complaint Program
800-842-0078

Kansas Domestic Violence and
Sexual Assault Hotline
888-363-2287

Kansas Elder Law Hotline
888-353-5337

Kansas Long Term Care
Ombudsman
*(Institutional concerns, questions
or concerns about residents rights,
transfer and discharge rights or
other care issues)*, 785-296-3017 or
877-662-8362

Kansas Protection Reporting Center
Answering Service
800-922-5330

Headquarters Counseling Center
24-Hour Community Information
Lawrence, 785-841-2345
Baldwin City, 888-899-2345

ADULT DAY CARE

Baldwin Healthcare and
Rehabilitation Center
Baldwin City, 785-594-6492
www.baldwinhealthcare.com

Cooper's Home Care
Lawrence, 785-865-2525 or
785-865-3769
www.coopershomecareks.com

Medical Lodges of Eudora
Eudora, 785-542-2176
www.medicallodgeseudora.com

Midland Care
Lawrence, 785-842-3627 or
800-491-3691

Monterey Village Assisted Living
Lawrence 785-592-6188

Neuvant House
Lawrence, 785-856-7900
www.neuvanthouse.com

The Arbors at Monterey Village
Memory Care Assisted Living
Lawrence 785-592-6193

The Windsor of Lawrence
Lawrence, 785-832-9900

**AGING, ADVOCACY &
SUPPORT SERVICES**

Aging and Disability
Resource Center
Kansas, 855-200-2372
www.kdads.gov

Alcoholics Anonymous
24-hour Hotline: 785-842-0110

Alzheimer's Association
Prairie Village, 913-831-3888
or 800-272-3900

American Civil Liberties Union
Kansas City, MO 816-756-3113

Centro Hispano Resource Center
Lawrence, 785-843-2039

Douglas County Advocacy
Council on Aging
Contact: Judy Bellome
785-760-7892

Douglas County Coalition on Aging
Contact: Megan Poindexter
785-842-3159

Independence, Inc.
Lawrence, 785-841-0333
TDD: 785-841-1046
www.independenceinc.org

Jayhawk Area Agency on Aging
Topeka, 785-235-1367 or
800-798-1366
www.jhawkaaa.org

Kansas Advocates for
Better Care, Lawrence
785-842-3088 or 800-525-1782
www.kabc.org

Kansas Department for Aging and
Disability Services
Topeka, 785-296-4986 or
800-432-3535
www.kdads.ks.gov

Kansas Department of Revenue
Taxpayer assistance
785-368-8222

Kansas Taxpayer Advocate
316-352-7506

Kansas Foundation for Medical
Care, Inc.
Topeka 785-273-2552 or
800-432-0770
www.kfmc.org

Lawrence-Douglas County
Health Dept.
Project Lively

Lawrence, 785-856-5353
www.ldchealth.org

Lawrence Public Library
(*Delivery for homebound,
bookmobile & programming for
older adults*)
Lawrence, 785-843-3833 ext 115
www.lawrence.lib.ks.us

National Committee to Preserve
Social Security and Medicare
800-966-1935
www.ncpssm.org

Sand Castles, Inc.
Lawrence, 785-832-2345
www.sandcastlesonline.com

Senior Resource Center for
Douglas County
Lawrence, 785-842-0543
www.yoursrc.org

Stormont Vail Senior Services
Healthwise Resource Center
Topeka, 785-354-6787

ALZHEIMER'S/DEMENTIA SUPPORT and INFORMATION

(See also Mental Health
or Community Health)

Alzheimer's Association
Prairie Village, 913-831-3888
or 800-272-3900

Bridge Haven Memory Care
Residence
Lawrence, 785-856-5512
www.mybridgehaven.com

ComfortCare Homes of
Baldwin City, 785-594-2603
www.ComfortCareBaldwin.com

Douglas County Visiting Nurses
Lawrence, 785-843-3738
www.kansasvna.org

Jayhawk Area Agency on Aging
Lawrence, 785-235-1367 or

800-798-1366
www.jhawkaaa.org

Senior Resource Center for
Douglas County
Caregiver Support Group
Lawrence, 785-842-0543
www.yoursrc.org

APARTMENT COMPLEXES/ INDEPENDENT LIVING RETIREMENT COMMUNITIES

(*) = **Subsidized**
(*Subsidized housing is government
sponsored economic assistance program
aimed towards alleviating housing costs
and expenses for people in need with low
to moderate incomes. Forms of subsidies
include direct housing subsidies, non-
profit housing, public housing, rent
supplements and some forms of co-
operative and private sector housing*)

Arbor Court at Alvamar
1510 St Andrews Dr
Lawrence, 785-841-6845

(*) Babcock Place
1700 Massachusetts St
Lawrence, 785-842-8358
www.ldcha.org

Bethal Estates of Lawrence
2140 E 25th Ter
Lawrence, 785-424-7819

Brandon Woods at Alvamar
1501 Inverness Dr
Lawrence, 785-838-8000
www.brandonwoods.com

(*) Clinton Place
2125 Clinton Pkwy
Lawrence, 785-841-1000
www.ldcha.org

Cottonwood Estates I
2900 W 23rd Ter
Lawrence, 785-842-1650

Cottonwood Estates II
110 Michigan St
Lawrence, 785-842-0550

(*) Edgewood Homes
1600 Haskell
Lawrence, 785-842-8110
www.ldcha.org

(*) Firetree Villas
307 Silver Leaf Ln
Baldwin City, 785-841-5048

(*) Jersey Street Apartment Suites
1119 Jersey St
Baldwin City, 785-594-6996

(*) Hill Crest Apartments
703 W 8th St
(for 55+ and disabled adults)
Eudora, 785-542-1755

Lawrence Presbyterian Manor
1429 Kasold Dr
Lawrence, 785-371-0577

Meadowlark Estates
4430 Bauer Farm Drive
Lawrence, 785-371-0314

Monterey Village Cottages
3909 Peterson Rd
Lawrence 785-592-6188

(*) Orchard Lane Leisure Living
1016 Orchard Lane
Baldwin City, 785-594-6996

(*) Peterson Acres &
Peterson Acres II
2930 Peterson Rd
Lawrence, 785-842-8358
www.ldcha.org

(*) Pine Crest I and II
Apartments
924 Walnut St
Eudora, 785-542-1020

Prairie Commons
5121 Congressional Circle
Lawrence, 785-843-1700

www.prairiecommonsapts.com

(*) Prairie Ridge Place
2424 Melrose Ln
Lawrence, 785-841-8660

(*) Signal Ridge Villas
807 Deer Ridge Court
Baldwin City, 913-206-2943

(*) Vermont Towers
1101 Vermont St
Lawrence, 785-841-6026

(*) Wyndam Senior Apartments
2551 Crossgate Dr
Lawrence, 785-749-4646

ASSISTED LIVING

(*) = Accepts Medicaid

Brandon Woods at Alvamar
1501 Inverness Dr
Lawrence, 785-838-8000
www.brandonwoods.com

Bridge Haven at Alvamar
2147 Quail Creek Drive
Lawrence, 785-371-1106

Bridge Haven Care Cottage
3109 West 26th St
Lawrence, 785-371-1106

Bridge Haven Memory Care
1126 Hilltop Drive
Lawrence, 785-371-1106

Bridge Village 1 and 2
1701 Research Drive
Lawrence, 785-371-1106

Cooper's Home Care
2138 Learnard Ave
Lawrence, 785-865-2525
www.coopershomecareks.com

Lawrence Presbyterian Manor
1429 Kasold Dr
Lawrence, 785-371-0577

Monterey Village Assisted Living
3901 Peterson Rd
Lawrence 785-592-6188

Neuvant House of Lawrence
Eash House
*(Designed to care for individuals
with advanced physical needs)*
West House
*(Designed to care for individuals
with advanced Alzheimer's and
dementia)*
1216 Biltmore Dr
Lawrence, 785-856-7900

Pioneer Ridge Assisted Living
4851 Harvard Rd
Lawrence, 785-749-4200

The Arbors at Monterey Village
Memory Care Assisted Living
3905 Peterson Rd
Lawrence 785-592-6193

(*) Vintage Park
321 Crimson Ave
Baldwin City, 785-594-4255
vintageparkassistedliving.com

(*) The Windsor of Lawrence
3220 Peterson Rd
Lawrence, 785-832-9900

ASSISTIVE TECHNOLOGY (Includes Medical Equipment & Adaptive Equipment)

101 Mobility
Kansas City, 913-533-7725
www.101mobility.com

Alarm.com
877-389-4033

Audio-Reader
Lawrence, 785-864-4600 or
800-772-8898
e-mail reader@ku.edu
www.reader.ku.edu

Assistive Technology for Kansans
800-526-3648
www.atk.ku.edu

Baldwin Therapy Services
Baldwin City, 785-594-3162
www.lawrence therapy
services.com

Criticare Home Health
Services, Inc.
Lawrence, 785-749-4878 or
800-527-9596
www.criticarehhs.com

Hanger Orthopedic Group, Inc.
Orthotics & Prosthetics
Topeka, 785-232-5382
www.hanger.com

Helen Keller National Center for
Deaf-Blind Youths and Adults:
Independence, Inc
Olathe, 913-677-4562

Independence, Inc.
Lawrence, 785-841-0333 or
888-824-7277
TDD: 785-841-1046
www.independenceinc.org

Jayhawk Area Agency on Aging
Topeka, 785-235-1367 or
800-798-1366
www.jhawkaaa.org

Kansas Telecommunications
Access Program (T.A.P.)
Lawrence, 785-841-0333 or
800-526-3648
www.atk.ku.edu/ks-tap

Knoll Patient Supply
Lawrence, 785-842-5585 or
800-842-5587

K- Loan
866-465-2826
www.k-loan.net

Lawrence Therapy Services
Lawrence, 785-842-0656

Medical Arts Pharmacy
Lawrence, 785-843-4160

Pathway- Kansas Specialty Dog
Service (*Guide dogs, Service dogs,
Facility dogs*)
Topeka, 785-325-2256
www.ksds.org

Talking Books
620-341-6280 or 800-362-0699

VFW Post # 852
Lawrence, 785-843-2078
www.vfw852.com

BLIND SERVICES
(See Vision Assistance)

**CAREGIVER RESOURCES
& INFORMATION**
(See also Aging Services or
Respite)

Alzheimer's Association
Prairie Village, 913-831-3888
or 800-272-3900

Craig HomeCare
Topeka, 785-232-8221
866.924.1300

Douglas County Visiting Nurses
Lawrence, 785-843-3738
www.kansasvna.org

Jayhawk Area Agency on Aging
Topeka, 785-235-1367 or
800-798-1366
www.jhawkaaa.org

Senior Resource Center for
Douglas County
Caregivers Support Group
Lawrence, 785-842-0543
www.yoursrc.org

CASE MANAGEMENT
Craig HomeCare
Topeka, 785-232-8221
866.924.1300

ECKAN
Lawrence, 785-841-3357

Jayhawk Area Agency on Aging
Topeka, 785-235-1367 or
800-798-1366
www.jhawkaaa.org

Lawrence-Douglas County
Health Dept. Project Lively
Lawrence, 785-856-5353
projectlivelyinfo@ldchealth.org
www.ldchealth.org

Sand Castles, Inc.
Lawrence, 785-832-2345
www.sandcastlesonline.com

COMMODITIES
(See Food/Groceries)

**COMMUNITY HEALTH
ORGANIZATION &
SUPPORT GROUPS**
A Helping Hand Home Care
Lawrence, 785-856-0192
www.ahelpinghandhc.com

Alzheimer's Association
Prairie Village, 913-831-3888
or 800-272-3900

American Medical System
800-543-9632

American Red Cross Chapter
Lawrence, 785-843-3550

Beyond Loss Support Workshop
Warren-McElwan Mortuary
Lawrence, 785-843-1120

Ballard Community Center
(*Prescription Ass.*)
785-842-0729

Dr. Gaston Mobile Podiatrist
Lawrence, 785-766-2322
lgaston@sunflower.com
(Foot Care)

Douglas County AIDS Project
785-843-0040

Douglas County Health Dept.
785-843-0721

Douglas County Visiting Nurses
Lawrence, 785-843-3738
www.kansasvna.org

Grief & Loss Support Group
Great Lakes Caring
Topeka, 866-878-4611
www.greatlakescaring.com

Grief Share,
Lawrence, 785-843-3072

Haskell Indian Health Center
785-843-3750

Health Care Access
Lawrence, 785-841-5760
<http://healthcareaccess.org>

Heartland Community Health
Center
Lawrence, 785-841-7297

Kansas Foundation for Medical
Care, Inc., Topeka
(Medicare Beneficiaries only)
785-273-2552 or 800-432-0770
www.kfmc.org

Lawrence/Douglas County
Health Department
Lawrence, 785-843-3060
www.ldchealth.org

National Suicide Prevention
Lifeline 800-273-8255 or
Lawrence, 785-841-2345

Planned Parenthood
913-345-1400

Senior Resource Center for
Douglas County
Caregiver Support Group
Lawrence, 785-842-0543
www.yoursrc.org

Stroke Support Group
Kreider Rehab Services
Lawrence Memorial Hospital
785-505-2712 or 785-505-3266

The Sexual Trauma & Abuse Care
Center
Lawrence, 785-843-8985

United Way of Douglas County
Lawrence, 785-865-5030
www.unitedwaydgco.org

CONSUMER RESOURCES

Baldwin City Hall
Baldwin City, 785-594-6427

Centro Hispano
Resource Center
Lawrence, 785-843-2039

Douglas County Citizens
Committee on Alcoholism Center
(DCCCA)
Lawrence, 785-841-4138
www.dccca.org

Eudora City Hall
Eudora, 785-542-2153

KDHE Office of
Vital Statistics
(*Birth, Death, Marriage Records*)
Topeka, 785-296-1400
www.kdheks.gov/vital

Kansas Department of Revenue
Taxpayer assistance
785-368-8222
Kansas taxpayer advocate
316-352-7506

Kansas Legal Services
Topeka, 785-233-2068 or
800-723-6953
www.kansaslegalservices.org

Kansas State Board of
Mortuary Arts
(*Information about pre-planning
funeral arrangements*)

Topeka, 785-296-3980
www.kansas.gov/ksbma

Kansas State Driver's License
Station
Lawrence, 785-843-9593

Lawrence City Hall
Lawrence, 785-832-3000
www.ci.lawrence.ks.us

Lawrence Parks and Recreation
Lawrence, 785-832-3450
parksrec@lawrenceks.org
lawrenceks.org/lprd/home

CONTINUING CARE RETIREMENT COMMUNITY

Brandon Woods at Alvarado
Lawrence, 785-838-8000
www.brandonwoods.com

Lawrence Presbyterian Manor
Lawrence, 785-841-4262

Medicalodges Eudora
Eudora, 785-542-2176
www.medicalodgeseudora.com

Pioneer Ridge
Health Center
Lawrence, 785-749-2000

DEAF & HARD OF HEARING RESOURCES

Audient (*Hearing aid help for
low income people*)
866-956-5400
www.audientalliance.org

CaptionCall
Kansas, 877-557-2227

Independence, Inc.,
Lawrence, 785-841-0333
www.independenceinc.org

K-Loan
(*Reduced interest financing and
flexible term financing on assistive
technology*)

866-465-2826
http://katco.net

Kansas Assistive Technology
Cooperative
KATCO
(*Reduced interest financing and
flexible term financing*)
866-465-2826
www.katco.net

Kansas Commission for the
Deaf and Hard of Hearing
(KCDHH)
Topeka, 785-368-8034 or
800-432-0698 (TTY)
785-368-8046 (TTY)

Kaw Valley Hearing
Lawrence, 785-856-4200
www.kawvalleyhearing.com

Lawrence Hearing Aid Center
Lawrence, 785-749-1885

Lawrence Otolaryngology
Associates, LLC
Lawrence, 785-841-1107

Marston Hearing Center
Lawrence, 785-843-8479

NuEar Hearing,
Lawrence, 785-727-1319
www.allamericanhearing.com

Schiefelbusch Speech-Language-
Hearing Clinic,
Lawrence, 785-864-4690

Starkey Hearing Foundation
Hear Now Program
800-328-8602

Email:
hearnow@starkeyfoundation.org
www.starkeyhearingfoundation.org

DENTAL ASSISTANCE (* - Accept Medicaid

Affordable Dentures

800-336-8873

Dental Lifeline Network

Topeka, 785.273.1900

www.dentallifeline.org/kansas

(* Douglas County Dental Clinic

(Reduced fees sliding scale)

Lawrence, 785-312-7770

www.dcdclinic.org

Johnson Community College

Dental Hygiene Clinic

Overland Park ,913-469-3808

(\$10 services – x-rays, cleaning, preventative and referrals only)

Kansas Assistive Technology

Cooperative

KATCO

(Reduced interest financing and flexible term financing)

866-465-2826

<http://katco.net>

UMKC School of Dentistry

Kansas City, MO, 816-235-2100

DISABILITY RESOURCES

Blind or Visually Impaired

Kansas City, 816-421-5848

Bert Nash CMCH, Inc.

785-843-9192

Class LTD

Columbus, 620-429-1212

or 800-479-0259

Cottonwood, Inc.

Lawrence, 785-842-0550

Craig HomeCare

Topeka, 785-232-8221

866.924.1300

Department for Children Families
(DCF)

Kansas City, 913-826-7300

Drug and Alcohol Prevention

(DCCCA)

Lawrence, 785-841-4138

Families Together

Topeka, 785-233-4777

Independence Inc.

Lawrence, 785-841-0333

Jayhawk Area Agency On Aging

Aging and Disability Resources

Center (ADRC)

Lawrence, 785-235-1367

Jobs for Veterans

Topeka, 785-235-5627

Kansas Commission of Veterans
Affairs

785-843-5233

Kansas Human Rights Commission
(KHRC)

Topeka, 785-296-3206 or

888-793-6847

Kansas Legal Services

Topeka, 785-354-8531

Kansas Money Follows

Topeka, 785-296-7744

Kansas Rural Development

Manhattan, 785-776-7582

Kansas Small Business

Development Centers

Lawrence, 785-843-8844

Kansas Special Education Advisory
Council

1-800-203-9462 (*Kansas Residents
Only*) or 785-296-7454

Long-Term Care Ombudsman

Topeka, 785-230-0715 or

877-662-8362

National Alliance of Mental Illness
(NAMI) 800-539-2660

Self- Advocate Coalition of Kansas
(SACK)

Lawrence, 888-354-7225

Senior Health Insurance Counseling
For Kansas (SHICK)

Lawrence, 785-842-0543

Ticket to Work

Lawrence, 866-698-2561

Workforce Centers of Kansas

Topeka, 785-235-5627

Working Healthy Program

Kansas City, 913-279-7173

DRIVING COURSE AND DRIVING INFORMATION

AARP Driver Safety Course

Senior Resource Center for

Douglas County

Lawrence, 785-842-0543

www.yoursrc.org

Alzheimer's Association

Prairie Village, 913-831-3888

or 800-272-3900

Bill Kennedy's Driver

Education Schools, Senior

Driving Evaluation Program

785-272-1961

800-557-7357

www.kennedydrivered.com

Driver's License Station

Lawrence, 785- 843-9593

EDUCATION & LITERACY

Adult Education Connection

Lawrence, 785-832-5960

Centro Hispano

Resource Center

Lawrence, 785-843-2039

Computer Learning Center

Independence, Inc.

