



DRUMS ALIVE GOLDEN BEATS



Drums Alive®

JOIN US!

Your choice of two of the five classes a week at the Jayhawk Topeka Building
Suggested Donation of \$3 Per Session

All equipment is provided!

Make Sure to bring your own water!



WHICH CLASS IS FOR YOU?

New to our program? Start with beginner classes. If you're experienced and ready for a challenge, try our intermediate classes!



BENEFITS:

Improve your overall health and well-being, while building social connections.

WEDNESDAYS

Beginners Class:

9:00am-10:00am

Intermediate Class:

10:00am-11:00am

Feb. 4- Mar. 25

THURSDAYS

All Levels:

10:00am-11:00am

Feb. 4- Mar. 25

FRIDAYS

Beginners Class:

9:00am-10:00am

Intermediate Class:

10:00am-11:00am

Feb. 4- Mar. 25

FOR MORE INFORMATION CONTACT INSTRUCTOR STEFANIE
GOODWIN: sgoodwin@jhawkaaa.org or (785) 235-1367