



# C.H.A.M.P.S.S. Lunch Menu

# May 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 Country Style Ribs Roasted New Potatoes Sauteed Zucchini Apple Pie Bread/Margarine Beverage	31 Baked Chicken Buttered Corn Broccoli & Cauliflower Fruit Crumble (FR) Bread/Margarine Beverage					1 Beef Tips in Gravy Buttered Egg Noodles Five Way Mixed Peach Cake Bread/Margarine Beverage
2 Fried Chicken Mashed Potatoes & Gravy Green Bean Casserole Strawberry Cream Pie Bread/Margarine Beverage	3 Salisbury Steak/Gravy Parslied Buttered Noodles Buttered Corn Fruited Gelatin (FR) Bread/Margarine Beverage	4 Baked Ham Scalloped Potatoes Roasted Zucchini Banana Cake with Cream Cheese Frosting Cornbread/Margarine Beverage	5 Soft tacos w/toppings Rice Refried Beans Cookies Beverage	6 Roast Pork Gravy Cornbread Stuffing Broccoli (A) Cherry Crisp (FR) Dinner Roll/Margarine Beverage	7 Oven Fried Fish Rice & Ozo Pilaf Stewed Tomatoes Assorted Fruits Bread/Margarine Beverage	8 Cheese Stuffed Shells with Marinara Seasoned Italian Blend Vegetables (A) Mandarin Oranges & Bananas Bread Stick Beverage
9 Pot Roast w/ Gravy Mashed Potatoes Buttered Carrots Strawberry Poke Cake w/ Whipped Topping Dinner Roll/Margarine Beverage	10 Bratwurst on a Bun Ketchup/Mustard Cole Slaw Chips Cookie Beverage	11 Chili Cheese Fries Lettuce & Tomato Ice Cream Beverage	12 State Fair Sub Tater Tots Salad Caramel Popcorn Beverage	13 Sausage Pizza Carrots Bread Stick Cherry Pie Beverage	14 Cheeseburger on a Bun Baked Beans Chips Cookies Beverage	15 Baked Chicken & Mushrooms Mashed Potatoes & Gravy Garlic Green Beans Bread/Margarine Strawberries with Beverage
16 Smothered Pork Mashed Sweet Potatoes (A) Spinach & Mushrooms Pie of the Day Dinner Roll/Margarine Beverage	17 Beef & Cheese Baked Spaghetti Buttered Italian Blend Vegetables (A) Pear Crisp (FR) Garlic Bread Beverage	18 Country Ham Slice Herb Stuffing Buttered Carrots (A) Roasted Brussel Sprouts Texas Sheet Cake Cornbread/Margarine Beverage	19 Marinated Chicken Broccoli & Cheese Sauce (A) Pasta Salad Orange Pineapple Cup Garlic Bread Beverage	20 Meatloaf Gravy Mashed Potatoes Country Green Beans with Bacon & Onion Lemon Bar Bread/Margarine Beverage	21 Chicken Fried Chicken Loaded Mashed Potatoes Cucumber & Tomato Bread/Margarine Chocolate Chip Cake Beverage	22 Ham & Potato Au Gratin Buttered Peas Banana Cream Pie Cornbread/Margarine Beverage
23 Roast Beef Mashed Potatoes & Parmesan Baked Zucchini Glazed Applesauce Cake Dinner Roll/Margarine Beverage	24 Lasagna Italian Vegetables Caeser Salad Fruit Cup Bread/ Margerine Beverage	25 Buttermilk Ranch Chicken Garlic Mashed Potatoes Five Way Mixed Vegetables (A) Daffodil Cake Bread/Margarine Beverage	26 Breaded Pork Chop with Onions Baked Beans Buttered Peas Cherry Cheesecake Cornbread/Margarine Milk/Beverage	27 Resident's Choice (2 oz Pro/2 Grain/1 Veg/1 Frt) Milk/Beverage	28 Catch of the Day French Fries Roasted Baby Carrots & Onions (A) Chocolate Cream Pie Hush Puppies Ketchup & Tartar Sauce Beverage	29 Sausage Cuts with Sauteed Onions & Fried Potatoes Buttered Carrots (A) Blueberry Cobbler (FR) Garlic Bread Beverage