Lawrence, 785-841-0333 or

888-824-7277

785-841-1046 TDD

www.independenceinc.org

Douglas County

Extension Office
Lawrence, 785-843-7058

Lawrence Memorial Hospital
Education Department
Lawrence, 785-840-3072

Lawrence Public Library
Lawrence, 785-843-3833
www.lawrence.lib.ks.us

Osher Lifelong Learning Institute
Lawrence, 785-864-5823
877-404-5823

Sand Castles, Inc.
Lawrence, 785-832-2345
www.sandcastlesonline.com

Senior Resource Center for
Douglas County
Lawrence, 785-842-0543
www.yoursrc.org

University of Kansas
Center for Community Outreach
Lawrence, 785-864-4073
www.cco.ku.edu

United Way of Douglas County
Lawrence, 785-865-5030
www.unitedwaydgco.org

University of Kansas
Continuing Education
(*Seniors can audit classes*)
Lawrence, 785-864-5823 or
877-404-5823
www.continuinged.ku.edu

EMERGENCY ALERT DEVICES

A Helping Hand Home Care
Lawrence, 785-856-0192
www.ahelpinghandhc.com

Alarm.com
877-389-4033

Douglas County Visiting Nurses
Lawrence, 785-843-3738
www.kansasvna.org

Family Care
877-893-2140
www.familycaremedicalalarms.com

Project Lifesaver, Douglas County
Sherriff's Departments
785-832-5204

Home Buddy
Wichita, 316-262-8339 or
866-922-8339
www.HomeBuddy.org

LifeFone
800-882-2280
www.lifefone.com

Rueschoff Security Services
Lawrence, 785-843-2182
800-279-2121

Trust Home Care
Wichita, 316-683-7700
www.trusthomecare.com

EMPLOYMENT ASSISTANCE

Disabled: Rehabilitation Services
Lawrence, 785-832-3709

Lawrence Workforce Center
Lawrence, 785-840-9675
Older Kansans Employment
Program (OKEP)
Topeka, 785-270-5238

Topeka Workforce Center
Topeka, 785-235-5627

Senior Community Services
Employment Program (SER)
Ginger Stuart 785-263-3031

Social Security
Lawrence, 785-843-2254 or
866-698-561
www.ssa.gov

United Way of Douglas County
Lawrence, 785-865-5030
www.unitedwaydgco.org

FOOD/GROCERY ASSISTANCE

Baldwin First United Methodist
Church
704 8th St
Baldwin City, KS 66006
785-594-6612

Ballard Community Center
708 Elm St
Lawrence, KS 66044
785-842-0729 x101

Catholic Charities of Northeast
Kansas
1247 Kentucky Street
Lawrence KS 66044
785-856-2694

Cornerstone Southern Baptist
802 West 22nd Terrace
Lawrence KS 66046
785-843-0442

ECKAN - Douglas County
2518 Ridge Court Suite 104
Lawrence KS 66046
785-841-3357

First Baptist Church
1330 Kasold Drive
Lawrence KS 66049
785-843-0020

Heartland Community Health
Center
346 Maine St #150
Lawrence, KS 66044
785-841-7297

Heritage Baptist Church
1781 East 800th Road
Lawrence KS 66049
785-887-2200

Just Food
1000 E 11th St
Lawrence, KS 66046
785-856-7030

Lecompton United Methodist
402 Elmore
Lecompton KS 66050
785-393-3382

New Life Assembly of God
118 5th Street
Baldwin City KS 66006
785-594-3045

Penn House
1035 Pennsylvania St
Lawrence, KS 66044
785-842-0440

Salvation Army
946 New Hampshire Street
Lawrence KS 66046
785-843-4188

Southside Church of Christ
1105 W. 25th St
Lawrence, KS 66044
785-843-0770

Stull United Methodist Church
1596 East 250 Road
Lecompton KS 66050
785-887-6521

Trinity Episcopal Church
1011 Vermont Street
Lawrence, Kansas 66044
785-843-6166

Trinity Interfaith Food Pantry
1027 Vermont Street
Lawrence KS 66044
785-843-2207

**GRIEF AND LOSS SUPPORT
(See also Hospice)**

ASAP Expert Counseling (In home)
Overland Park, 913-952-6696

Bert Nash Mental Health Center
Lawrence, 785-843-9192

Douglas County Visiting Nurses
Lawrence, 785-843-3738
www.kansasvna.org

Grief & Loss Support Group
Great Lakes Caring
Topeka, 866-878-4611
www.greatlakescaring.com

Grief Share,
Lawrence, 785-843-3072

K.U. Child & Family Service Clinic
785-864-4416

Midland Care
Lawrence, 785-842-3627 or
800-491-3691

National Suicide Prevention
Hotline Network
1-800-SUICIDE
1-800-271-TALK

RAHN Recovery & Hope Network
*(People suffering moderate to
severe mental illness & working on
recovery)*
Lawrence, 785-856-1222

Willow Center (Abused Women)
Lawrence, 785-843-3333

**HEALTH SCREENINGS
(See Community Health
Services)**

**HEARING ASSISTANCE
(See Deaf and Hard of Hearing)**

HIGHER EDUCATION
University of Kansas- 1450
Jayhawk Blvd, Lawrence, KS
66045 (785) 864-2700

Haskell Indian Nations University-
155 E Indian Ave, Lawrence, KS
66046
(785) 749-8404

Pinnacle Career Institute Suite 200
1601 W 23rd St, Lawrence, KS
(785) 841-9640

**HOME HEALTH
(* Licensed)**

A Helping Hand Home Care
Lawrence, 785-856-0192
www.ahelpinghandhc.com

Angels At Home Care
Topeka, 785-271-4376
www.angelsathomecareks.com

At Home, Inc.
Lawrence, 785-856-1714
www.athomeks.com

*Baldwin Therapy Services
Baldwin City, 785-594-3162

Benefits of Home
785-727-1816
www.benefitsofhome.com

*Caregivers Home Health
Lawrence, 785-749-0300
or 785-354-0767
www.CaregiversKansas.com

Caring Angels
Topeka, 785-554-0179

Craig HomeCare
Topeka, 785-232-8221
866.924.1300

Douglas County Visiting Nurses
Lawrence, 785-843-3738
www.kansasvna.org

*Graceful Home Health Care
Lawrence, 785-424-2785

Heart 2 Heart In Home Care
Lawrence, 785-764-9946
heart2heartkansas.com

*Home Connect Health Services
Lawrence, 913-627-9222

Home Instead Senior Care
*(Alzheimer's and dementia care
trained)*
Lawrence, 785-856-8181

Topeka, 785-272-6101
www.homeinstead.com/584
www.hisc584.digbro.com

Home Town Health Care
Topeka, 888-387-1160
Email:
info@hometownhealthcare.net

Integrity Home Care
Leawood, 866-974-1616
www.integrityhc.com

Interim HealthCare
Topeka, 785-272-1616
www.interimhealthcare.com

Kansas Elder Care
Lawrence, 785-856-5555

Lawrence Helpers, Inc.
Lawrence, 785-331-5850

*Lawrence Therapy Services
Lawrence, 785-842-0656

Midland Care
Lawrence, 785-842-3627 or
800-491-3691

Walgreens infusions services
(*infusion only*)
Overland Park, 800-475-1101

*Professional Comfort Care
Lawrence, 785-393-2689

*Professional Sitters Home Health
Lawrence, 785-842-3301
www.prosittershomehealth.com

*Trinity In-Home Care
Lawrence, 785-842-3159
www.trinityinhomecare.com

*Windsor Place At-Home Care
Lawrence, 785-843-4800
hc_lawrence@windsorplace.net

HOME PLUS

Allie's Village Memory Care, LLC

Lawrence, 785-856-4181

Bridge Haven at Alvarmar
Lawrence, 785-371-1106
www.mybridgehaven.com

Bridge Haven Care Cottage
Lawrence, 785-371-1106
www.mybridgehaven.com

Bridge Haven Memory Care
Residence
Lawrence, 785-371-1106
rwilson@mybridgehaven.com
www.mybridgehaven.com

By Grace Home
Lawrence, 785-331-4688
psuinc@sunflower.com

ComfortCare Homes of
Baldwin City, 785-594-2603

Neuvant House of Lawrence
East House 785-856-7900

HOME REPAIR

City of Lawrence
Community Development
Neighborhood Resources
Lawrence, 785-832-3000

Community Village Lawrence
Lawrence, 785-505-0187

Independence, Inc.
Lawrence, 785-841-0333 or
888-824-7277
TDD: 785-841-1046
www.independenceinc.org

IN- HOME SERVICES

A Helping Hand Home Care
Lawrence, 785-856-0192
www.ahelpinghandhc.com

Angels At Home Care
Topeka, 785-271-4376
www.angelsathomecareks.com

At Home, Inc.
Lawrence, 785-856-1714

www.athomeks.com

Benefits of Home Senior Care
Lawrence, 785-727-1816
www.benefitsofhome.com

Caregivers Home Care
Lawrence, 785-749-0300
or 785-273-2839
www.CaregiversKansas.com

Douglas County Visiting Nurses
Lawrence, 785-843-3738
www.kansasvna.org

Graceful Home Healthcare
Lawrence, 785-424-2785
www.gracefulhealthcare.com

Heart 2 Heart In- Home Care
785-764-9946
www.heart2heartkansas.com

Home Helpers
Lawrence, 785-856-2292

Home Instead Senior Care
(*Specially trained for Dementia and
Alzheimer's*)
Lawrence, 785-856-8181
www.homeinstead.com

Home Town Health Care
Topeka, 888-387-1160
Email:
info@hometownhealthcare.net

Independence, Inc.
Lawrence, 785-841-1067

Kansas Elder Care
Lawrence, 785-856-5555

Lawrence Helpers, Inc.
Lawrence, 785-331-5850

Midland Care
Lawrence, 785-842-3627 or
800-491-3691

*Professional Comfort Care
Lawrence, 785-393-2689

Professional Sitters Home Health
Lawrence, 785-842-3301 or
888-485-1927

Resource Center for
Independent Living
Topeka, 785-267-1717 or
877-719-1717
www.rcilinc.org

Trinity In-Home Care
Lawrence, 785-842-3159
www.trinityinhomecare.com
Accepts VA, HCBS and has Sliding
Fee Scale costs

Vieve Life
785-813-1851
Helps locating in-home services

Windsor Place At-Home Care
Lawrence, 785-843-4800

HOSPICE

AseraCare Hospice
Lawrence, 785-840-0820 or
855-532-8878
www.aseracare.com

Avalon Hospice
Topeka, 785-246-6520
www.avalon-hospice.com

Crossroads Hopsice
Lenexa, 913-850-7500
Fax 913-850-7598

Douglas County Visiting Nurses
Lawrence, 785-843-3738
www.kansasvna.org

Great Lakes Caring
Topeka, 866-878-4611
www.greatlakescaring.com

Jefferson County Home Health &
Hospice
Oskaloosa, (785) 403-0025
Fax: (785) 863-3323

Heartland Hospice

Topeka, 785-271-6500
www.heartlandhospice.com

Kansas Elder Care
Lawrence, 785-856-8181

Midland Care
Lawrence, 785-842-3627 or
800-491-3691

*Professional Comfort Care
Lawrence, 785-393-2689

**HOUSING ASSISTANCE &
INFORMATION**
ECKAN
785-841-3357

Housing and Credit
Counseling, Inc
Lawrence, 785-749-4224
www.hcci-ks.org

Kansas Legal Services
Lawrence, 785-838-3401 or 800-
723-6953
www.kansaslegalservices.org

Lawrence Community Shelter
785-832-8864

Lawrence-Douglas County
Housing Authority
Lawrence, 785-842-8110

Vieve Life
Lawrence, 785-813-1851

Willow Center
*(For abused women and their
children)*
Lawrence, 785-843-3333

**INFORMATION AND
REFERRAL ASSISTANCE**
Alzheimer's Association
Prairie Village, 913-831-3888
or 800-272-3900

Baldwin City Public Library
Baldwin City, 785-594-3411
www.baldwincitylibrary.org

Ballard Community Center
Lawrence, 785-842-0729
www.ballardcenter.org

Centro Hispano
Resource Center
Lawrence, 785-843-2039

Elder Care Locator
800-677-1116
www.eldercare.gov

Eudora Public Library
Eudora, 785-542-2496
www.eudorapubliclibrary.org

Housing and Credit
Counseling, Inc
Lawrence, 785-749-4224
www.hcci-ks.org

Jayhawk Area Agency on Aging
Topeka, 785-235-1367 or
800-798-1366
www.jhawkaaa.org

Kansas Advocates for Better Care
Lawrence, 785-842-3088 or
800-525-1782
www.kabc.org

Kansas Commission on
Veterans Affairs
Topeka, 785-296-3976
www.kcva.org

Kansas Department for Aging and
Disability Services
Topeka, 785-296-4986 or
800-432-3535
www.kdads.ks.gov

Kansas Department of Revenue
Taxpayer assistance
785-368-8222
Kansas taxpayer advocate
316-352-7506

Lawrence/Douglas County
Health Department
Lawrence, 785-843-0721

www.ldchealth.org

Lawrence Public Library
Lawrence, 785-843-3833
www.lawrence.lib.ks.us

Senior Resource Center for
Douglas County
Lawrence, 785-842-0543
www.yoursrc.org

Stormont-Vail Healthwise
Topeka, 785-354-6787

University of Kansas
Information Center -KU Info
Lawrence, 785-864-3506
www.kuinfo.ku.edu

INSURANCE/MEDICARE/ MEDICAID

(Information/ Assistance/
Referral)

Centers for Medicare and
Medicaid Services (CMS)
(Call about local seminars and
health fairs for your Medicare
health plan choices and to
report complaints.)
Kansas City, 816-426-5233

Jayhawk Area Agency on Aging
Topeka, 785-235-1367 or
800-798-1366
www.jhawkaaa.org

Kansas Foundation for Medical
Care, Inc. (KFMC)
(Provides information on
Medicare beneficiary's rights.
Ensures Medicare patients
receive medical care that is
necessary, appropriate and of
high quality.)
Topeka 785-273-2552 or
800-432-0770
www.kfmc.org

Kansas Insurance Department

Topeka, 785-296-3071
commissioner@ksinsurance.org
www.ksinsurance.org

Lawrence Area Department for
Children and Families Office
Lawrence, 785-832-3700

Medicare – General Hotline
800-633-4227
877-486-2048 TTY
www.medicare.gov

Railroad Retirement Board
877-772-5772
www.rrb.gov

Senior Resource Center for
Douglas County
Lawrence, 785-842-0543
www.yoursrc.org

Social Security
(Sign up for Medicare)
Lawrence, 800-772-1213
800-325-0778 TTY
www.ssa.gov

INTERPRETATION/ CULTURAL AWARENESS

Centro Hispano
Resource Center
Lawrence, 785-843-2039

LEGAL SERVICES
DRC (Disability Rights Center of
Kansas)
877-776-1541

Douglas County
Legal Aid Society
Lawrence, 785-864-5564

Kansas Attorney General
Consumer Protection Line
Topeka, 785-296-2215 or
800-432-2310
www.ag.ks.gov

Kansas Elder Law Hotline
888-353-5337

Kansas Legal Services
Topeka, 785-354-8531 or
800-723-6953
www.kansaslegalservices.org

Legal Aid of Douglas County
785-864-5564

MEAL SITES for CHAMPSS

***CHAMPSS LOCATIONS**

(CHAMPSS meal program serving
sites: CHAMPSS card required)

Call Jayhawk Area Agency on
Aging at 785-235-1367 for more
information.

Dillon's grocery store

(Open 7 days a week, lunch and
dinner)

The following locations:
4701 W 6th St.
Lawrence, KS 66049

1015 W. 23rd St.
Lawrence, KS 66046

1740 Massachusetts St.
Lawrence, KS 66044

Hy-Vee grocery store

(Open 7 days a week, breakfast,
lunch, dinner)

The following locations:

4000 West Sixth Street
Lawrence, KS 66649

3504 Clinton Parkway
Lawrence, KS 66647

MEALS - HOME

DELIVERED

Magic Meals
785-554-4524
www.MealsLikeMagic.com

Meals-on-Wheels of Lawrence
Lawrence, 785-830-8844
www.lawrencemow.org

Mom Meals
866-204-6111

Senior Resource Center for
Douglas County
Lawrence, 785-842-0543
www.yoursrc.org

MEDICAL EQUIPMENT
(See Assistive Technology)

MEDICAL SERVICES
(See Community Health
Services)

**MEMORY CARE
FACILITIES**

The Arbor at Brandon Woods
Lawrence, 785-838-8000

Bridge Haven at Alvarmar
Lawrence, 785- 371-1106
www.mybridgehaven.com

Bridge Haven Care Cottage
Lawrence, 785-371-1106
www.mybridgehaven.com

Bridge Haven Memory Care
Lawrence, 785-371-1106

ComfortCare Homes of
Baldwin City, 785-594-2603

Neuvant House,
Lawrence, 785-856-7900
West House
www.neuvanthouse.com

Prairie House Memory Care at
Lawrence Presbyterian Manor
Lawrence, 785-841-4262

The Arbors at Monterey Village
Memory Care Assisted Living
Lawrence 785-592-6193

The Windsor of Lawrence
Lawrence, 785-832-9900

MENTAL HEALTH

Awakenings,
Lawrence, 785-318-0220

awakeningskc.com

Bert Nash Community
Mental Health
Lawrence, 785-843-9192
www.bertnash.org

Bonnie Uffman, PhD
Senior In-home Counseling
Lawrence, 785-760-0057
bonuff@gmail.com

Christian Psychological Services
Lawrence, 785-843-2429
intake@cpskansas.org
www.cpskansas.org

Douglas County Citizens
Committee on Alcoholism
Center (DCCCA)
Lawrence, 785-841-4138
www.dccca.org

Headquarters Douglas County
24-Hour Community
Information
Lawrence, 785-841-2345
Baldwin City, 888-899-2345

Sand Castles, Inc.
Lawrence, 785-832-2345
www.sandcastlesonline.com

University of Kansas
Psychological Clinic
785-864-4121

PARKINSON'S DISEASE
(See Alzheimer's/Dementia
support and information
and/or community health)

**RECREATION/
SOCIALIZATION**
(See also Meal Sites)

AARP
Douglas County Chapter 1696
Pattie Johnston, President
785-749-2489

Baldwin City
Recreation Commission

Baldwin City, 785-594-3670
www.baldwinrec.org

Community Building
785-832-7920

Community Village Lawrence
Lawrence, 785-505-0187

Eudora Community Center
Eudora, 785-542-3434
www.eudoraparksandrec.org

Fit Plus 50 Personal Training
785-218-1170

Holcom Park Recreation Center
785-832-7940

Kansas Senior Olympics
Topeka, 785-251-2975

Lawrence Arts Center
785-843-2787
www.lawrenceartscenter.org

Lawrence Parks and Recreation
785-832-3450
<http://lawrenceks.org/lprd/home>

Lumberyard Arts Center
Baldwin City, 785-594-3186
www.lumberyardartscenter.org

New Horizons Band
Lawrence, 785-865-3519

Older Women's League
Kaw Valley
www.kawvalleyowl.org

Oldsters United for
Responsible Service (OURS)
Senior Resource Center for
Douglas County
Lawrence, 785-842-0543
www.yoursrc.org

Senior Resource Center for
Douglas County
Lawrence, 785-842-0543
www.yoursrc.org

REHABILITATION

Advantage Medical Group
Lawrence, 785-749-0130
www.admedgroup.com

Alcoholics Anonymous
785-842-0110

Baldwin Healthcare and
Rehabilitation Center
Baldwin City, 785-594-6492

Baldwin Therapy Services
Baldwin City, 785-594-3162
www.lawrencetherapyservices.com

Bird Physical Therapy
Lawrence, 785-331-0106
www.birdpt.com

Brandon Woods at Alvamar
Lawrence, 785-838-8000
www.brandonwoods.com

Caregiver's Home Health Agency
Lawrence, 785-838-800
www.brandonwoods.com
Medicalodges Eudora
Eudora, 785-542-2176
www.medicalodgeseudora.com

Celebrate Recovery
785-841-5446

Center for change Opiate addiction
treatment
785-856-HELP, 785-856-4357

DCCA Center
785-841-4138

Douglas County Visiting Nurses
Lawrence, 785-843-3738
www.kansasvna.org

First Step House
785-843-9262

Lawrence Memorial Therapy
Services,
Lawrence, 785-505-2712

www.lmh.org

Lawrence Memorial Eudora
Therapy Services,
Eudora, 785-542-3344
www.lmh.org

Lawrence Memorial South Therapy
Services,
Lawrence, 785-505-3780
www.lmh.org

Lawrence Therapy Services
Lawrence, 785-842-0656

Neu Physical Therapy
Lawrence, 785-842-3444
Baldwin City, 785-594-4100

Pioneer Ridge Health & Rehab
Lawrence, 785-749-2000

Quantum Shift Physical Therapy
Lawrence, 785-856-7389
www.quantumshiftpt.com

Visiting Nurses
Lawrence, 785-843-3738
www.kansasvna.org

RESPIRE CARE

A Helping Hand Home Care
Lawrence, 785-856-0192
www.ahelpinghandhc.com

Angels At Home Care
Topeka, 785-271-4376
www.angelsathomecareks.com

At Home, Inc.
Lawrence, 785-856-1714
www.athomeks.com

Baldwin Healthcare and
Rehabilitation Center
Baldwin City, 785-594-6492

Benefits of Home Senior Care
Lawrence, 785-727-1816
www.benefitsofhome.com

Brandon Woods of Alvamar

Lawrence, 785-838-8000
www.brandonwoods.com

ComfortCare Homes of
Baldwin City, 785-594-2603

Cooper's Home Care
Lawrence, 785-865-2525
www.coopershomecareks.com

Douglas County Visiting Nurses
Lawrence, 785-843-3738
www.kansasvna.org

Graceful Home Healthcare
Lawrence, 785-424-2785
www.gracefulhealthcare.com

Home Instead Senior Care
Lawrence, 785-856-8181
Topeka, 785-272-6101
www.homeinstead.com/584

Home Town Health Care
Topeka, 888-387-1160
Email:
info@hometownhealthcare.net

Indpendence, Inc.
Lawrence, 785-841-1067

Lawrence Helpers, Inc.
Lawrence, 785-331-5850

Lawrence Presbyterian Manor
Lawrence, 785-841-4262

Medicalodges Eudora
Eudora, 785-542-2176
www.medicalodgeseudora.com

Monterey Village Assisted Living
Lawrence 785-592-6188

Professional Sitters Home Health
Lawrence, 785-842-3301 or
888-485-1927
prositters@sunflower.com

Trinity In-Home Care
Lawrence, 785-842-3159
www.trinityinhomecare.com

The Arbors at Monterey Village
Memory Care Assisted Living
Lawrence 785-592-6193

The Windsor of Lawrence
Lawrence, 785-832-9900

Veterans Administration
Topeka, 785-350-3111

**RETIREMENT
COMMUNITIES
(See Apartment Complex)**

SHOPPING

A Helping Hand Home Care
Lawrence, 785-856-0192
www.ahelpinghandhc.com

Craig HomeCare
Topeka, 785-232-8221
866.924.1300

Home Instead Senior Care
Lawrence, 785-856-8181
Topeka, 785-272-6101
www.homeinstead.com/584

*Professional Comfort Care
Lawrence, 785-393-2689

Trinity In-Home Care
Lawrence, 785-842-3159
www.trinityinhomecare.com

Visiting Nurses
Lawrence, 785-843-3738
www.kansasvna.org

**SUPPORT GROUPS
(See Community Health
Services)**

TAX ASSISTANCE

AARP Tax Foundation Aides
Senior Resource Center for
Douglas County
Lawrence, 785-842-0543
www.yoursrc.org

Kansas Department of Revenue

Taxpayer assistance
Topeka, 785-368-8222

Kansas taxpayer advocate
Topeka, 785-296-2473

VITA
Ballard Community Center
Lawrence, 785-842-0729
www.ballardcenter.org

VITA
Penn House
Lawrence, 785-842-0440

TRANSPORTATION

A Helping Hand Home Care
Lawrence, 785-856-0192
www.ahelpinghandhc.com

Angel Flight Central
(Free air flights for people in need
requiring medical treatment)
866-569-9464
wings@angelflightcentral.org
www.angelflightcentral.org

Angels At Home Care
Topeka, 785-271-4376
www.angelsathomecareks.com

At Home, Inc.
Lawrence, 785-856-1714
www.athomeks.com

Babcock Bus
(For residents of Babcock Place
and Peterson Acres) Monday –
Thursday within Lawrence city
limits. Donation based. \$3.00 round
trip suggested.)
Lawrence, 785-842-8358

Bert Nash
(For Bert Nash Clients. Monday –
Saturday. Douglas County service
area, can be used for Medical,
shopping, employment
Cost: None)
Lawrence, 785-843-9192
www.bertnash.org
Community Village Lawrence

Lawrence, 785-505-0187

Home Instead Senior Care
Lawrence, 785-856-8181
Topeka, 785-272-6101
www.homeinstead.com/584

Independence, Inc.
(Monday - Friday 8 a.m.-5 p.m.
Service area: Douglas County
Who can use it: Elderly (Age 60+),
Disabled, General Public
Cost: \$3.00 one-way in town, \$5.00
one-way in Douglas County, \$30.00
for out-of-town medical trips)
Lawrence, 785-843-5576 or
888-824-7277
TDD: 785-841-1046
www.independenceinc.org

JayLift
(Provides door-to-door
transportation to KU students, staff
and faculty who are permanently or
temporarily disabled. Monday -
Friday 7 a.m. - 6 p.m.
Service area: Lawrence city limits
Trip purpose: University-related
trips. Cost: Free with KU ID)
Lawrence, 785-864-5438

Lawrence Transit System: The T
(Provides regular fixed-route
service for the community of
Lawrence from 6 a.m. - 8 p.m.
Monday – Saturday within
Lawrence city limits for the
General public
Cost: Free with KU ID, \$1.00 for
general public, \$0.50 reduced fare
Catch the bus: At a designated bus
stop)
Lawrence, 785-864-4644
www.lawrencetransit.org

Night Line
(is the after-hours shared ride bus
service for those who don't work on
a traditional schedule. It can be
used to travel to any destination in
the city limits of Lawrence from 8
p.m. to 6 a.m., Monday - Saturday.

Cost: \$2.00 one-way, cash only.
Passes not accepted)
Lawrence, 785-312-7054

Senior Resource Center for
Douglas County
Senior Wheels
(Monday-Friday 7 a.m.-3:40 p.m.
Who can use it: Age 60+
Cost: \$3.00 one-way within
Lawrence city limits, \$15.00 one-
way within Douglas County)
Lawrence, 785-865-6925
www.yoursrc.org

T Lift
(door-to-door, shared ride
paratransit service provided by the
City of Lawrence. T Lift service is
available for transit riders who,
because of a disability, are unable
to use the fixed routes)
Service area: Lawrence city limits
Cost: \$2.00 one-way
Lawrence, 785-312-7054

Trinity In-Home Care
Lawrence, 785-842-3159
www.trinityinhomecare.com

UTILITY ASSISTANCE

American Red Cross Chapter
Lawrence, 785-843-3550

Assurance Wireless (Phone)
1-888-898-4888
www.assurancewireless.com

ATT LIFELINE (Phone)
800-341-2355

Ballard Community Center
785-842-0729

Catholic Charities Northeast
Kansas
Lawrence, 785-856-2694
www.catholiccharatiesks.org

ECKAN
785-841-3357

Heartland Community Health
Center
Lawrence, 785-841-7297

LIEAP
1-800-432-0043

***Emergency Service Council**
Applications are made
through these agencies:

Ballard Community Center
Lawrence, 785-842-0729
www.ballardcenter.org

ECKAN
Lawrence, 785-841-3357

Low Income Energy
Assistance Program (LIEAP)
Apply through Department for
Children and Families (Jan-Mar)
Lawrence, 785-832-3700

Penn House
Lawrence, 785-842-0440

Project Deserve
(Westar Electric customers only)
800-383-1183

Salvation Army
Lawrence, 785-843-4188

Senior Resource Center for
Douglas County
Lawrence, 785-842-0543

VETERANS AFFAIRS
Kansas Commission on
Veterans Affairs
Lawrence, 785- 296-3976
www.kcva.org

VISION SERVICES
AlphaPointe
Kansas City, 816-421-5848

Audio-Reader
Lawrence, 785-864-4600 or
800-772-8898

e-mail reader@ku.edu
www.reader.ku.edu

Talking Books
(provides personalized library
support and materials in a
specialized format to eligible
Kansas residents to ensure that all
may read. This no-cost library
service)
Emporia, 620-341-6280 or
800-362-0699

VOLUNTEER OPPORTUNITIES

Alzheimer's Association
Prairie Village, 913-831-3888
or 800-272-3900

Jayhawk Area Agency on Aging
Topeka, 785-235-1367

Kansas Advocates for
Better Care,
Lawrence, 785-842-3088 or
800-525-1782
www.kabc.org

Roger Hill Volunteer Center
Lawrence, 785-856-5030

Senior Resource Center for
Douglas County
Lawrence, 785-842-0543
www.yoursrc.org

Trinity In-Home Care
Lawrence, 785-842-3159
www.trinityinhomecare.com

Visiting Nurses
Lawrence, 785-843-3738
www.kansasvna.org

WEATHERIZATION
City of Lawrence
Neighborhood Resources Dept
Lawrence, 785-832-7700

ECKAN
Lawrence, 785-841-3357

JEFFERSON COUNTY

ABUSE/NEGLECT/ EXPLOITATION/FRAUD

Kansas Abuse/Neglect Answering
Service
800-922-5330

Kansas Department for Aging and
Disability Services Adult Care
Complaint Program
800-842-0078

ADULT DAY CARE

Hickory Pointe Care &
Rehabilitation
Oskaloosa, 785-863-2108

Midland Care
Topeka, 785-232-2044
800-491-3691
www.midlandcare.org

ALZHEIMER'S/DEMENTIA SUPPORT AND INFORMATION

Alzheimer's Association
785-271-1844 or 800-272-3900
www.alz.org/kansascity

Alzheimer's Disease Education and
Referral Center
800-438-4380

American Security & Surveillance
(*American Emergency Response*)
Topeka, 785-845-1463

Midland Care
Topeka, 785-232-2044
800-491-3691
www.midlandcare.org

APARTMENT COMPLEXES INDEPENDENT LIVING RETIREMENT COMMUNITIES

(* = **Subsidized**

(Subsidized housing is government sponsored economic assistance program aimed towards alleviating housing costs and expenses for people in need with low to moderate incomes. Forms of subsidies include direct housing subsidies, non-profit housing, public housing, rent supplements and some forms of co-operative and private sector housing)

(* Cedar Tree Apartments
Lull & Owen
Meriden, 785-484-2128

(* Jefferson Village Apartments
Winchester, 844-536-9449

(* Oak Hills
Valley Falls, 785-945-6626

(* Oskaloosa Apartments
Oskaloosa, 785-863-2118

(* Plaza Garden
Perry, 785-597-5923

(* Sunset Haven
Valley Falls, 785-945-3272

ASSISTED LIVING

(* = **Accepts Medicaid**
Deer Park Senior Group Home
Meriden, 785-484-0100

F.W. Huston Jefferson Suites
Assisted Living
Winchester, 913-774-4340

Kelly House of Meriden
Meriden, 785-430-5500

Midland Care
Valley Falls, Linwood homeplus
785-945-3634

(* Valley View Health Center
Valley Falls, 785-945-3832

(* Village East
Nortonville, 913-886-6400

(* Village Villa
Nortonville, 913-886-6400

ASSISTIVE TECHNOLOGY (Includes Medical Supply & Adaptive Equipment)

101 Mobility
Kansas City, 913-533-7725
www.101mobility.com

Alarm.com
877-389-4033

American Care Equipment
Overland Park, 913-383-3456

Audio-Reader
Lawrence, 785-864-4600 or
800-772-8898
e-mail reader@ku.edu
www.reader.ku.edu

Clocks Medical Supply, Inc.
Winfield, 620-221-0550 or
800-362-1314

Hanger Orthopedic Group, Inc.
Orthotics & Prosthetics
Topeka, 785-232-5382
www.hanger.com

Helen Keller National Center for
Deaf-Blind Youths and Adults:

Independence, Inc
Olathe, 913-677-4562

Jefferson County Service
Organization (*To loan: wheel
chairs, walker, toilet risers*)
Oskaloosa, 785-863-2637

Kansas Assistive Technology
Cooperative (KATCO)
(*Reduced Interest Financing and
flexible term financing*)
866-465-2826
Fax 620-342-6400
www.katco.net

Knoll Patient Supply
Topeka, 785-232-5972

KL- Loan
866-465-2826

Lawrence Medical Equipment
Lawrence, 800-447-2044

Pathway- Kansas Specialty Dog
Service (*Guide dogs, Service dogs,
Facility dogs*)
Topeka, 785-325-2256
www.ksds.org

Resource Center for Independent
Living
Osage City, 785-528-3105 or 800-
580-7245
Fax 785-528-3665
www.rcilinc.org

Starr Medical Supply Inc.
Wamego, 785-456-7827
www.starrmedical.com

Talking Books
800-432-2925

CAREGIVER RESOURCES & INFORMATION

(See also Respite)

Jayhawk Area Agency on Aging
Topeka, 785-235-1367 or
800-798-1366
Fax 785-235-2443
www.jhawkaaa.org

Jefferson County
Health Department
Oskaloosa, 785-863-2447

Jefferson County
Service Organization
Oskaloosa, 785-863-2637

Midland Care
Topeka, 785-232-2044
800-491-3691
www.midlandcare.org

Jefferson County Service
Organization
Oskaloosa, 785-863-2637

Social Security
Topeka, 888-327-1271
www.socialsecurity.gov

Stormont-Vail Senior
Resource Center
Topeka, 785-354-6694

CASE MANAGEMENT

Jayhawk Area Agency on Aging
Topeka, 785-235-1367 or
800-798-1366
Fax 785-235-2443
www.jhawkaaa.org

Jefferson County
Health Department
Home Health and Hospice

Oskaloosa, 785-863-2447

CHORE SERVICES

Hospice of Atchison
Atchison, 913- 367-2131

Jefferson County
Service Organization
Oskaloosa, 785-863-2637

COMMUNITY HEALTH ORGANIZATION & SUPPORT GROUPS

Alcohol and Drug Abuse Referral
800-821-4357

Al-Anon
800-344-2666

Ask- A- Nurse
Shawnee Mission Medical Center
Shawnee Mission, 913-676-7777

Craig HomeCare
Topeka, 785-232-8221
866.924.1300

Dr. Gaston Mobile Podiatrist
Lawrence, 785-766-2322
lgaston@sunflower.com
(Foot Care)

F.W. Houston Medical Center
Winchester, 913-774-4340

Guidance Center
Oskaloosa, 785-863-2929

Heartland Medical
Lawrence, 785-841-7297

Jefferson County
Health Department
Oskaloosa, 785-863-2447

Kansas Foundation for Medical Care, Inc. (*Quality Care Advocates for Medicare Beneficiaries only*)
Topeka, 785-273-2552 or
800-432-0407
Fax 785-273-5130
www.resourcemedicarequality.org

The Sexual Trauma & Abuse Care Center
Lawrence, 785-843-8985

DEAF & HARD OF HEARING RESOURCES

Audient (*Hearing aid help for low income people nationwide*)
866-956-5400
<http://audientalliance.org/>

CaptionCall
Kansas, 877-557-2227

Kansas Commission for the Deaf and Hard of Hearing
785-368-8034 or 800-432-0698

Starkey Hearing Foundation
Hear Now Program
800-328-8602
www.starkeyhearingfoundation.org

DENTAL SERVICES

Affordable Dentures
Topeka, 785- 693-2611

Central Dental Center
Wichita, 316-945-9845
(Dentures: \$345 both upper & lower plates)

Dental Lifeline Network
Topeka, 785.273.1900
www.dentallifeline.org/kansas

Douglas County Dental Clinic
Lawrence, 785-312-7770

Flint Hills-Emporia Clinic
Emporia, 620-342-4864
www.flinthillshealth.org

Johnson Community College
Dental Hygiene Clinic
Overland Park, 913-469-3808
(*\$10 services – x-rays, cleaning, Preventative and referrals only*)

Kansas Mission of Mercy
www.ksdentalfoundation.org
University of Missouri -

Kansas City
School of Dentistry
Kansas City, MO 816-235-2111
www.umkc.edu

Marian Clinic Dental
Topeka, 785-233-2800
www.marianclinic.org

DISABILITY RESOURCES

Assistive Technology
Topeka, 785-267-1717

Cottonwood, Inc.
Lawrence, 785-842-0550

Craig HomeCare
Topeka, 785-232-8221
866.924.1300

DCCCA, Inc
Lawrence, 785-841-4138

Employment Training
Topeka, 785-233-2068

Families Together
Topeka, 785-233-4777

Independence Inc.
Lawrence, 785-841-0333

Jayhawk Area Agency on Aging
Topeka, 785-235-1367
Jobs for Veterans Program
Topeka, 785-235-5627

Kansas Board of Education
913-287-5165

Kansas Commission on Veterans Affairs
Kansas City, 913-371-5968

Kansas Department for Children and Families
Topeka, 785-296-2500
TTY: 785-296-4026

Kansas Human Rights Commission
Topeka, 785-296-3206

Kansas Legal Services
Topeka, 785-354-8531

Kansas Money Follows the Person
Topeka, 785-296-7744

Kansas Rural Development
Manhattan, 785-776-7582

Kansas Small Business Development Centers
Lawrence, 785-843-8844

Kansas Special Education Advisory Council
Topeka, 785-291-3097

Kansas Transit Provider Directory

Hiawatha, 785-742-7113

Long-Term Care Ombudsman
Office

Topeka, 785-296-6017

Mental Health Advocacy Group

Topeka, 785-580-3021

Mental Health Field Staff

913-826-7373

Rehabilitation Services

Lawrence, 785-832-3700

Self-Advocate Coalition of Kansas
(SACK)

Lawrence, 785-749-5588

Senior Health Insurance Counseling
for Kansas (SHICK)

Topeka, 785-235-1367

Services for Kansans Who are
Blind or Visually Impaired
Kansas City, 816-421-5848

Social Security

888-327-1271

The Guidance Center

Leavenworth, 913-682-5118

Ticket to Work

Lawrence, 1-866-698-2561

Workforce Centers of Kansas

Topeka, 785-235-5627

Working Healthy Program

785-296-5136

EMERGENCY ALERT DEVICES (Lifeline)

Home Buddy

Wichita, 316-262-8339 or

866-922-8339

www.HomeBuddy.org

Jefferson County

Service Organization

Oskaloosa, 785-863-2637

LifeFone

White Plains, NY

800-882-2280, Ext. 305

www.lifefone.com

Lifeline - Jefferson County

Memorial Hospital

Winchester, 913-774-4340

Rueschhoff Locksmith and Security
Services

Lawrence, 800-279-2121

EMERGENCY SERVICES

**(Could include: food, utilities
and/or rent assistance)**

God's Store House

Meriden, 785-246-0353

The Clothes Closet

785-945-3211

FARM & RURAL ASSISTANCE

USDA Rural Development

Administrative Offices

Topeka, 785-271-2730

USDA Farm Service Agency

Oskaloosa, 785-863-2221

Kansas Rural Family Hotline

1-800-321-3276

Kansas Agricultural

Mediation Services

800-321-3276

www.oznet.ksu.edu/kams

FINANCIAL ASSISTANCE & INFORMATION

Housing and Credit

Counseling, Inc

Topeka, 785-234-0217

Kansas Department of Revenue

Taxpayer assistance

Topeka, 785-368-8222

Kansas taxpayer advocate

316-651-2100

Kansas Assistive (KATCO)

Technology Cooperative

*(Reduced Interest Financing and
flexible term financing)*

Emporia, 866-465-2826

www.katco.net

Low Income Energy Assistance
Program (LIEAP)

*Apply through Department for
Children and Families*

Oskaloosa, 1-800-766-3777

Social Security

Topeka, 888-327-1271

www.socialsecurity.gov

FOOD PANTRY

Crossroads Cowboy Church

WilliamsTown

Email- sharlyn47@gmail.com

God's Storehouse

Meriden, 785-246-0353

Heartland SHARE program

(Lower Cost Groceries)

785-234-6208

Jefferson County Service
Organization

Oskaloosa, 785-863-2637

Oskaloosa United Methodist
Church
785-863-2592

Pantry of Hope
Nortonville 913-886-6585

Valley Falls Food Pantry
(Wed & Sat, 10am– 12pm)
Valley Falls, 785-224-7714
or 785-224-9811

Williamstown Assembly Of God
Harvester's Mobile Food
Distribution

FRIENDLY VISITOR

Catholic Charities Northeast
Kansas
Topeka, 785-233-6300
www.catholiccharatiesks.org

Community Village Lawrence
Lawrence, 785-505-0187

GRIEF AND LOSS

(See Also Hospice)

Midland Care
Topeka, 785-232-2044
800-491-3691
www.midlandcare.org

HOME HEALTH

(*) **Licensed**

A Helping Hand Home Care
Lawrence, 785-856-0192
www.ahelpinghandhc.com

Advantaged Home Care, Inc.
Topeka, 785-267-4433
Fax 785-273-1744

Advocare
Wamego, 785-456-8910 or

800-767-8718

Angels At Home Care
Topeka, 785-271-4376
www.angelsathomecareks.com

Caregivers Home Health
Topeka 785-354-0767

Caring Angels
Topeka, 785-554-0179

Caring Hearts, Inc.
Topeka, 866-291-3017

Craig HomeCare
Topeka, 785-232-8221
866.924.1300

Grace Home Care
Topeka, 785-286-2273

Integrity Home Care
Springfield, 888-793-1795
www.integrityhc.com

Jefferson County
Health Department,
Home Health & Hospice
Oskaloosa, 785-863-2447

Kansas Rehabilitation Hospital
Home Health Services
Topeka, 785-235-6600
Fax 785-232-8545
www.kansasrehabhospital.com