F.W. HUSTON  
MEDICAL CENTER

# C.H.A.M.P.S.S. Dinner Menu

# May 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 Sloppy Joe on Bun Tater Tots Marinated Slaw Chocolate Chip Cookie Milk/Beverage	31 Bologna & Cheese Sandwich Potato Chips Diced Tomato Salad Watermelon Ketchup/Mayo/Mustard Milk/Beverage					1 Ham & Beans Fried Potatoes Spinach & Onion (A) Mandarin Oranges & Cornbread/Margarine Beverage
2 BBQ Pulled Pork on Bun Baked Beans Marinated Cucumbers & Fresh Fruit Cup Milk/Beverage	3 Homemade Vegetable Soup Turkey & Cheese Sandwich Lettuce Leaf & Tomato Mayonnaise/Mustard Marinated Slaw No Bake Cookies Milk/Beverage	4 Tuna Patty w/Lemon Dill Sauce Parmesan Pasta Green Peas with Rosy Pineapple Bread/Margarine Milk/Beverage	5 Shepherds Pie Tossed Salad/Dressing Cinnamon Sugar Biscuit/Margarine Milk/Beverage	6 Resident's Choice (3 oz Pro/2 Grain/1 Veg/1 Frt) Milk/Beverage	7 Ham Salad Sandwich Potato Chips Green Pea Salad Apple Crumble (FR) Milk/Beverage	8 Country Fried Steak Cream Gravy Mashed Potatoes Green Beans with Onions Lemon Cream Pie Biscuit/Margarine Milk/Beverage
9 BBQ Meatballs German Potato Salad Five Way Mixed Pineapple Crisp (FR) Bread/Margarine Milk/Beverage	10 Chicken Tenders Dipping Sauce French Fries Buttered Peas Angel Food Cake w/Fruit (FR) Bread/Margarine Milk/Beverage	11 Tuna Noodle Casserole Ranch Vegetable Salad (A) Vanilla Pudding Dinner Roll/Margarine Milk/Beverage	12 Egg Salad on Croissant Potato Chips Creamy Cole Slaw Fruited Gelatin (FR) Milk/Beverage	13 BBQ Riblette on Bun Tater Tots Three Bean Salad Goopy Butter Cookies Ketchup Milk/Beverage	14 Homemade Potato Soup Chefs Salad Mixed Fruit Cup Bread Stick Milk/Beverage	15 Philly Cheesesteak w/Grilled Peppers/Onions on Bun Roasted Redskin Potatoes Marinated Tomato Salad Jell-O Cake w/Whipped Milk/Beverage
16 Turkey Pot Pie with Vegetables Side Salad w/Dressing Snickerdoodles Milk/Beverage	17 Breaded Fish Sandwich Ketchup & Tartar Sauce French Fries Vegetable Medley Whipped Gelatin Milk/Beverage	18 Cook's Choice Egg Casserole Breakfast Hash Brown Patty Stewed Tomatoes Cinnamon Roll Milk/Beverage	19 Pulled Pork on Bun Baked Beans Creamy Cole Slaw Sherbet Milk/Beverage	20 RESIDENT'S CHOICE Milk/Beverage	21 Deep Dish Piazza Italian Tossed Salad Fresh Fruit Cup Bread Stick/Margarine Milk/Beverage	22 Chicken Bubble Casserole Vegetable Blend Tossed Salad/Dressing Peanut Butter Cookies Milk/Beverage
23 Pork Fritter on Bun Onion & Pickle Slice Tater Tots Marinated Slaw Ice Cream Novelty Milk/Beverage	24 Chicken Parmesan Com Casserole Cucumber & Onion Salad Frosted Cupcake Milk/Beverage	25 Taco Salad Spanish Rice Blushing Pears Milk/Beverage	26 Pepper Beef Patty Gravy Baked Potato with Sour Cream Brussel Sprouts Peaches with Whipped Topping Bread/Margarine Severage	27 Soup Crackers California Cobb Salad Sui:iar Cookies Bread Stick/Margarine Milk/Beverage	28 Grilled Ham & Cheese Potato Chips Pickled Beets Cinnamon Apple Slices Milk/Beverage	29 Quiche Lorraine Roasted Carrots (A) Sherbet Dinner Roll/Mari:iarine Milk/Beverage