Midland Care
Lawrence, 785-842-3627 or
800-491-3691

St. Francis Home Health
Topeka, 785-295-8240

Veterans Home Care

877-390-6377

www.veteranshomecare.com

Windsor Place At-Home Care
Lawrence, 785-843-4800

HOME REPAIR

(See also Chore Service)

NEK-CAP

Hiawatha, 785-740-4001

IN-HOME SERVICES

A Helping Hand Home Care
Lawrence, 785-856-0192
www.ahelpinghandhc.com

Advantaged Home Care, Inc.
Topeka, 785-267-4433
Fax 785-273-1744

Advocare Home Care
Topeka, 800-767-8718

Angels At Home Care
Topeka, 785-271-4376
www.angelsathomecareks.com

Atchison Hospital –
Home Health and Hospice
Atchison, 913-360-5520

Caregivers Home Health
Topeka, 785- 354-0767

Comfort Keepers
Topeka, 785-267-8200

Craig HomeCare
Topeka, 785-232-8221
866.924.1300

Grace Home Care
Topeka, 785-286-2273

Jefferson County Health
Department, Home Health &
Hospice
Oskaloosa, 785-863-2447

Jayhawk Area Agency on Aging
(For more information)
Topeka, 785-235-1367 or
800-798-1366
www.jhawkaaa.org

*Professional Comfort Care
Lawrence, 785-393-2689

Veterans Home Care
877-390-6377
www.veteranshomecare.com

Windsor Place At-Home Care
Lawrence, 785-843-4800

HOSPICE

A Helping Hand Home Care
Lawrence, 785-856-0192
www.ahelpinghandhc.com

Atchison Hospital –
Home Health and Hospice
Atchison, 913-360-5520

Avalon Hospice
Topeka, 785-246-6520
www.avalon-hospice.com

Catholic Community Hospice
Topeka, 785-357-5107
Fax 785-233-7234
www.catholiccharitiesks.org

Great Lakes Caring
Topeka, 866-878-4611
www.greatlakescaring.com

Jefferson County

Health Department,
Home Health & Hospice
Oskaloosa, 785-863-2447

Midland Care
Topeka, 785-232-2044
800-491-3691
www.midlandcare.org

HOUSING ASSISTANCE & INFORMATION

Housing and Consumer Credit
Counseling, Inc
Topeka, 785-234-0217

Nek-Cap, Inc.
(Rent Assistance and rental
property Options)
Oskaloosa, 785-863-2372

**INFORMATION AND
REFERRAL ASSISTANCE**
Jayhawk Area Agency on Aging
Topeka, 785-235-1367 or
800-798-1366
www.jhawkaaa.org

Jefferson County
Health Department
Oskaloosa, 785-863-2447

Jefferson County
Service Organization
Oskaloosa, 785-863-2637

Stormont-Vail Senior
Resource Center
Topeka, 785-354-6787

**INSURANCE/MEDICARE/
MEDICAID**
(Information/ Assistance/
Referral)
Jayhawk Area Agency on Aging

Topeka, 785-235-1367 or
800-798-1366
Fax 785-235-2443
www.jhawkaaa.org

Kansas Foundation for Medical
Care, Inc.
Topeka, 785-273-2552 or
800-432-0407
(Provides information on Medicare
beneficiary's
rights. Ensures Medicare patients
receive medical care that is
necessary, appropriate and of high
quality.)

Kansas Insurance Department
Topeka, 785-296-3071 or
800-432-2484
www.ksinsurance.org

Medicare - (General) Hotline:
800-633-4227
Hearing & Speech Impaired:
877-486-2048

National Committee to Preserve
Social Security and Medicare
800-966-1935
www.ncpssm.org

Office of the Inspector General
Fraud & Abuse
(Call if you feel a health care
provider has fraudulently billed the
Medicare Program)
800-269-0271

Railroad Retirement Board
800-808-0772
www.rrb.gov

Senior Health Insurance
Counseling of Kansas (SHICK)

Jefferson County Service
Organization
Oskaloosa, 785-863-2637

Social Security
Topeka, 888-327-1271
www.socialsecurity.gov

LEGAL SERVICES

Kansas Elder Law Hotline
888-353-5337

Kansas Legal Services
Topeka, 785-354-8531
To apply for assistance:
800-723-6953
www.kansaslegalservices.org

MEAL SITES/ CHAMPSS LOCATIONS

St. Aloysius Catholic Church
515 Wyandotte St.
Meriden, KS 66512

F.W. Huston Medical Center
Winchester, KS
Note: contact Christina Aranda at
913-774-4340 to reserve a meal

*CHAMPPPS LOCATIONS
(CHAMPSS meal program serving
sites: CHAMPSS card required)
Call Jayhawk Area Agency on
Aging at 785-235-1367 for more
information.

Mac's Grill
(Open 7 days a week, breakfast,
lunch, dinner till close)
408 Sycamore Street
Valley Falls, KS 66088

Rose's Cafe

(Open 7 days a week, breakfast,
lunch till 2:00 p.m.)
522 Liberty St.
Oskaloosa, KS 66066

MEALS - HOME DELIVERED

Meals on Wheels, Inc.
Topeka, 785-295-3980
(Delivery available in these
communities: Grantville, McLouth,
Meriden, Nortonville, Oskaloosa,
Ozawkie, Perry Valley Falls,
Winchester)
Magic Meals
785-554-4524
www.MealsLikeMagic.com
(Jefferson Co. resident's delivery
charge may apply)

Moms Meals
US, 866-204-6111

MENTAL HEALTH

Adolescent and Adult Partial
Hospital Program
Stormont-Vail West
Topeka, 785-270-4600
www.storemontvail.org

Envision at Jefferson County
Memorial Hospital
Winchester, (913) 774-4340
www.jcmhospital.org

NE Kansas Guidance Center
Oskaloosa, 785-863-2929

Valley Mental Health
Valley Falls, 785-945-3832
www.midwest-health.com

**RECREATION/
SOCIALIZATION**
Meriden Memorial VFW

Post 10815
(VFW members and their guests
welcomed)
Meriden, 785-484-3074

RESPIRE CARE

A Helping Hand Home Care
Lawrence, 785-856-0192
www.ahelpinghandhc.com

Alzheimer's Association
Prairie Village, 913-831-3888 or 24
hr information and support line
800-272-3900

Angels At Home Care
Topeka, 785-271-4376
www.angelsathomecareks.com

FW Huston Medical Center
Hospital - Senior Living Center
Winchester, 913-774-4340
www.jcmhospital.org

Grace Home Care
Topeka, 785-286-2273

Hickory Pointe Healthcare and
Rehabilitation
Oskaloosa, 785-863-2108

Midland Care
Topeka, 785-232-2044
800-491-3691
www.midlandcare.org

Veterans Home Care
877-390-6377
www.veteranshomecare.com

TRANSPORTATION

A Helping Hand Home Care
Lawrence, 785-856-0192
www.ahelpinghandhc.com

Angels At Home Care
Topeka, 785-271-4376
www.angelsathomecareks.com

Meals on Wheels of Shawnee and
Jefferson Counties, Inc.
Topeka, 785-295-3980
www.mowks.org

Grace Home Care
Topeka, 785-286-2273

Jefferson County
Service Organization
Oskaloosa, 785-863-2637

UTILITY ASSISTANCE

Doorstep Inc.
785-357-5341

Good Shepard
Tonganoxie, 913-845-3964

Let's Help Inc.
Topeka, 785-234-6208

Low Income Energy Assistance
Program (LIEAP) Jan- Mar
Apply through Department for
Children and Families
Oskaloosa, 785-863-2223

Telephone (*low income assistance*)
For more information about **Kansas
Lifeline or Link Up America**,
call your local telephone company.
The number is on your telephone
bill or in the front part of the
telephone directory.

VOLUNTEER SERVICES

Jefferson County Service
Organization
Oskaloosa, 785-863-2637

Midland Care
Topeka, 785-232-2044
800-491-3691
www.midlandcare.org

SHAWNEE COUNTY

ABUSE/NEGLECT/ EXPLOITATION/FRAUD

Kansas Department for Aging and
Disability Services

*Nursing home, hospital, home
health agency, etc. abuse or neglect:
800-842-0078
<http://www.kdheks.gov>

Kansas Protection Report Center
(*Abuse, Neglect, Exploitation*)
Topeka, 800-922-5330
<http://www.dcf.ks.gov>

Better Business Bureau of
NE KS, Inc.
Wichita 316-263-3146 or
800-856-2417
www.kansasplains.bbb.org

Center for Safety & Empowerment
Topeka, 785-354-7927
24-hour Crisis Hotline Number:
888-822-2983

Consumer Protection Division
Topeka, 785-296-3751 or
800-432-2310
<http://ag.ks.gov/in-your-corner-kansas/home>

KanCare Ombudsman
(*Assists beneficiaries to navigate
and access covered health care
services and supports*)
Toll Free 855-643-8180
Office 785-296-6270
TTY 711
Fax 785-296-0256

Kansas Advocates for
Better Care
Lawrence, 785-842-3088 or
800-525-1782
www.kabc.org

Kansas Attorney General
Topeka, 785-296-2215 or
888-428-8436
www.ag.ks.gov

The Kansas Crisis Hotline
1-888-363-2287 (*24-hour statewide
hotline linking victims of domestic
violence and sexual assault to local
services*)
www.kcsdv.org

Kansas Elder Law Hotline
Topeka, 888-353-5337

Kansas Foundation for Medical
Care, Inc. (*Educates consumers so
they can make informed decisions
about healthcare*)
Topeka, 785-273-2552 or
800-432-0407
www.kfmc.org

Kansas Long-Term Care
Ombudsman (*provides a free
resident advocate program*)
Topeka, 785-296-2962 or
877-662-8362
www.kansasombudsmanksgov.com

Valeo Behavioral Health Care
Topeka, 785-233-1730
Crisis Line: 785-234-3300
www.valeotopeka.org

ADDICTIONS

(*See Mental Health*)

ADULT DAY PROGRAMS

Brewster Place Retirement
Community
Topeka, 785-267-1666
www.brewsterplace.org

Brookdale Topeka
(*For Alzheimer/Dementia*)
Topeka, 785-271-5100
www.brookdale.com

Hillsdale Place
Topeka, 785-383-7094

Legacy on 10th Ave
Topeka, 785-233-8918

Midland Care
Topeka, 785-232-2044
800-491-3691
www.midlandcareconnection.org

Oakley Place of Rossville
Rossville, 785-221-7740

Oakley Place of Topeka
Topeka, 785-232-6000

Prairie Wind Senior Living
Berryton, 785-862-5318

Rossville Valley Manor
Rossville, 785-584-6104

Topeka Adult Care Center
Topeka, 785-233-7397

Winter Meadow Homes Inc.
Topeka, 785-234-2989 or
785-383-4531

www.wintermeadowhomesinc.com

**AGING, ADVOCACY &
SUPPORT SERVICES**

Aging and Disability Resource
Center (ADRC)
Toll Free 855-200-2372

Alcoholics Anonymous
24hr Hotline: 785-842-0110

Alzheimer's Association
Topeka, 785-271-1844 or
800-272-3900
www.alz.org/kansascity

Americans with Disabilities Act
800-514-0301 or
800-514-0383 TTY
www.ada.gov

Catholic Charities of
NE Kansas
Topeka, 785-233-6300
www.catholiccharitiesks.org

Community Action
(*Spanish Translation services*)
Topeka, 785-235-9296

Community Resources Council
Topeka, 785-233-1365
Fax 785-233-1905
www.crcnet.org

Disability Determination Services
Topeka, 785-267-4440

Disability Rights
Center of Kansas
Topeka, 785-273-9661 or
877-776-1541
TDD 877-335-3725
www.drckansas.org

El Centro of Topeka
Topeka, 785-232-8207
www.elcentrooftopeka.org

ElderCare Locator
800-677-1116
www.eldercare.gov

GraceMed
Topeka, 785-861-8800.
www.gracemedtopeka.org

Jayhawk Area Agency on Aging
Topeka, 785-235-1367 or
800-798-1366
Fax 785-235-2443
www.jhawkaaa.org

KanCare Ombudsman
(*Assists beneficiaries to navigate
and access covered health care
services and supports*)
Toll Free 855-643-8180
Office 785-296-6270
Fax 785-296-0256

Kansas Advocates for
Better Care
Lawrence, 785-842-3088 or
800-525-1782
www.kabc.org

Kansas Department for Aging and
Disability Services
Topeka, 785-296-4986 or
800-432-3535
TTY 785-291-3167
www.kdads.ks.gov

Kansas Department of Revenue
*Taxpayer Assistance
785-368-8222
*Taxpayer Advocate

316-651-2100
www.ksrevenue.org

Kansas Foundation for Medical
Care, Inc. (*Educates consumers so
they can make informed decisions
about healthcare*)
Topeka, 785-273-2552 or
800-432-0407
www.kfmc.org

Kansas Health Consumer Coalition
Topeka, 785-232-9997
Fax 785.232.9998
www.kshealthconsumer.com

Kansas Legal Services
Topeka, 785-354-8531
800-723-6953 application phone
number
www.kansaslegalservices.org

Kansas Long Term Care
Ombudsman
(*Institutional concerns or questions
about resident's rights, transfer and
discharge rights or other care
issues*)
Topeka, 785-296-2962 or
877-662-8362
www.kansasombudsmanksgov.com

Kansas State Board of Mortuary
Arts (*Pre-planning funeral
arrangements/Memorial planning
guide*)
Topeka, 785-296-3980
www.kansas.gov/ksbma

National Committee to Preserve
Social Security and Medicare
Senior Hotline: 800-998-0180
www.ncpssm.org

Safe Streets
Topeka, 785-266-8666

Shawnee County Medical Society,
Inc. Health Access
785-235-0996
www.scmsha.org

The Solution Outreach Center at
OCCK Inc.
*(Connects people with disabilities
of all ages to the tools needed to
live as full participants in the
community)*
Salina, 785-827-9383 or
800-526-3648
www.occk.com/outreach.cfm

Stormont Vail HealthWise
Topeka, 785-354-6787
www.stormontvail.org

Stormont Vail Health Connections
*(The trained nurses at Health
Connections are available to assist
with health information for you and
your family after the doctor's office
has closed.)*
Topeka, 785-354-5225
www.stormontvail.org

TARC Inc.
Topeka, 785-232-0597
www.tarcinc.org

Topeka Rescue Mission
Topeka, 785-354-1744
Day to Day Needs Information –
785-354-1744 opt. 5
trmonline.org

Topeka & Shawnee County
Public Library
Topeka, 785-580-4400

Text Us: 785-783-0096
www.tscpl.org

Women's Institute for a Secure
Retirement
*(Education and advocacy that will
improve long-term financial quality
of life for women)*
Washington, DC 202-393-5452
www.wiserwomen.org

**ALZHEIMER'S/DEMENTIA
SUPPORT AND
INFORMATION**
Alzheimer's Association
785-271-1844 or 800-272-3900
www.alz.org/kansascity

Alzheimer's Disease Education and
Referral Center
Call toll-free at: 800-438-4380
Send e-mail to: adear@nia.nih.gov

Home Instead Senior Care
Lawrence – 785-856-8181
Topeka – 785-272-6101
Fax – 785-246-5316
www.homeinstead.com/584

Jayhawk Area Agency on Aging
Topeka, 785-235-1367 or
800-798-1366
Fax 785-235-2443
www.jhawkaaa.org

MedicAlert® + Alzheimer's
Association Safe Return
Online: medicalert.org/safereturn
888-572-8566

Visiting Angels
Topeka, 785-284-5500

APARTMENT COMPLEXES

INDEPENDENT LIVING RETIREMENT COMMUNITIES

(*) = Subsidized
*(Subsidized housing is government
sponsored economic assistance program
aimed towards alleviating housing costs
and expenses for people in need with low
to moderate incomes. Forms of subsidies
include direct housing subsidies, non-
profit housing, public housing, rent
supplements and some forms of co-
operative and private sector housing)*

Aldersgate Village Retirement
Community
Topeka, 785-478-9440
www.aldersgatevillage.org

Arbor Court Retirement
Community at Topeka
Topeka, 785-273-6847

Arbor Valley Senior Homes
Topeka, 785-806-3699

Atria Hearthstone
Retirement Community
Topeka, 785-234-6225
www.atriaseniorliving.com

Brewster Place
Retirement Apartments
Topeka, 785-267-1666
www.brewsterplace.org

(*) Capitol Village
822 SW 8th Avenue
Topeka, KS 66603
785-233-8165

(*) Century Plaza Apartments
2200 SE 28th Street
Topeka, KS 66605
785-267-0960

Cottages of Topeka
Topeka, 785-232-4300

(*) The First Apartments
3805 SW 18th Street
Topeka, KS 66604
785-272-6700
(electricity, water & trash paid)
www.thefirstapartments.org

(*) Heritage Court Apartments
107 E Lake Street
Silver Lake, KS 66539
785-582-5270

(*) Jackson Towers
1122 SW Jackson Street
Topeka, KS 66612
785-357-1457
www.tha.gov/jackson-towers

(*) Jefferson Villa
421 SE 21st Street
Topeka, KS 66607
785-357-6227

(*) Knightsbridge Manor
Apartments
501 SW Franklin Ave
Topeka, KS 66606
785-233-0870

(*) La Colonia
331 NE Golden Ave
Topeka, KS 66616
785-354-4225

(*) Landmark Plaza Apartments
1000 S Kansas Ave
Topeka, KS 66612
785-233-5769

Lexington Park

Independent Living
Topeka, 785-273-4545
Fax 785-272-3071
www.midwest-health.com

(*) Luther Place I Apartments
5000 SW Huntoon St
Topeka, KS 66604
785-273-2944
(all utilities included, 62 or older
and /or mobility impairment)
www.lutherplace.net

(*) Luther Place II Apartments
4900 SW Huntoon St
Topeka, KS 66604
785-273-2944
(*all utilities included, 62 or older
and /or mobility impairment*)
www.lutherplace.net

Martin Creek Place
Topeka, 785-273-2944
www.martincreek.net

McCrite Plaza Topeka
Topeka, 785-267-2960
www.mccriteretirement.com

(*) Mission Towers
2929 SE Minnesota Ave
Topeka, KS 66605
785-266-5656

(*) North Rock Apartments
785-246-1997

(*) Pearl Place Apartments
203 Perry St
Rossville, KS 66533
785-584-6868

(*)Pioneer Curtis Homes
300 NW Grant St

Topeka, KS 66608
785-232-8715

(*)Pioneer Motive Power Place
Apartments
1001 NE Atchison
Topeka, KS 66616
785-232-8001

(*) Polk Plaza
1312 SW Polk St
Topeka, KS 66612
785-357-0307
www.tha.gov/polk-plaza

(*) Plaza West Apartments
5620 SW 22nd Street
Topeka, KS 66614
785-272-5660

(*) Rose Hill Place
3600 SW Gage Blvd
Topeka, KS 66614
785-228-3666

(*) Rossville Apartments
603 Griswold Street
Rossville, KS 66533
785-584-9900

(*) Santa Fe Place Apartments
600 SE Madison Street
Topeka, KS 66607
785 234-3386

(*) Shorey Villa
2200 NW Polk Street
Topeka, KS 66608
785-233-6269

Southbrook Apartments &
Townhomes
Topeka, 785-273-6116
www.midlandmgmt.com

T-Town Homes, L.P.
523 SE Woodland Avenue
Topeka, KS 66607
785-234-1614

(*) Tennessee Town
Topeka, 785-357-8842

Thornton Place
Topeka, 785-392-6745
www.holidaytouch.com

Topeka Presbyterian Manor
Topeka, 785-272-6510
Fax 785-272-5728
www.topekapresbyterianmanor.org

(*) Tyler Towers
600 SW 14th Street
Topeka, KS 66612
785-357-8842
www.tha.gov/tyler-towers

(*) Valley Springs Senior Housing
1300 N Hanover Street
Auburn, KS 66402
785-256-7100

(*) Wesparke Village Apartments
3500 SW Wesparke Ln
Topeka, KS 66614
785-273-7000

ASSISTED LIVING

(*)=Accepts Medicaid

(*) Aldersgate Village
Topeka, 785-478-9440
www.aldersgatevillage.org

Atria Hearthstone Assisted Living
Topeka, 785-234-6806

www.atriahearthstone.com

Brewster Place
Assisted Living
Topeka, 785-267-1666
www.brewsterplace.org

Brookdale Topeka
(For Alzheimer/Dementia)
Topeka, 785-271-5100
www.brookdale.com

(*) Countryside Health Center
Topeka, 785-234-6147
www.midwest-health.com

Homestead of Topeka
Topeka, 785-272-2200

(*) Homestead of Auburn
Auburn, 785-256-7100

Legend at Capital Ridge Assisted
Living and Memory Care Topeka,
Topeka, 785-272-9400
www.legendseiorliving.com

Lexington Park Assisted Living
Topeka, 785-440-0400
www.lexingtonparkcommunity.com

McCrite Plaza Topeka
Topeka, 785-267-2960
www.mccriteretirement.com

(*)Oak Creek Senior Living
Topeka, 785-272-2601

(*) Kelly House I
(For Alzheimer's/Dementia)
Topeka, 785-234-8888

(*) Kelly House II
(For Alzheimer's/Dementia)

Topeka, 785-273-3773

(*) Rolling Hills Health Center &
Assisted Living Apartments
Topeka, 785-273-2202

(*) Rose Villa (for Veterans)
Topeka, 785-232-0671

The Healthcare Resort of Topeka
Topeka, (785) 272-2124
thehealthcareresorttopeka.com

Topeka Presbyterian Manor
Topeka, 785-272-6510
topekapresbyterianmanor.org

Vintage Park Assisted Living
(16 Kansas communities)
(888) 223-4713

(*)Winter Meadow Homes
2824 SW Mulvane St
Topeka, KS 66611
(785) 357-4000

ASSISTIVE TECHNOLOGY (Includes Medical Equipment & Adaptive Equipment)

101 Mobility
Kansas City, 913-553-7717
www.101mobility.com

Alarm.com
877-389-4033

American Care Equipment
Overland Park, 913-383-3456

Apria Health Care
Topeka, 785-272-7191 or
800-277-4288
www.apria.com

Assistive Technology of Topeka
Resource Center for Independent Living (RCIL)
785 267-1717
www.atk.ku.edu

Assistive Technology for Kansans
Device Loan System
(Equipment can be borrowed from the ATK Equipment Loan System for up to four weeks)
Topeka, 800-526-3648

Audio-Reader
Lawrence, 785-864-4600 or
800-772-8898
www.reader.ku.edu

Banner Mobility
Resources, Inc.
Topeka, 785-235-3070

Bate's Furniture
Topeka, 785-357-5181

Clock Medical Supply
Winfield, 620-221-0550 or
800-362-1314
www.clockmedical.com

Community Action
(Provision of free Durable Medical Goods, such as walkers, 4-legged canes, shower stools, etc.)
Topeka, 785-235-9296

Criticare Home Health
Services, Inc.
Lawrence, 785-749-4878 or
800-527-9596
www.criticarehhs.com

Disability Rights Center of KS

(Kansans with disabilities who need access to Assistive Technology)
Topeka, 785-273-9661 or
877-776-1541
TDD 877-335-3725
www.drckansas.org

K-Loan – The Kansas Assistive
Technology Loan Program
(Manages a low interest loan program and a directed savings program.)
Topeka, 866-465-2826
www.k-loan.net

Kansas Braille Transcription
Institute
Wichita, 316-265-9692

Kansas Deaf-Blind Project
Kansas City, 913-305-3086
www.kansasdeafblind.kssdb.org

KATCO - Kansas Assistive
Technology Cooperative
(Reduced Interest Financing and flexible term financing)
Emporia, 866-465-2826
www.katco.net

KSDS, Inc Assistance Dogs
(Guide Dogs, Service Dogs, Facility Dogs)
Washington, KS
785-325-2256
www.ksds.org

Hair Secrets
(Hair wigs)
Topeka, 785-272-3600

Hanger Clinic: Orthotic &
Prosthetic Solutions
Topeka, 785-232-5382

www.hanger.com

Helen Keller National Center
(HKNC)
Shawnee Mission
913-677-4562
www.HKNC.org

Home Elevator Company
Wichita, 316-721-2225 or
800-798-3150
www.homeelevatorks.com

InCourage Airway Clearance
Therapy
Mobile: (816) 522-8464
Toll Free: 800-793-1261

Jayhawk Pharmacy and Patient
Supply
Topeka, 785-228-9700 or
785-235-9700

Kansas Commission for the Deaf
and Hard of Hearing
Topeka, 785-368-8034
800-432-0698 (voice/TTY)
785-368-8046 (TTY)
www.dcf.ks.gov

Kansas Equipment Exchange
Resource Center for Independent Living (RCIL)
Topeka, 785-267-1717

Kan-SAIL (Kansas Seniors
Achieving Independent Living)
(Provides the vision-impaired with skills for independent living)
Topeka, 785-296-3311 or
800-547-5789

Kansas Talking Books

(Provides personalized library support and materials in a specialized format to eligible Kansas residents to ensure that all may read)

Emporia, 620-341-6280 or
800-362-0699

Kansas Telecommunications
Access Program –TAP
*Resource Center for Independent
Living (RCIL)*

Topeka, 785-267-1717
www.kansastap.org

Lohmann & Rauscher, Inc.
Topeka, 785-862-1100 or
800-279-3863

Medventures Inc
Topeka, 785-862-1806

Munns Medical Discount Store
Topeka, 785-228-0187

PharmaCare (Home Infusion)
Phone: (316) 681-2181
Toll Free: 800-253-9411
Fax: 316-681-0277

Resource Center for Independent
Living
Topeka, 785-267-1717 or
800-580-7245
www.rcilinc.org

Starr Medical Supply Inc.
Wamego, 785-456-7827
www.starrmedical.com

Topeka & Shawnee County Public
Library
Red Carpet Senior Services

*(Delivers to congregate living sites
and individuals in their homes on a
regularly-scheduled basis)*

Topeka, 785-580-4545
<http://tscpl.org/services/red-carpet>

Topeka Independent Living
Resource Center (TILRC)
Topeka, 785-233-4572
TTY: 785-233 1815
www.tilrc.org

Topeka ReBath
Topeka, 785-266-9800
www.rebathkansas.com

BATHING ASSISTANCE

(See In-Home Services)

BOARD AND CARE HOMES

(*) = Accepts Medicaid

Moore Adult Care Home
Topeka, 785-286-2859

Rose Villa Residential
Care Facility
Topeka, 785-232-0671

(*) Topeka Adult Care Center
Topeka, 785-233-7397

CANCER

American Cancer Society
Topeka, 785-273-4422 or
800-359-1025
www.cancer.org

American Cancer Society
Kansas Guest Room Program
*(Provides free or discounted
overnight accommodations to
cancer patients who have traveled
at least 50 miles from their homes
to receive treatment)*

Topeka, 785-273-4422 or
800-227-2345
www.cancer.org

American Cancer Society
Wigs
*(Provides free wigs, turbans, hats
and/or scarves to individuals who
experience hair loss related to
cancer)*

Topeka, 785-273-4422
www.cancer.org

Cotton O'Neil Cancer Center
Topeka, 785-354-5300
www.stormontvail.org

St. Francis Comprehensive Cancer
Center
Topeka, 785-295-8836

St. Francis Leukemia & Lymphoma
Support Group
785-295-8263

St. Francis Ostomy Group
785-295-7800

St. Francis Prostate Cancer Support
Group
785-295-8038

CAREGIVER RESOURCES
Alzheimer's Association
785-271-1844 or 800-272-3900
www.alz.org/kansascity

Caregiver Action Network
800-896-3650
www.caregiveraction.org

Caring Connections
*(provides people with information
and support when they are planning*

ahead, caring for a loved one, living with an illness or grieving a loss)

HelpLine - 800-658-8898
WWW.NHPCO.ORG

Eldercare Locator
800-677-1116
www.eldercare.gov

Family Caregiver Alliance
San Francisco, CA
800-445-8106
www.caregiver.org

Family Caregiver Support Program
Topeka, 785-235-1367

Grandparents as Caregivers Cash Assistance Program
1-888-369-4777
www.dcf.ks.gov

Grandparent Caregiver Support Group
Topeka, 785-286-2329

Home Instead Senior Care
Lawrence – 785-856-8181
Topeka – 785-272-6101
Fax – 785-246-5316
www.homeinstead.com/584

Jayhawk Area Agency on Aging
Topeka, 785-235-1367 or
800-798-1366
Fax 785-235-2443
www.jhawkaaa.org

Kansas City Partnership for Caregivers (KCPC)
Kansas City, 816-932-9822

Kansas Lifespan Respite Coalition

Wichita, 316-218-9363
www.ksrespite.com

Midland Care
Topeka, 785-232-2044
800-491-3691
www.midlandcare.org

National Hospice and Palliative Care Organization
Alexandria, VA
703-837-1500 or 800-646-6460
www.nhpc.org

Veterans Home Care
877-390-6377
www.veteranshomecare.com

CASE MANAGEMENT

Community Action
(Referrals and assistance with completing applications for other programs and services, such as Holiday Meal Baskets, Low-Income Energy Assistance Program, Food Assistance (“Food Stamps”), Prescription Drug Assistance, Medicare, and more)
Topeka, 785-235-9296

Jayhawk Area Agency on Aging
Topeka, 785-235-1367 or
800-798-1366
www.jhawkaaa.org

Resource Center for Independent Living (RCIL)
Topeka, 785-267-1717 or
800-580-7245
Fax 785-528-3665
www.rcilinc.org

Sheltered Living, Inc.
Topeka, 785-233-2566
www.shelteredliving.org

TARC (HCBS IDD)
Topeka, 785-232-0597 Ext. 311
Fax 785-235-8041
www.tarcinc.org

Topeka Independent Living Resource Center (TILRC)
785- 233-4572 V/TDD
785- 233-1815 TTY
www.tilrc.org

Veterans Home Care
877-390-6377
www.veteranshomecare.com

CHORE SERVICES

Elder Helpers
734-330-2734 or
www.elderhelpers.org

Girl Friday Senior Concierge Services
Holton, 785-364-6614

Home Instead Senior Care
Lawrence – 785-856-8181
Topeka – 785-272-6101
www.homeinstead.com/584

CLOTHING BANKS **(See Emergency Services)**

COMMODITIES

Harvester’s Community Food Network KC, Mo. 816-929-3220
www.harvesters.org

COMMUNITY HEALTH ORGANIZATIONS & SUPPORT GROUPS

Alzheimer’s Association
785-271-1844 or 800-272-3900
www.alz.org/kansascity

American Cancer Society
Topeka, 785-273-4422

American Heart Association
Heartland Affiliate, Inc
Topeka, 785-272-7056
www.americanheart.org

American Lung Association
of Kansas
800-LUNGUSA
www.kslung.org

Antioch Family Life Center
Topeka, 785-232-1937

Arthritis Foundation
(*Kansas Chapter*)
800-362-1108
www.arthritis.org

Centers for Disease Control
and Prevention
Atlanta, GA
800-232-4636
TTY 888-232-6348 24
www.cdc.gov

Center for Safety and
Empowerment
Support Groups & Counseling
Topeka, 785-354-7927 or
888-822-2983

Cotton O'Neil Diabetes &
Endocrinology Center
Diabetes Learning Center
Topeka, 785-368-0416
www.stormontvail.org

Community Blood Center
Topeka, 785-233-0195
www.savealifenow.org

The Compassionate Friends
(*Providing Grief Support After the
Death of a Child*)
Topeka, 785-272-4895
www.compassionatefriends.org

East Topeka Senior Center
Topeka, 785-232-7765

GraceMed
Topeka, 785-861-8800.
www.gracemedtopeka.org

Identity Theft Hotline
877-438-4338

Kansas Foundation for Medical
Care, Inc.
(*Quality Care Advocates for
Medicare Beneficiaries only*)
Topeka, 785-273-2552 or
800-432-0407

Kansas Rehabilitation Hospital
Home Referral Program
Phone interview
785-232-8524
Fax 785-232-8556

Leukemia - Lymphoma Society
316-266-4050
www.lls.org

Martin de Porres Dental Clinic
Topeka, 785-233-2800
www.marianclinic.org

Meadowlark New Voice Club
C/o Topeka Ear, Nose and Throat
785-233-0500

Midland Care
Topeka, 785-232-2044
800-491-3691

www.midlandcare.org

National Alliance for
Hispanic Health
Washington, D.C.
202-387-5000
www.hispanichealth.org

National Multiple Sclerosis Society
Branch
Topeka, 785-272-5292 or
800-344-4867
www.nationalmssociety.org
NE Kansas Parkinson Association
Topeka, 785-478-9045

Office of Civil Rights
800-368-1019
www.dhhs.gov/ocr

Oncology Support Group
785-295-7800

Osteoporosis Helpline
800-624-2663
TTY: 202-466-4315
www.niams.nih.gov

Ostomy Support Group
785-273-4422

Parkinson's Foundation
800-327-4545

Positive Connections
Topeka, 785-232-3100
www.pcneks.org

Shawnee Regional Prevention
& Recovery Services
Topeka, 785-266-8666
www.parstopoka.com

Stormont Vail HealthWise

Topeka, 785-354-6787
www.stormontvail.org

Topeka Senior Living
Topeka, 785-640-2685
www.topekaseniorliving.com

Valeo Behavioral Health Care
Topeka, 785-233-1730
Crisis Line: 785-234-3300
www.valeotopeka.org

Women's Recovery Center
Topeka, 785-233-5885

COMPANIONSHIP SERVICES

A Helping Hand Home Care
Lawrence, 785-856-0192
www.ahelpinghandhc.com

Advocare
Wamego, 785-456-8910 or
800-767-8718
www.advocarehomecare.com

Angels At Home Care
Topeka, 271-4376
www.angelsathomecareks.com

Benefits of Home
Lawrence, 785-727-1816
www.benefitsofhome.com

Caregivers Home Health
Topeka, 785-354-0767

Grace Home Care
Topeka, 785-286-2273

Graceful Home Healthcare
Lawrence, 785-424-2785
www.gracefulhealthcare.com

Heart 2 Heart In Home Care

Lawrence, 785-764-9946
www.heart2heartkansas.com

Home Instead Senior Care
Lawrence – 785-856-8181
Topeka – 785-272-6101
www.homeinstead.com/584

Home Town Health Care
Topeka, 888-387-1160
Email:
info@hometownhealthcare.net

Interim HealthCare
Topeka, 785-272-1616
www.interimhealthcare.com

Midland Care
Topeka, 785-232-2044
www.midlandcareconnection.org

Professional Comfort Care
Lawrence, 785-832-8260

Professional Sitters Home Health
Lawrence, 785-842-3301
www.prosittershomehealth.com

Visiting Angels
Topeka, 785-284-5500

CONSUMER RESOURCES CIVIC/PROTECTION/ SERVICE ORGANIZATIONS

AARP Kansas Office
Topeka, 866-448-3619
Fax 785-232-8259
City Offices:
Auburn, 785-256-2426
Rossville, 785-584-6155
Silver Lake, 785-582-4280
Topeka, 785-368-3754
www.topeka.org

Federal Citizen Information Center
(FCIC)

*(answers to questions about
consumer problems and
government services)*

www.publications.usa.gov

Consumer Protection
Judicial Center

www.ftc.gov/ftc/consumer.htm

Driver's License Exam Station
(Open Tues – Friday)

Topeka, 785-266-7380,
(See Also AARP)

Federal Trade Commission
Identity Theft Complaints
877-438-4338

www.ftc.gov

Greater Topeka Chamber of
Commerce

Topeka, 785-234-2644

www.topekachamber.org

Housing and Consumer
Credit Counseling

Topeka, 785-234-0217

www.hcci-ks.org

Kansas Attorney General Topeka,
Topeka, 785-296-2215

Or 888-428-8436

Fax: 785-296-6296

www.ag.ks.gov

KDHE Department of Vital
Statistics *(Birth, Death, Marriage
Records)*

Topeka, 785-296-1400

www.kdheks.gov/vital

Kansas Department of Revenue
Taxpayer assistance

Topeka, 785-368-8222
Kansas taxpayer advocate
316-352-7506

League of Women
Voters of Kansas
Topeka, 785-234-5152

Medicare Fraud/Abuse
*(You may be eligible for a reward
of up to \$1,000)*
1-800-MEDICARE
TTY/TDD 800-633-4227

National DO NOT CALL Registry
888-382-1222
www.donotcall.gov

Safe Streets/Safe Solutions
Community Dispute
Resolution Service
Topeka, 785-266-4606
Fax 785-266-3833

The Senior Citizens League –
*(Protecting and Defending Benefits
for Seniors)*
800-333-8725
www.seniorsleague.org
United Way of Greater Topeka
Topeka, 785-273-4804

Voter Registration
Shawnee County
Election Office
Topeka, 785-266-0285

MAILING LISTS:
**(Call either of the next two
listings to request your name be
removed from all mailing lists.)**

Mail Preference Service -
Direct Marketing Association

Farmingdale, NY
212-768-7277
www.dmaconsumers.org

Donnelly Marketing – Info Group
Data Base Operations
Ames, IA
888-633-4402

**CONTINUING CARE
RETIREMENT COMMUNITY**

Aldersgate Village
Topeka, 785-478-9440
www.aldersgatevillage.org

Brewster Place
Retirement Center
Topeka, 785-267-1666
www.brewsterplace.org

Lexington Park
Topeka, 785-440-0400 or 785-440-
0399

McCrite Plaza
Retirement Center
Topeka, 785-267-2960

Topeka Presbyterian Manor
Topeka, 785-272-6510
Fax 785-272-5728
www.topekapresbyterianmanor.org

**DEAF & HARD OF HEARING
RESOURCES**

Audient *(Hearing aid help for low
income people nationwide)*
866-956-5400
<http://audientalliance.org/>

CaptionCall
Kansas, 877-557-2227

Hearing Aid Center
Topeka, 785-272-0011
www.hearingaidcenter.com

Hearing Aid Help-line
800-521-5247

Kaw Valley Hearing
Topeka, 785-350-2115
www.kawvalleyhearing.com

Starkey Hearing Foundation
Hear Now Program
800-328-8602
Email:
hearnow@starkeyfoundation.org
www.starkeyhearingfoundation.org

KATCO - Kansas Assistive
Technology Cooperative
*(Reduced Interest Financing and
flexible term financing)*
Emporia, 866-465-2826
Fax 620-342-6400
www.katco.net

KS Commission for the Deaf and
Hard of Hearing (KCDHH)
Topeka, 785-368-8034 or 800-432-
0698 (voice/TTY)
<http://www.dcf.ks.gov>

Kansas Relay Service, Inc
Lawrence, TTY: 800-766-3777

Kansas State University
Speech and Hearing Center
Manhattan, 785-532-6879
*(Assistance in purchase of Hearing
aids)*

www.ksu.edu

Kansas Telecommunications
Access Program –TAP
*Resource Center for Independent
Living (RCIL)*
Topeka, 785-267-1717
www.kansastap.org

University of Kansas Speech
Language and Hearing Clinic
Lawrence, 785-864-4690
TTY 785-864-5094

DENTAL ASSISTANCE

Affordable Dentures
Topeka, 785- 693-2611

Central Dental Center
Wichita, 316-945-9845
(Dentures: \$345 both upper &
lower plates)

Dental Lifeline Network
Topeka, 785.273.1900
www.dentallifeline.org/kansas

Douglas County Dental Clinic
Lawrence, 785-312-7770

Flint Hills-Emporia Clinic
Emporia, 620-342-4864
www.flinthillshealth.org

Johnson Community College
Dental Hygiene Program
Overland Park
913-469-3808, Ext. 1
(\$10 services – x-rays, cleaning,
preventative and referrals only)

Kansas Mission of Mercy
www.ksdentalfoundation.org

University of Missouri -

Kansas City
School of Dentistry
Kansas City, MO 816-235-2111
www.umkc.edu

Marian Clinic Dental
Topeka, 785-233-2800
www.marianclinic.org

DISABILITY RESOURCES

Aging and Disability Resource
Center (ADRC)
Toll Free 855-200-2372

Americans with Disabilities Act
800-514-0301 or
800-514-0383 TTY
www.ada.gov

Craig HomeCare
Topeka, 785-232-8221
866.924.1300

Department for Children and
Families (DCF)
Topeka, 785-296-2500
TTY 785-296-4026

Disability Determination Services
Topeka, 785-267-4440

Disability Rights Center of Kansas
Topeka, 785-273-9661 or
877-776-1541
TDD 877-335-3725
www.drckansas.org

Families Together
*(parent training and information
center serving families that include
a son/daughter with a disability
from birth to age 22)*
Topeka, 785-233-4777 or

800-264-6343
www.familestogetherinc.org

Jobs for Veterans Program
Topeka, 785-235-5627

Kansas CDDO Coalition
Email: info@ksddcoalition.com
www.ksddcoalition.com

Kansas Human Rights Commission
(KHRC)
Topeka, 785-296-3206 or
888-793-6874
www.khrc.net

Kansas Legal Services/Employment
Training
Topeka, 785-232-5348 or
877-298-2675

Kansas Money Follows the Person
*(helps individuals currently living
in institution settings to choose to
transition into community base
services)*
Topeka, 785-296-7744

Kansas Telecommunications
Access Program –TAP
*Resource Center for Independent
Living (RCIL)*
Topeka, 785-267-1717
www.kansastap.org

Kansas Long Term Care
Ombudsman
*(Institutional concerns or questions
about resident's rights, transfer and
discharge rights or other care
issues)*
Topeka, 785-296-2962 or
877-662-8362
www.kansasombudsmanksgov.com

Resource Center for Independent Living (RCIL)
Topeka, 785-267-1717 or
800-580-7245
Fax 785-528-3665
www.rcilinc.org

Self-Advocate Coalition of Kansas
(purpose of self-advocate groups are to provide leadership experience and community involvement opportunities and to support the inclusion of people with DD in the community)
Lawrence, 785-749-5588 or
888-354-7225

Shawnee County Community Developmental Disability Organization
Topeka, 785-232-5083
Fax, 785-235-8041

Shawnee Regional Prevention and Recovery Services
Topeka, 785-266-8666
www.parstopeka.com

Sheltered Living, Inc.
Topeka, 785-233-2566
www.shelteredliving.org

Social Security Office
Topeka, 888-327-1271
www.ssa.gov

TARC, Inc
Topeka, 785-232-0597

Ticket to Work
(answer questions about work incentives for SS beneficiaries)
Topeka, 888-327-1271

Topeka Independent Living Resource Center (TILRC)
785- 233-4572 V/TDD
785- 233-1815 TTY
Fax 785- 233-1561
www.tilrc.org

United Cerebral Palsy of Kansas
(Financial aid toward purchase of assistive technology, Housing, job placement and employment through cooperative agreements)
Topeka, 785-266-2266

Valeo Behavioral Health Care
Topeka, 785-233-1730
Crisis Line: 785-234-3300
www.valeotopeka.org

Vocational Rehabilitation
Topeka, 785-296-1348

Work Opportunities Reward Kansas (WORK) Program
Topeka, 785- 296-8009
Workforce Center
Topeka, 785-235-5627
www.workforcecenters.com/topeka

Working Healthy
Earl Williams
Topeka, 785-296-5136
EWilliams@kdheks.gov

DRIVING COURSE AND DRIVING INFORMATION

Alzheimer's Association
785-271-1844 or 800-272-3900
www.alz.org/kansascity

Bill Kennedy's Driver Education Schools
Senior Driving Evaluation Program

Topeka, 785-272-1961 or
800-557-7357
Fax 785-271-2409
www.kennedydrivered.com

Driver's License Exam Station
Topeka, 785-266-7380

Stormont Vail HealthWise
Topeka, 785-354-5225
www.stormontvail.org

Kansas AARP Office
Topeka, 866-448-3619
(Can assist with driving assessment)

DRIVER'S LICENSE/ID CARDS

Driver's License Exam Station
Topeka, Kansas
785-266-7380

DURABLE POWER OF ATTORNEY **(See Legal Services)**

EDUCATION & LITERACY

City of Topeka Senior Adult Programs
(Classes in exercise, dance, bridge – Sr. Olympics Sponsor)
Topeka, 785-368-3798
Fax 785-368-2542
www.topeka.org

Community Action
Topeka, 785-235-9296
(English as a second language, GED, United States Citizenship and/or Personal Computer Classes)

Educational Opportunity Center
Topeka, 785-272-5828

Kansas State Library
Hotline: 800-432-3919
Fax 785-296-6650
*(Free online tutoring,
Heritage Quest)*
www.kslib.info

Let's Help, Inc.
Topeka, 785-234-6208
*(Classes in literacy, OKEP,
computer, internet, Word, Excel
and Power Point programs)*
www.letshelpinc.org

Topeka Rescue Mission
Topeka, 785-354-1744
Fax 785-354-8661
www.trmonline.org

Topeka/Shawnee County
Public Library
Topeka, 785-580-4530
Fax 785-580-4496
(Computer classes, live help)
www.tscpl.org

Topeka Literacy Council
Topeka, 785-234-2806

Higher Education

Baker University School of Nursing
Topeka, 785-354-5850

Bryan University
Topeka, 785-272-0889

Friends University
Topeka, 785-272-9595

Rasmussen College
Topeka, 785-228-7320

Washburn Institute of Technology
Topeka, 785-273-7140

Washburn University-
Topeka, 785-670-1010

**EMERGENCY SERVICES
(Could include: food,
prescriptions, rent assistance,
utilities)**

American Red Cross
Topeka, 785-234-0568
www.thinkred.org

Antioch Family Life Center
Topeka, 785-232-1937

Catholic Charities
Topeka, 785-233-6300

Community Action
Topeka, 785-235-9296

Doorstep Inc.
Topeka, 785-357-5341
www.doorsteptopeka.org

Fellowship & Faith Ministries Inc.
Topeka, 785-354-7262
*Hours: Tuesday, Wednesday and
Thursday– 8:30a.m.-3:30 p.m.*

Let's Help, Inc.
Topeka, 785-234-6208
www.letshelpinc.org

Kansas Domestic Violence &
Sexual Assault Crises Hotline
888-363-2287

Kansas Housing Hotline
800-752-4422

Low Income Energy Assistance
Program (LIEAP)
Apply through Department for
Children and Families
(January – March)
Topeka, 785-296-2649 or
800-432-0043

Salvation Army
Topeka, 785-233-9648
www.topeka.salvationarmy.us

Topeka North Outreach, Inc.
*(Emergency assistance to the
needy, including limited financial
help in paying rent, utility bills and
prescriptions. Provide food
baskets, hygiene packs and basic
essentials such as laundry soap and
paper goods)*
Topeka, 785-286-1370
www.topekanorthoutreach.org

Topeka Rescue Mission
Topeka, 785-354-1744
Fax 785-354-8661
www.trmonline.org

Valeo Behavioral Health Care
Topeka, 785-233-1730
Crisis Line: 785-234-3300
www.valeotopeka.org

EMPLOYMENT ASSISTANCE

Cascade Health Services
Topeka, 785-228-9922
Fax 785-228-9974
www.cascadestaff.com

Cornerstone of Topeka
*(Provides housing and education to
interrupt the cycle of homelessness
and promote self-sufficiency.
Employment enhancement,*

budgeting, parenting, etc. skills are the primary educational classes)

Topeka, 785-232-1650

www.cornerstoneoftopeka.org

Economic & Employment Services
(program offers employment services and support services to low-income families)

Topeka, 785-295-2600

www.dcf.ks.gov

Educational Opportunity Center

Topeka, 785-272-5828

Heartland Works, Inc.

Topeka, 785-235-5627

www.heartlandworks.org

Kansas Seniors Achieving Independent Living (Kan-SAIL)
(Provides the vision-impaired with skills for independent living)

Topeka, 888-369-4777

Kansas State Library
(assist individuals with employment opportunities)

Topeka, 800-432-3919

www.kslib.info

Key Staffing

Topeka, 785-272-9999

www.keystaffing.com

National Indian Council On Aging (NICOA)

Albuquerque, NM

505-292-2001

www.nicoa.org

Older Kansans Employment Program (OKEP)

Let's Help, Inc.

Topeka, 785-234-6208

Fax 785-354-7145

Project C.A.R.E.

Topeka, 785-422-0761

www.ibsa-inc.org

Senior Community Services Employment Program

Topeka, 785-291-3280

Judy Kennedy

Sheltered Living, Inc.

(Emphasis is placed on daily living skills, social skills, leisure, communications, community employment and job training)

Topeka, 785-233-2566

TARC Industries

(provides employment opportunities and work related experiences for persons with developmental disabilities)

Topeka, 785-232-0597

Topeka Foster Grandparents Program

Topeka, 785-296-5474

Topeka Rescue Mission

Topeka, 785-354-1744

Fax 785-354-8661

www.trmonline.org

Topeka Workforce Center

Topeka, 785-235-5627

Valeo Behavioral Health Care Services for Employment Success

Topeka, 785-357-0580

www.valeotopeka.org

Vocational Rehabilitation Services
(Individuals who have a disability which impacts their ability to get or keep a job may want to apply for vocational rehabilitation services)

Topeka, 785-295-2600

www.dcf.ks.gov

Zack Group- Topeka

Topeka, 785-318-6888

www.zackgroup.net

ERRAND SERVICE

A Helping Hand Home Care

Lawrence, 785-856-0192

www.ahelpinghandhc.com

Angel Wings Companion Care

Topeka, 785-829-1431

Angels At Home Care

Topeka, 785-271-4376

www.angelsathomecareks.com

Caregivers Home Health

Topeka, 785-354-0767

Comfort Keepers

Topeka, 785-267-8200

www.comfortkeepers.com

topeka-328.comfortkeepers.com

Heart 2 Heart In Home Care

Lawrence, 785-764-9946

www.heart2heartkansas.com

Home Instead Senior Care

Lawrence – 785-856-8181

Topeka – 785-272-6101

Fax – 785-246-5316

www.homeinstead.com/584

Home Town Health Care

Topeka, 888-387-1160
Email:
info@hometownhealthcare.net

Interim HealthCare
Topeka, 785-272-1616
www.interimhealthcare.com

Professional Comfort Care
Lawrence, 785-832-8260

Professional Sitters Home Health
Lawrence, 785-842-3301
www.prosittershomehealth.com

Visiting Angels
Topeka, 785-284-5500

FARM & RURAL ASSISTANCE

Kansas Agricultural
Mediation Services
(*Confidential assistance for KS
Farmers, ranchers and lenders*)
800-321-3276
Fax 785-532-6532
www.ksre.ksu.edu/kams

K-State University KS Rural
Family Helpline
Manhattan, 866-327-6578
1-800-321-3276
Fax 785-532-2036

USDA Farm Service Agency
Topeka, 785-266-9053
Fax 785-266-8293
www.fsa.usda.gov

USDA Rural Development, State
Admin. Office
Topeka, 785-271-2700
www.rurdev.usda.gov/ks

FINANCIAL ASSISTANCE & INFORMATION

Department for Children and
Families (Department for Children
and Families) –Medicaid, food &
cash assistance, work programs
Topeka Area Office
500 SW Van Buren
Topeka, KS 66603
785-296-2500
TTY/TDD: 785-296-4026
Fax: 785-296-5666

Housing and Credit
Counseling, Inc.
Topeka, 785-234-0217
Fax 785-234-0237
www.hcci-ks.org

Kansas Department of Revenue
Taxpayer assistance
785-368-8222
Kansas taxpayer advocate
316-352-7506

Low Income Energy Assistance
Program (LIEAP)
Apply through Department for
Children and Families
Topeka, 800-432-0043

Midwest Tax & Financial, Inc
Topeka, 785-232-6923

Social Security
Topeka, 888-327-1271
www.socialsecurity.gov

USDA Rural Development
State Administrative Offices
(*Rural home loans*)
Topeka, 785-271-2730
Fax 785-271-2708
www.rurdev.usda.gov/ks/

FITNESS/EXERCISE CLASSES

SERC Fitness Center
785-246-2300

The Yoga Room
(Senior discounts)
785-286-6975
www.theyogaroomtopeka.com

Tai Chi for Health
785-267-3059

FOOD BANKS/PANTRIES/ GROCERY ASSISTANCE

***list updates every 3 months,
please call JAAA for an updated
list at 785-235-1367**

****CLIENT TRACK Agencies; If
you receive food from any one of
these agencies there will be a 60
day waiting period until you can
return to that same agency or any
of the other Client Track agencies
for food assistance.**

Exception – Agency Discretion

**Most Agencies/Food Pantries will
ask for *Picture ID's, Social
Security Cards and Proof of
address.**

Antioch Family Life Center (Client
Track) 1921 SE Indiana
Topeka, 785-232-1937
Monday 10am-12pm
Thursday 12pm-2pm.
Clothing Bank also opens during
these times.

Catholic Charities of NE Ks.
(*Client Track*) 234 S Kansas Ave

Topeka, 785-233-6300
Mon, Tues, Thurs, Fri- 10am-2pm

Doorstep, Inc. (*Client Track*)
1119 SW 10th St
Topeka, 785-357-5341
Tues-Fri- 9am-1:45pm (clothing)
Mon-Fri- 9am- 1:45pm (food)

Fellowship & Faith Ministry
(*Client Track*) 703 SE Lime St
Topeka, 785-354-7262
Tues-Fri- 9am-12pm/1pm-3pm

I-Care (*Client Track*)
2914 SE Michigan
Topeka, 785-267-5910
Mon-Fri 9am. – 11am
Tues. 5:30pm– 7:30pm

Let's Help (*Client Track*)
200 S Kansas Ave
Topeka, 785-234-6208
Mon-Thurs 9am-11am/1pm-3pm
Fri 9am-11am (food and clothing)

Salvation Army (*Client Track*)
1320 SE 6th Ave
Topeka, 785-233-9648
Pantry- Tues & Thurs 9am-
11:30am/1pm-4pm
Clothing-2nd Sat 10am-12pm

Topeka North Outreach (*Client
Track*)
(*North Topeka and Oakland
residents only-(Emergency
assistance to the needy, including
limited financial help in paying
rent, utility bills and prescriptions.
Provide food baskets, hygiene
packs and basic essentials such as
laundry soap and paper goods)*)
Topeka, 785-286-1370

Topeka Rescue Mission (*Client
Track*) 401 NW Harris
Food boxes & Household items
Tues & Thurs 9am-3pm
Topeka, 785-357-4285

Bible Church of God Seventh Day
2633 SE Ohio
4th Saturday 1:30pm-3:00pm

East Topeka Senior Center
Harvesters Commodity Distribution
432 SE Norwood St
Topeka, 785- 232-7765
(*Must submit application & be
approved*)
Mon–Fri 10am-11:30am

Elwanda's Food Pantry
New Hope United Methodist
Church
2915 SW 8th Ave
Topeka, 785-233-0166
3rd Thursday of the month
12:00pm – 2:00pm

Family of God Church- Randel
Ministries
1231 NW Eugene St
Topeka, 785-234-1111
Tuesday & Thursday
10:30am to 2:00pm
1 visit every thirty days

God's Storehouse of Topeka
2111 SW Chelsea
Topeka, 785-608-6743
Please call the hotline only for
weekly updates by 1:00 p.m.
Thursdays -888-359-9072

Highland Crest HOPE Food Pantry

3225 SE Adams (use rear door)
Topeka, 785-266-5537
3rd Sunday 12:00 pm – 2:00 pm
3rd Wednesday 6:00 pm -7:00 pm
4th Wednesday 6:00pm - 7:00 pm
Annual application
One visit per month.

Highland Park High School Food
Pantry
Fred Willer 785-274-6026
Available to all HPHS students &
families or by referral from school
counselor or social worker of USD
501 schools

Hope House
Oakland Church of the Nazarene
939 NE Oakland
Topeka, 785-232-0142 (john)
Sunday 12:30pm – 1:00pm

Inward Faith Outreach Ministries
625 SW Polk St
Topeka, 785-234-2332
4th Friday 12:00 p.m. - 4:00 p.m.

Lulac Senior Center
1502 N Seward Ave
Topeka, 785-234-5809
Commodoty Distribution
2nd week of month 10am-12pm
*Must fill out application, need proof
of income and applicant must sign
for the distribution*

New Hope Baptist Church - Food
Pantry, 404 SW Polk
Topeka, 785-220-1123
1st & 3rd Saturdays 9 am – 12 pm
2nd and 4th Monday's 9 am - 12 pm
May go twice per month

Open Arms Outreach Ministries:
House of Lazarus food pantry
1812 SW Van Buren
4th Saturday 11:00am 3:00pm

Prairie Land Food Bank
7215 SW Topeka Blvd #3
Topeka, 785-862-1919
Tues 9:00am – 11:00am
Once every 60 days

Prairie Land Foods
Topeka, 785-845-7222
Offers monthly food packages at a
discounted price
www.prairielandfood.com

St. Matthew Church
2800 SE Maryland
Food limited to supply on hand
Wednesdays 9:00 am to 10:00 am

Temple of Deliverance Church
Bethesda Food Bank
520 SE Norwood St
3rd & 4th Saturday's 10am-12:00 pm

MOBILE FOOD PANTRIES

1st Mon- 2:00pm-3:00pm
First Christian Church,
1880 SW Gage Blvd. 785-272-4290

1st Monday of the month
4:30 p.m. – 6:30 p.m. or until food
runs out.

Oakland United Methodist Church,
801 SE Chester, 633-0273

1st Thursday of the month, 9:30am
until the food runs out, 272-9009
Town & Country Christian Church
- Location: Kansas Neurological
Institute, 3107 SW 21st St,

2nd Tuesday of the month, 9:00am
until the food runs out, 215-0205
Central Topeka Turnaround Team -
Location: Kansas Expo Centre, 1
Expocentre Drive

2nd Saturday of the month, 9:00am-
10:00am
Jardine Middle School – 2600 SW
33rd St. 274-6330

3rd Friday of every month,
3:00pm-4:00pm
Community Resources Council,
455 SE Golf Park Blvd. 233-1365

3rd Saturday of the month,
9:00am until food runs out.
No distribution (November -
March)
Inward Faith Ministries –
625 Polk 230-9764

3rd Saturday of the month,
11:00am until food runs out.
785-266-5688
Eastside Church of God in Christ –
2724 SE 10th, just north of Pine
Ridge Community Ctr.

4th Monday of the month,
1:00pm-2:00pm or until food runs
out.
The Salvation Army,
1320 SE 6th St. 233-9648

4th Tuesday of the month, 9am
until food runs out
No distribution (December –
March)
RMI, Randel Ministries Inc. - 1231
NW Eugene 234-1111

4th Friday of the month, 9:00am–
10:00am
Capitol City School – Hummer
Park Football Field – East Parking
Lot, 500 SW Tuffy Kellogg Dr.

4th Saturday of the month,
9:00am– 11:00am
Distributes every other month
beginning in January
Topeka First Free Methodist
Church – 3450 SE Indiana
785-266-66104

4th Saturday of the month,
11:00am– 12:00pm
No distribution (December –
February)
Antioch Family Life Center –
1921 SE Indiana 785-232-1937

Rossville: 4th Wednesday of the
month – 1:00pm - 2:00pm
(February – November) Weather
Permitting!
Rossville – Community Action
Citizen Potawatomi Nation, 806
Nishnabe Trail, Rossville, KS

Auburn: 4th Friday of every
month – 12:30pm- 1:30pm.
(February – November) Weather
Permitting!
Auburn – Community Action
Auburn Community Center,
121 W. 11th, Auburn, KS

***OTHER RESOURCES & TOOLS**
Corita's Corner Sandwich Ministry,
234 S. Kansas
Walk up window located in the east
side of the building (back of
building)

Sack Lunch Mon– Thurs 9:00am - 2:00pm/Fri 9:00am-12:30pm

Grace Episcopal Cathedral,
701 SW 8th Avenue
Every Saturday, distribute sack lunches 8:30am - 11:30am

Harvesters Customer Care:
(877) 653-9519
www.harvesters.org Click on “Get Help” link & use the agency locator tool to find programs in your area.

United Way help line 2-1-1,
(888) 413-4327

SNAP (food stamps) Hotline – Harvesters can assist with eligibility, & application questions. Contact the SNAP Outreach Team, (toll free, (877) 653-9522) or snap@harvesters.org for more info & to start an application.

FOOT CARE
(See Also Community Health Organizations)

Cheryl West
785-221-4619
Nurse Practitioner
Will do home visits \$20

Dr. Gaston Mobile Podiatrist
Lawrence, 785-766-2322
lgaston@sunflower.com

East Topeka Senior Center
(Mon- Fri 9am- 2pm)
Topeka, 785-232-7765

Neat Feet – Dan Byl, RN
(Homebound toe nail trimming.)
Topeka, 785-357-1979 or

CELL 785 220 3039

FRIENDLY VISITOR

Friendly Visitors Program & Ring a Day
Topeka, 785-233-6300
Fax 785-233-7234
www.catholiccharitiesks.org

GRIEF AND LOSS

(See Also Hospice)
Compassionate Friends, Inc
(For loss of child only)
785-272-4895

Midland Care
Topeka, 785-232-2044
800-491-3691
www.midlandcareconnections.org

Widowed Persons Service (*Social and Support*)
785-357-7290 (*call Julie Steel*)

HEALTH SCREENINGS (See Community Health Services)

HEARING ASSISTANCE (See Deaf and Hard of Hearing)

HOME HEALTH
(*Skilled Nursing & Therapies, Disease Management & Specialty programs*)

(*) Licensed by State of Kansas
A Helping Hand Home Care
Lawrence, 785-856-0192
www.ahelpinghandhc.com

(*) Advantaged Home Care, Inc.
Topeka, 785-267-4433
Fax 785-273-1744

Advocare
Wamego, 800-767-8718
Fax 785-456-8943
www.advocarehomecare.com

Angels At Home Care
Topeka, 785-271-4376
www.angelsathomecareks.com

Angels Care Home Health
Topeka, 785-233-1100
www.angelscarehealth.com

Best Choice Home Health Care
Topeka, 913-287-3500

(*)Caregivers Home Health
Topeka, 785-354-0767

Comfort Keepers
Topeka, 785-267-8200
www.comfortkeepers.com
topeka-328.comfortkeepers.com

Encompass Home Health Care
Topeka, 785-232-8593
www.ehhi.com

Graceful Home Healthcare
Lawrence, 785-424-2785
www.gracefulhealthcare.com

Home Instead Senior Care
Lawrence – 785-856-8181
Topeka – 785-272-6101
Fax – 785-246-5316
www.homeinstead.com/584

Home Town Health Care
Topeka, 888-387-1160
Email:
info@hometownhealthcare.net

Interim HealthCare, Inc

Topeka, 785-272-1616
www.interimhealthcare.com

Integrity Home Care
Leawood, 888-793-1795
www.integrityhc.com

(* Midland Care
Topeka, 785-232-2044
800-491-3691
www.midlandcare.org

Professional Comfort Care
Lawrence, 785-832-8260

Professional Sitters Home Health
Lawrence, 785-842-3301
www.prosittershomehealth.com

St. Francis Home Health
Topeka, 785-295-8240 or
785-295-8000
www.stfrancistopeka.org

Veterans Home Care
877-390-6377
www.veteranshomecare.com

HOME ORGANIZATION/ DOWNSIZING

Appraisal & Estate Services
Topeka, 785-230-9664
hothks@yahoo.com

Caring Transitions in the Heartland
Kansas, 913-488-6397
caringtransitionsheartland.com

Girl Friday Senior Concierge
Services
Holton, 785-364-6614

Life Transitions Organizing
(Downsizing for transition)

Lawrence, 785-865-3722

Safe Haven Senior Transitions
Topeka, 785-438-9422
Total Home Prep & Transitions
Topeka, 785-224-9814
www.totalhomeprepks.com

HOME PLUS
Hillsdale Place
Topeka, 785-383-7094
Oakley Place of Rossville
Rossville, 785-221-7740

Oakley Place of Topeka
Topeka, 785-232-6000

Prairie Wind Senior Living
Berryton, 785-862-5318

Tammy The Pro Home Plus
Topeka, 785-383-7094

Topeka Adult Care Center
Topeka, 785-233-7397
Fax 785-233-7397

Winter Meadow Homes Inc.
Topeka, 785-234-2989 or
785-383-4531
www.wintermeadowhomesinc.com

HOME REPAIR, EMERGENCY REPAIR AND ACCESSIBILITY

Brewster Connect
785-274-3303
(Requires membership)
www.brewsterconnect.org

City of Topeka Housing
& Neighborhood Development
Topeka, 785-368-3711
www.topeka.org

Christmas in Action
Topeka, 785-272-0749

Community Action
Topeka, 785-235-9296

Home For Good
Blue Springs, MO 816-295-1117
www.homeforgoodkc.com

Kansas Housing Resources
Corporation
Topeka, 785-296-5865
Fax 785-296-8985
www.kshousingcorp.org

Michaels Resurfacing
Topeka, 785- 215-6215
www.michaelsresurfacing.com

Topeka ReBath
Topeka, 785-266-9800

USDA Rural Development
State Administrative Offices
Topeka, 785-271-2730
Fax 785-271-2708
www.rurdev.usda.gov/ks

HOSPICE

Avalon Hospice
Topeka, 785-246-6520
www.avalon-hospice.com

Catholic Community Hospice
Topeka, 785-357-5107
Fax 785-233-7234
www.catholiccharitiesks.org

Great Lakes Caring
Topeka, 866-878-4611
www.greatlakescaring.com

Heartland Hospice
Topeka, 785-271-6500
www.hcr-manorcare.com

Kansas Hospice Care
Topeka, 785-746-4400

Kansas Palliative Care
Topeka, (785) 260-3369

Midland Care
Topeka, 785-232-2044
800-491-3691
www.midlandcare.org

St. Croix Hospice
Hiawatha, 785-742-3823
www.stcroixhospice.com

HOSPITALS AND REHABILITATION CENTERS

Advance Rehabilitation, LLC
Topeka, 785-232-9805
advancerehabilitationks.com

Aldersgate Village Recovery
Center
Topeka, 785-478-9500
www.aldersgatevillage.org

Colmery-O'Neil
VA Medical Center
Topeka, 785-350-3111
Eligibility Clerk: 785-350-4408
www.va.gov

Freedom Behavioral
Topeka, 785-235-1294
www.freedomtopeka.com

Kansas Rehabilitation Hospital
Topeka, 785-235-6600
www.kansasrehab.com

Meadowbrook Rehabilitation
Hospital
Gardner, (913) 856-8747
www.meadowbrookrehab.com

Minds Matter
Overland Park, 913-789-9900
www.mindsmatterllc.com

New Dawn Wellness and Recovery
Center, Inc
Topeka, 785-266-0202
www.newdawnrecovery.org

Onaga Health and Rehab
500 Western St.
Onaga, KS
(785) 889-4227

Presbyterian Manor of Topeka
Post-Acute To Home Program
Topeka, 785-272-6510

Rebound Physical Therapy
Topeka Main Clinic, 785-271-5533
South Clinic, 785-271-5533
www.reboundphysicaltherapy.com

St. Francis Health Center
Aquatic Therapy
Physician ordered: 785-295-8045 or
After Care Fitness Class:
785-640-7520

St. Francis Hospital and Medical
Center
Topeka, 785-295-8000
www.stfrancistopeka.org

SERC Physical Therapy
Topeka, 785-246-2300
www.serctherapy.com

Shawnee Regional Prevention and
Recovery Services
Topeka, 785-266-8666
www.parstopeka.com

Stormont Vail Behavioral Health
Center
Topeka, 785-270-4646
www.stormontvail.org

Tanglewood Nursing &
Rehabilitation
Topeka, 785-338-2979

The Healthcare Resort of Topeka
Topeka, (785) 272-2124
thehealthcareresorttopeka.com

HOUSING ASSISTANCE & INFORMATION

City of Topeka
785-368-3111
Topeka Code Compliance
785-368-3161

Community Action Rental Housing
*(Provides quality, safe and
affordable housing to low-income
families)*
Topeka, 785-235-6671

Cornerstone of Topeka, Inc.
Topeka, 785-232-1650
Fax 785-232-3255

Housing and Credit
Counseling, Inc.
Topeka, 785-234-0217
Fax 785-234-0237
www.hcci-ks.org

Kansas Legal Services
Topeka, 785-354-8531
To apply for assistance:

800-723-6953
www.kansaslegalservices.org

Kansas Housing Resources
Corporation
Topeka, 785-296-5865
Fax 785-296-8985
www.kshousingcorp.org

Sheltered Living, Inc.
Topeka, 785-233-2566
www.shelteredliving.org

Topeka Housing Authority
Topeka, 785-357-8842
www.tha.gov

Topeka Rescue Mission
Topeka, 785-354-1744
Fax 785-354-8661
www.trmonline.org

USDA Rural Development
State Administrative Offices
(*Rural home loans also*)
Topeka, 785-271-2700
www.rurdev.usda.gov/ks

IN HOME SERVICES

A Helping Hand Home Care
Lawrence, 785-856-0192
www.ahelpinghandhc.com

Advantaged Home Care, Inc.
Topeka, 785-267-4433
Fax 785-273-1744

Advocare
Wamego, 800-767-8718
Fax 785-456-8943
www.advocarehomecare.com

Angels At Home Care
Topeka, 785-271-4376

www.angelsathomecareks.com

Benefits of Home
Lawrence, 785-727-1816
www.benefitsofhome.com

Best Choice Home Health Care
Topeka, 913-287-3500

Brewster Connect
Topeka, 785-274-3303
(*Requires membership*)
www.brewsterconnect.org

Caregivers Home Health
Topeka, 785-354-0767

Caring Angels
Topeka, 785-554-0179 or
785-608-8067

Comfort Keepers
Topeka, 785-267-8200
www.comfortkeepers.com
topeka-328.comfortkeepers.com

Craig HomeCare
Topeka, 785-232-8221
866.924.1300

Girl Friday Senior Concierge
Services
Holton, 785-364-6614

Grace Home Care
Topeka, 785-286-2273
www.gracehomecare.com

Graceful Home Healthcare
Lawrence, 785-424-2785
www.gracefulhealthcare.com

Heart 2 Heart In Home Care
Lawrence, 785-764-9946
www.heart2heartkansas.com

Home Instead Senior Care
Lawrence – 785-856-8181
Topeka – 785-272-6101
Fax – 785-246-5316
www.homeinstead.com/584

Home Town Health Care
Topeka, 888-387-1160
Email:
info@hometownhealthcare.net

Integrity Home Care
Leawood, 888-793-1795
www.integrityhc.com

Interim HealthCare
Topeka, 785-272-1616
www.interimhealthcare.com

Jayhawk Area Agency on Aging
(*For more information*)
Topeka, 785-235-1367 or
800-798-1366
Fax 785-235-2443
www.jhawkaaa.org

Midland Care
Topeka, 785-232-2044
800-491-3691
www.midlandcareconnections.org

Professional Comfort Care
Lawrence, 785-832-8260

Professional Sitters Home Health
Lawrence, 785-842-3301
www.prosittershomehealth.com

Veterans Home Care
877-390-6377
www.veteranshomecare.com

Visiting Angels

Topeka, 785-284-5500

Windsor Place At-Home Care
Lawrence, 785-843-4800

**INFORMATION
AND ASSISTANCE**

A Place for Mom
Kansas, 913-800-8403

Alzheimer's Association
Topeka, 785-271-1844 or
800-272-3900
www.alz.org/kansascity

City of Topeka
Topeka, 785-368-3111
www.topeka.org

Community Action
Topeka, 785-235-9296

El Centro of Topeka
Topeka, 785-232-8207
www.elcentrooftopeka.org

Kansas Elder Care Locator
800-677-1116

Jayhawk Area Agency on Aging
Topeka, 785-235-1367 or
800-798-1366
Fax 785-235-2443
www.jhawkaaa.org

Kansas Department for Aging and
Disability Services
Topeka, 785-296-4986 or
800-432-3535

Parkinson's Information Service
(PINS)
800-457-6676

State of Kansas
General Information
Topeka, 785-296-0111
www.kansas.gov

Stormont Vail HealthWise
Topeka, 785-354-6787
www.stormontvail.org

Topeka/Shawnee County
Public Library
Community Information Service &
Red Carpet Service
Topeka, 785-580-4530
www.tscpl.org

United Way Information
& Referral
785-273-4804 or DIAL 2-1-1

United States Government
(General Information)
800-688-9889 or
TTY: 800-326-2996
www.usa.gov

**INSURANCE/MEDICARE/
MEDICAID**
**(Information/ Assistance/
Referral)**
Department for Children and
Families
*(Medicaid and Medicare Savings
Application)*
Topeka, 785-296-2500

Grace Med
Health Exchange Navigator
785-861-8800
www.gracemed.org

HealthWise Clinic
Topeka, 785-354-6787

HealthWise Programs
Topeka, 785-354-5225

Jayhawk Area Agency on Aging
Topeka, 785-235-1367 or
800-798-1366
Fax 785-235-2443
www.jhawkaaa.org

Kansas Foundation for
Medical Care, Inc.
*(Provides information on Medicare
beneficiary's rights. Ensures
Medicare patients receive medical
care that is necessary, appropriate
and of high quality)*
785-273-2552 or 800-432-0407

Kansas Insurance Department
Topeka, 785-296-3071 or
800-432-2484
www.ksinsurance.org

Medicare
*(For specific billing questions and
questions about your claims,
medical records, or expenses)*
800-633-4227

Hearing & Speech Impaired:
877-486-2048
www.medicare.gov

Office of the Inspector General
Fraud & Abuse Hotline:
800-447-8477
*(Call if you feel a health care
provider has fraudulently billed the
Medicare Program)*

Railroad Retirement Board
877-772-5772
www.rrb.gov

Resource Center for Independent Living
Topeka, 785-267-1717 or
800-580-7245
Fax 785-528-3665
www.rcilinc.org

Social Security Teleservice Center
(information, schedule appointments, or resolve issues with benefits)
Toll Free: 800-772-1213
Senior Health Insurance Counseling for Kansas (SHICK)
800-860-5260 or
TDD: 877-235-3151
www.kdads.ks.gov

Kansas Medical Assistance Program
(Information for Medicaid beneficiaries)
800-766-9012
www.kmap-state-ks.us

Topeka Independent Living Resource Center (TILRC)
785- 233-4572 V/TDD
785- 233-1815 TTY
Fax 785- 233-1561
www.tilrc.org

INTERPRETATION/ CULTURAL AWARENESS

El Centro of Topeka
Topeka, 785-232-8207
www.elcentrooftopeka.org

LULAC Senior Center
Topeka, 785-234-5809 or
785-233-7498
Fax 785-233-1828

Washburn International House

Topeka, 785-670-1010
Email: international@washburn.edu

LEGAL SERVICES

Disability Rights Center of Kansas
Topeka, 785-273-9661 or
877-776-1541
TDD 877-335-3725
www.drckansas.org

Kansas Elder Law Hot Line
888-353-5337

Kansas Legal Services
Topeka, 785-354-8531
To apply for assistance:
800-723-6953
www.kansaslegalservices.org

Kansas Attorney General
8a-5p, Mon - Fri
Topeka, 785-296-2215
Fax 785-296-6296

Consumer protection
800-432-2310 or
785-296-3751
Crime victims' rights
800-828-9745 or
785-291-3950
Crime victim's compensation
785-296-2359
www.ksag.org

Lawyer Referral Service
800-928-3111

Social Security
Topeka, 888-327-1271
www.socialsecurity.gov

Schoemaker Legal Services
Topeka, 785-409-1642

Washburn Law Clinic
(pre screening required – low income)
Topeka, 785-670-1191

MEAL SITES/CHAMPSS LOCATIONS

Meal sites for age 60 & over. Donations are encouraged. Noon meal with reservations the day before by 3:00 p.m. at the site or by calling 295-3980
**The spouse of an individual over 60 who accompanies them to the center or if under age 60 you must pay full price for the meal.*

East Topeka Senior Center
432 SE Norwood St

First Apartments
3805 SW 18th St.

Highland Park United Methodist Church
2914 SE Michigan Ave

LULAC Senior Center
1502 NE Seward Ave

Papan's Landing Senior Center
619 NW Paramore St

Santa Fe Place Apartments
600 SE Madison St

Tyler Towers Apartments
600 W 14th St

**The ones below are not through Meals on Wheels.*

Breakthrough House Club House
1201 SW Van Buren
Open Lunch on Monday's 11:30am
to 12:00pm

Hands of Hope Ministry,
The Moose Lodge Parking Lot,
1901 N. Kansas Ave.
Mondays, 5:30pm- 6:30 pm
Provides a hot evening meal for
those in need.

Highland Crest 7th Day Adventist
Church, 3225 SE Adams, 266-
5537.

Breakfast for children every 4th
Saturday at 9:30 a.m. & lunch for
children at 1:00 p.m.

Let's Help, 200 S. Kansas
785-234-6208
Mon-Fri Lunch 11:30am- 1:00pm
Last Saturday of the Month -
Brunch, 9:30am-10:30am

Silverbackks Silver Supper
Serving Children up to age 18,
Monday-Thursday
*Garfield Community Center,
1600 NE Quincy at 5:30pm
*Central Park Community Center,
1534 SW Clay, 5:30pm
*Hillcrest Community Center,
1800 SE 21st, at 6:00pm

Silverbackks Silver Sunday,
408 SW Jackson, free meal to any
age. Every Sunday, doors open at
11:30am. Seconds begin at 12:15 (if
possible)
Service ends at 12:30 or prior, if
food runs out.

The Salvation Army,
1320 SE 6th 233-9648,
Mon -Thurs.4:00pm - 5:00pm
Friday, sack meal, 4:00pm-5:00pm

Topeka North Outreach, North
Topeka Baptist Church,
123 NW Gordon in the basement
VIP Luncheon every Friday at 12
noon Provided Free of charge by
Topeka North Outreach.

Topeka Rescue Mission,
600 N. Kansas 354-1744

Mon-Fri Breakfast: 8:00am-8:30am
Lunch: 12:00pm - 12:30pm
Dinner: 6:00pm- 6:30pm
Saturday Brunch: 10:30am-
11:00am Dinner: 5:00pm-5:30pm
Sunday: Breakfast 8:00am-8:30 am
Dinner: 5:00pm-5:30pm

***CHAMPSS LOCATIONS**
(*CHAMPSS meal program serving
sites: CHAMPSS card required*)

Dillon's grocery store
(*Open 7 days a week, lunch and
dinner*)

The following locations:

6829 SW 29th St.
Topeka, KS 66614

800 NW 25th St.
Topeka, KS 66618

2010 SE 29th St.
Topeka, KS 66605

5311 SW 22nd Place
Topeka, KS 66614

4015 SW 10th St.
Topeka, KS 66604

Hy-Vee grocery store
(*Open 7 days a week, breakfast,
lunch, dinner*)
2951 SW Wanamaker Rd.
Topeka, KS 66614

Kanza Café
2701 SW East Circle Dr. S.
Topeka, KS
(*open 6:30AM to 1:30PM Monday-
Friday-breakfast and lunch*)

Millennium Café
(*Open 8:15-5:30 Mon.-Fri. and
8:30 -4:30 Sat.*)
Topeka/Shawnee Public Library
1515 SW 10th Ave.
Topeka, KS 66604

MEALS - HOME DELIVERED

Homestyle Direct
866-735-0921
www.homestyledirect.com

Magic Meals
Topeka, 785-554-4524
www.mealslikemagic.com

Meals on Wheels of Shawnee and
Jefferson Counties, Inc.
Topeka 785-295-3980
www.mowks.org

Mom's Meals
Topeka, 866-204-6111

Meal Sites Rural Community
(*Noon meal with reservations the
day before by 3:00 p.m. at the site
or by calling 785-295-3980*)

Auburn Community Center
1020 Washington
Auburn, KS 66402

Rossville Senior Center
429 Pearl
Rossville, KS 66608

Silver Lake Senior Center
404 East Lake
Silver Lake, KS 66539

MEDICARE (See Insurance)

**MEDICAL ALERT
DEVICES/MONITORING**

A Helping Hand Home Care
Lawrence, 785-856-0192
www.ahelpinghandhc.com

Alarm.com
877-389-4033

Brewster At Home
Topeka, 785-274-3303
www.brewsterplace.org

Caregivers Home Health
Topeka, 785-354-0767

Family Care
877-893-2140
www.familycaremedicalalarms.com

Home Buddy
Wichita, 316-262-8339 or
866-922-8339
www.HomeBuddy.org

LifeFone
White Plains, NY
800-330-5909
www.lifefone.com

Link to Life

800-848-9399
www.link-to-life.com

Rueschhoff Security Services
Lawrence, 800-279-2121

**MEDICAL EQUIPMENT
(See Assistive Technology)**

**MEDICAL SERVICES
(See Community Health Services
or Hospitals)**

MEMORY CARE FACILITIES

Aldersgate Village
Topeka, 785-478-9440
www.aldersgatevillage.org

Atria Hearthstone-Life
Guidance Neighborhood
Topeka, 785-234-6806
www.atriaseniorliving.com

Brewster Health Center
Topeka, 785-267-1666 or
785-266-5782
www.brewsterplace.org

Brookdale Topeka
(For Alzheimer/Dementia)
Topeka, 785-271-5100
Fax 785-271-8529
www.brookdale.com

Homestead of Topeka
Topeka, 785-272-2200

Legend at Capital Ridge Assisted
Living and Memory Care Topeka,
785-272-9400
www.legendseniorliving.com

(*) Peggy Kelly House 1
Topeka, 785-234-8888
Fax 785-234-0885

(*) Peggy Kelly House II
Topeka, 785-273-3773
Fax 785-271-6638

RehabCare
Rossville, 785-584-6104

MENTAL HEALTH

Advanced Behavioral Health Care,
Chartered
Topeka, 785-783-3020

Alcoholics Anonymous Hotline
Topeka, 785-235-2226
www.aatopeka.org

Family Service and
Guidance Center
Topeka, 785-232-5005
www.fsgctopeka.com

Freedom Behavioral of Topeka
785-235-1294
www.freedomtopeka.com

Geriatric Mental Health Foundation
Bethesda, MD 301-654-7850
www.gmfhonline.org

Heartland Regional Alcohol &
Drug Assessment Center
Roeland Park, KS 913-789-0951
or 800-281-0029
www.hradac.com

Heritage Mental Health Clinic
Topeka, 785-272-5566
www.heritagemhc.com

Kansas Health Solutions
Mental Health Services
Topeka, 800-466-2222
www.kansashealthsolutions.org

Keys for Networking
Topeka, 785-233-8732 or
800-499-8732
www.keys.org

Life Connections, Inc
(counseling in your own home)
Topeka, 785-213-2342

Narcotics Anonymous
24-hour Hotline: 785-232-5683
www.na.org

National Alliance on
Mental Illness (NAMI)
Topeka, 785-233-0755 or
800-539-2660
www.namiks.org

Prevention & Recovery Services
Topeka, 785-266-8666
Fax 785-266-3833
www.parstopeka.com

Rosemary Thorne, LCSW, LLC
Topeka, 785-633-0421

Stormont Vail Behavioral Health
Center
Topeka, 785-270-4646
www.stormontvail.org

Stormont Vail Senior Behavioral
Health
Topeka, 785-354-6695
www.stormontvail.org

Sunshine Connection
Topeka, 785-232-0315
Topeka Rescue Mission
Topeka, 785-354-1744
Fax 785-354-8661
www.trmonline.org

Valeo Behavioral Health Care
Topeka, 785-233-1730
Crisis Line: 785-234-3300
www.valeotopeka.org

Washburn University
Psychological Services Clinic
Topeka, 785-670-1750 or
785-670-1564

PARKINSON'S DISEASE
(See also Alzheimer's and/or
Community Health)
Parkinson's Information Line
800-327-4545
www.parkinson.org

PET CARE AND ANIMAL
CONTROL
Animal Control
City of Topeka, 785-368-9203
Shawnee County, 785-368-2200

Cat Association of Topeka
Topeka, 785-272-4735
www.topekacat.org

Comfort Keepers
Topeka, 785-267-8200
www.comfortkeepers.com
topeka-328.comfortkeepers.com

Critter Care
(Provides assistance with spaying
or neutering pets) Topeka, 785-
478-9985
www.crittercareoftopeka.com

Friends of Felines KS
Wichita, 316-778-0869

Heart 2 Heart In Home Care
Lawrence, 785-764-9946

www.heart2heartkansas.com

Helping Hands Humane Society
Topeka, 785-233-7325
www.hhhstopeka.org

PANT - Pet Assistance Network of
Topeka
(Temporary shelter for pets of
homeless or battered persons)
Topeka, 785-270-8104

Spay and Neuter Kansas City
Kansas City, MO, 816-353-0940
(helps with spaying/neutering pets,
regardless of financial means)

PRESCRIPTION DRUG
ASSISTANCE AND
RESOURCES
Canada Drug of Topeka
Topeka, 785-272-6100 or
866-804-6100

Chronic Disease Fund
(Patient must have medical
insurance coverage, been
prescribed a medication that is part
of the CDF Formulary and meet
our program income criteria)
877-968-7233
www.cdfund.org

Emergency Assistance Program of
Topeka North Outreach, Inc.
(Provides limited Financial
assistance to persons living in
North Topeka and Oakland
communities)
Topeka, 785-286-1370
www.topekanorthoutreach.org

GoodRX
www.goodrx.com

NeedyMeds
Helpline 800-503-6897
Email: info@needymeds.org
www.needymeds.org

Partnership for Prescription
Assistance
888-477-2669

Salvation Army
Topeka, 785-233-9648
www.topeka.salvationarmy.us

GraceMed
Prescription Assistance Program
Topeka, 785-861-8800

**RECREATION/
SOCIALIZATION (See also
Travel)**

Brewster Connect
785-274-3303
(Requires membership)
www.brewsterconnect.org

City of Lawrence Parks and
Recreation
785-832-7909

East Topeka Senior Center
(Mon- Fri 9am- 2pm)
Topeka, 785-232-7765

HealthWise Programs
Topeka, 785-354-5225
*(Members receive access to
community educational services,
Senior Suppers, Lunch Bunches,
workshops, driving classes, an
informative quarterly newsletter
and an information line)*

Kansas Senior Games

Topeka, 785-235-2295
LULAC Senior Center
Topeka, 785-234-5809
Fax 785-233-1828

League of Women Voters
Topeka, (785) 234-5152
www.lwvk.org (web)
1wv.kansas@gmail.com

Papan's Landing Senior Center
Topeka, 785-232-1968
Fax 785-232-1968

Rossville Senior Center
Rossville, 785-584-6364

Shawnee County North Community
Center
Topeka, 785-286-0676
Fax 785-246-0804

Shepard's Center of Topeka
Topeka, KS 785-249-3258
www.shepardscentertopeka.org

Silver Lake Senior Center
Silver Lake, 785-582-5371

Topeka Civic Theatre and
Academy, Inc
*(Comprehensive theatre education
program for students ages 4 – 94)*
Topeka, 785-357-0719

Topeka Parks and
Recreation Department.
Senior Adult Programs
Topeka, 785-368-3798

Velma K. Paris
Community Center

Topeka, 785-862-1630
Washburn Mulvane Art Museum
785-670-1124

RESPIRE CARE

A Helping Hand Home Care
Lawrence, 785-856-0192
www.ahelpinghandhc.com

Aldersgate Village
Topeka, 785-478-9440
www.aldersgatevillage.org

Alzheimer's Association
Heart of America Chapter
*(24 hour information and support
line)*
Topeka, 785-271-1844 or
800-272-3900

Angels At Home Care
Topeka, 785-271-4376
www.angelsathomecareks.com

Atria Hearthstone-Life
Guidance Neighborhood
Topeka, 785-234-6806
www.atriaseniorliving.com

Benefits of Home
Lawrence, 785-727-1816
www.benefitsofhome.com

Caregivers Home Health
Topeka, 785-354-0767

Brookdale Topeka
(For Alzheimer/Dementia)
Topeka, 785-271-5100
www.brookdale.com

Grace Home Care
Topeka, 785-286-2273

Graceful Home Healthcare

Lawrence, 785-424-2785
www.gracefulhealthcare.com

Heart 2 Heart in Home Care
Lawrence, 785-764-9946
www.heart2heartkansas.com

Home Instead Senior Care
Lawrence – 785-856-8181
Topeka – 785-272-6101
Fax – 785-246-5316
www.homeinstead.com/584

Home Town Health Care
Topeka, 888-387-1160
Email:
info@hometownhealthcare.net

Homestead of Topeka
Topeka, 785-272-2200

Interim HealthCare
Topeka, 785-272-1616
www.interimhealthcare.com

Midland Care
Topeka, 785-232-2044
800-491-3691
www.midlandcare.org

Oakley Place of Rossville
Rossville, 785-221-7740

(*)Kelly House 1
Topeka, 785-234-8888
Fax 785-234-0885

(*)Kelly House II
Topeka, 785-273-3773
Fax 785-271-6638

Professional Sitters Home Health
Lawrence, 785-842-3301

www.prosittershomehealth.com

RehabCare
Rossville, 785-584-6104

Tanglewood Nursing &
Rehabilitation
Topeka, 785-338-2979

The Windsor of Lawrence
Lawrence, 785-832-9900

V.A. Eastern Kansas
Healthcare System
Topeka, 785-350-3111

Veterans Home Care
877-390-6377
www.veteranshomecare.com

Visiting Angels
Topeka, 785-284-5500

**RETIREMENT
COMMUNITIES**
(See Apartment Complex)

RURAL ASSISTANCE
Kansas Agricultural Mediation
Services
(Confidential assistance for KS
Farmers, ranchers and lenders)
800-321-3276
Fax 785-532-6532

Kansas State University
Kansas Rural Family Helpline
Manhattan, 866-327-6578
Fax 785-532-2036

Rural Development
Topeka, 785-271-2730

USDA Farm Service Agency
Topeka, 785-266-9053
Fax 785-266-8293
www.fsa.usda.gov

SENIOR CENTERS
Auburn Senior Center
Auburn, 785-256-2917

East Topeka Senior Center
(Mon- Fri 9am- 2pm)
Topeka, 785-232-7765

First Baptist Church - Shepherd's
Center
Topeka, 785-267-0248

LULAC Senior Center
Topeka, 785-234-5809
Fax 785-233-1828

Papan's Landing Senior
Topeka, 785-232-1968
Fax 785-232-1102

Rossville Senior Center
Rossville, 785-584-6364

Silver Lake Senior Center
Silver Lake, 785-582-5371

SOCIAL SECURITY
Social Security
Topeka, 888-327-1271
www.socialsecurity.gov

SUPPORT GROUPS
(See Community Health Services)

TAX ASSISTANCE
(Feb 1 - April 15)

Community Action

(Free Income Tax preparation services)

Topeka, 785-235-9296

Jayhawk Area Agency on Aging

Topeka, 785-235-1367 or

800-798-1366

Fax 785-235-2443

www.jhawkaaa.org

Kansas Department of Revenue

Taxpayer assistance

785-368-8222

Kansas taxpayer advocate

316-352-7506

Automated Tax Refund Status

(Income, Food, Sales, and Homestead Taxes)

800-894-0318

Kansas Tax Form Request

785-296-4937

Shawnee County Treasurer

785-233-8200

TELEPHONE REASSURANCE

Catholic Charities of

NE Kansas

Topeka, 785-233-6300

www.catholiccharitiesks.org

TRAMATIC BRAIN INJURY (TBI)

Brain Injury Association of America, Inc.

Vienna, VA 703-761-0750 or

800-444-6443

www.biausa.org

Brain Injury Resource Center

Seattle, WA 206-621-8558

www.headinjury.com

Brain Trauma Foundation

New York, NY, 212-772-0608

www.braintrauma.org

Kansas Rehabilitation Hospital

Topeka, 785-235-6600

www.kansasrehabhospital.com

Madonna Rehabilitation Hospital

Lincoln, NE 402-413-3000

or 800-676-5448

www.madonna.org

Meadowbrook Rehabilitation Hospital

Gardner, KS 913-856-8747

Menorah Medical Center

Overland Park, KS 913-498-6000

menorahmedicalcenter.com

Minds Matter LLC

Overland Park, KS 913-789-9900

www.mindsmatterllc.com

Rosemary Thorne, LCSW, LLC

Topeka, 785-633-0421

The Dream Works

Kansas City, KS 913-281-8695

www.thedreamworksinc.com

Therapy Services LLC

Burlington, KS 620-364-2606

www.therapyservicesonline.com

TraumaticBrainInjury.com

888-915-7600

www.traumaticbraininjury.com

TRANSPORTATION

A & A Specialized

Transportation

Topeka, 785-233-8212

(Wheelchair accessible vehicle available by appointment. Call at least 48hours ahead)

A Helping Hand Home Care

Lawrence, 785-856-0192

www.ahelpinghandhc.com

Aldersgate Village

Topeka, 785-478-9440

www.aldersgatevillage.org

American Cancer Society

“Road to Recovery”

(Provides ambulatory cancer patients with ground transportation to and from cancer treatment. Rides are dependent on volunteer driver availability)

Topeka, 785-273-4462 or

800-227-2345

Amtrak

800-872-7245

www.amtrak.com

Angels At Home Care

Topeka, 785-271-4376

www.angelsathomecareks.com

Assisted Transportation

Topeka, 785-291-2910

Benefits of Home

Lawrence, 785-727-1816

www.benefitsofhome.com

Breakthrough House

785-232-6807

www.breakthroughhouse.org

(Breakthrough members only; Will only provide to Breakthrough from home and back; can fit 20 passengers in a van.)

Brewster Connect 785-274-3303 <i>(Requires membership)</i> www.brewsterconnect.org	www.homeinstead.com/584	<i>medical emergency services-TSA trained)</i>
Capitol City Taxi Topeka, 785-267-3777 <i>(\$2.50 start rate, \$1.80 mile. Not wheelchair accessible, will travel outside Topeka limits)</i>	KCI RoadRunner 913-262-0905 <i>(\$58.00 Topeka to KC; Airport Shuttle Service)</i>	Topeka Metro ADA Lift Service <i>(The Lift service is a public transportation program which provides door-to-door bus service for persons with disabilities who are unable to use the wheelchair accessible fixed route bus system; Complete application to qualify under ADA and have doctor's signature. Application takes up to 21 days to process)</i>
Catholic Charities of NE Kansas <i>(60+, no wheelchair accommodations, Needs to enroll in program; Will not travel outside Topeka limits; Spanish speaking persons available)</i> Topeka, 785-233-6300 www.catholiccharitiesks.org	Topeka, 785-273-7140	Topeka, 785-783-7000 TDD 785-233-2019 www.topekametro.org
Debbie's Redi-Ride, LLC <i>(will drive to KC area)</i> Topeka, 785-250-7838	Rossville Senior Center 785-584-6364 <i>(Free for residents of Rossville)</i>	Topeka Metro- Fixed Route <i>(*)Reduced fares for Seniors 65+ and adults with disabilities)</i> Topeka, 785-783-7000
First Class Transportation Topeka, 785-266-1331 Call for wheelchair accessible	St. Francis Health Center <i>(For Cancer patients receiving treatment at the hospital only)</i> Topeka, 785-295-8008 or 866-259-9602 www.stfrancistopeka.org	Unique Transportation Services LLC 785-783-8447 <i>(Airport shuttle starts at \$85; Limo and airport shuttle Manhattan/Topeka/Lawrence/KC)</i>
Grace Home Care Topeka, 785-286-2273	Senior Center Transportation <i>(Must be 60+ or adult with disabilities, no children; rides to senior centers, medical appts, shopping, hair salon, business appts)</i> Hotline: 785-251-2988	Veterans Administration Volunteer Transportation Topeka 785-350-3111 ext. 54528 <i>(Must be a veteran and ride must be requested 48 hours in advance by VA staff person; Will travel to Emporia, Salina, St. Joe, and Leavenworth VA; No driver available on Fridays)</i>
Greyhound Bus Lines Topeka, 785-233-2301 or 800-800-2814	StageCoach, LLC <i>(Airport transportation, KU Med, Personal Assistant)</i> Topeka, 785-231-4680	Veterans Home Care 877-390-6377
Heart 2 Heart In Home Care Lawrence, 785-764-9946 www.heart2heartkansas.com	Sunflower Taxi Taxi 785- Courier 785-826-1870 <i>(\$4 minimum; \$1.60/mile cash only; will travel anywhere in Central Kansas; prefer you call ahead; Courier services offer</i>	
Home Instead Senior Care Lawrence – 785-856-8181 Topeka – 785-272-6101 Fax – 785-246-5316		

www.veteranshomecare.com

Visiting Angels
Topeka, 785-284-5500

Yellow Cab of Topeka
Topeka, 785-357-4259
(\$2.50 fee then \$1.80 mile; Will travel anywhere as long as client can pay for services; Must be at least 16 years or older to ride by self; Max of 4 people; Wait time: 20-30 minutes)

TRAVEL

Angel Flight Central
(Member of Air Charity Network Assists with free long distance transportation for people in need and/or requiring medical treatment.)
877-621-7177

Elderhostel – *(Adventures in Lifelong Learning Educational travel for adults 55 and over.)*
800-454-5768
www.elderhostel.org

UTILITY ASSISTANCE

American Red Cross
“Project Deserve”
Topeka, 888-765-9058
www.westarenergy.com

Breakthrough House
(Must have proof of mental illness.)
Topeka, 785-232-6807

Catholic Charities of
NE Kansas
Topeka, 785-233-6300
www.catholiccharitiesks.org

Community Action
Topeka, 785-235-9296

Doorstep
Topeka, 785-357-5341
www.doorsteptopeka.org
Let’s Help
Topeka, 785-234-6208
www.letshelpinc.org

Low Income Energy Assistance
Program (LIEAP)
(January - March Apply through Department for Children and Families)
Topeka, 800-432-0043

Salvation Army
Topeka, 785-233-9648
www.topeka.salvationarmy.us

Telephone *(low income assistance)*
For more information about **Kansas Lifeline or Link Up America**, call your local telephone company. The number is on your telephone bill or in the front part of the telephone directory.

Topeka North Outreach, Inc.
(Emergency assistance to the needy, including limited financial help in paying rent, utility bills and prescriptions. Provide food baskets, hygiene packs and basic essentials such as laundry soap and paper goods)
Topeka, 785-286-1370
www.topekanorthoutreach.org

VETERANS AFFAIRS

American Legion State
Headquarters

1314 SW Topeka Blvd., Ste. A
Topeka, KS 66612
www.legion.org

Department of Kansas VFW State
Headquarters
Topeka, 785-272-6463
www.ksvfw.org

KS Commission on
Veterans Affairs
Topeka, 785-296-3976
www.kcva.org
Veterans Administration - Medical
Center
Topeka, 785-350-3111

VISION SERVICES

Audio-Reader
Lawrence, 785-864-4600 or 800-772-8898
Fax 785-864-5268
www.reader.ku.edu

Eye Care America
(free eye exams)
877-887-6327
www.eyecareamerica.org

Envision
Wichita, 316-682-4646
www.envisionus.com

Kan-SAIL (Kansas Seniors
Achieving Independent Living)
(Provides the vision-impaired with skills for independent living)
Topeka, 785-296-3311 or
800-547-5789

Lions Eye Health Program
(info only)
Topeka, 785-272-6102

Salvation Army
(*Limited Eye exams and eyeglasses*)
Topeka, 785-233-9648
www.topeka.salvationarmy.us

Sunflower Lions Club
(*Provides lower cost fees for Eye
Glasses & Exam*
\$50 eye exam
\$40 Single Vision & \$80 bifocal
Requires application and referrals)
Topeka, 785-272-6102

Topeka Lions Club
Topeka, 785-249-1913

Topeka Rescue Mission (*glasses*)
Topeka, 785-354-1744
www.trmonline.org

Topeka/Shawnee County
Public Library
Talking Books
Topeka, 785-580-4530 or
800-432-2925
www.tscl.org

Zinni Optical
(800) 211-2105
<http://www.zennioptical.com>

VOLUNTEER

OPPORTUNITIES

Alzheimer's Association
785-271-1844 or 800-272-3900
www.alz.org/kansascity

American Red Cross
Topeka, 785-234-0568

Avalon Hospice
Topeka, 785-246-6520

Catholic Charities of

NE Kansas
Topeka, 785-233-6300
www.catholiccharitiesks.org

Elder Helpers
734-330-2734 or
email: help@elderhelpers.org
www.elderhelpers.org

Jayhawk Area Agency on Aging
Topeka, 785-235-1367 or
800-798-1366
Fax 785-235-2443
www.jhawkaaa.org

Kansas Senior Games
Topeka, 785-235-2295

Meals on Wheels of Shawnee and
Jefferson Counties, Inc.
Topeka 785-295-3980
www.mowks.org

Midland Care
Topeka, 785-232-2044
800-491-3691
www.midlandcare.org

Prairie Land Food
800-998-9436
www.prairielandfood.com

Stormont Vail Health
Topeka, 785-354-6095
www.stormontvail.org

Topeka Rescue Mission
Topeka, 785-354-1744
Fax 785-354-8661
www.trmonline.org

United Way of Greater Topeka
2-1-1 PROGRAM
Topeka, Dial 2-1-1 or

888-413-4327
www.211us.org

WEATHERIZATION

Community Action
Weatherization Assistance Program
(*Measures that may be installed at
your home include: Attic and wall
insulation, Foundation insulation,
Air-sealing around windows and
doors, and any other areas that
leak air, Furnace repair or
replacement*)
Topeka, 785-232-3499

Kansas Housing Resources
Corporation
Weatherization Program
Topeka, Phone: (785) 296-4990

WEBSITES:

www.101eldercare.com
www.ageesteem.com
www.agingsociety.org
www.alz.org
www.aarp.org
www.ahiphiwire.org
www.americanaging.org
www.aoa.gov
www.apnetwork.org
www.asaging.org
www.caregiver.com
www.caregiving.org
www.cmwf.org
www.ElderCarelink.com
www.globalaging.org
www.healthcommunities.com
www.healthdecisions.org
www.kff.org
www.mymedicare.gov
www.ncea.aoa.gov
www.retiredbrains.com
www.rl.tv
www.urologychannel.com

