

## What can Family Caregiver Support Program Offer?

Information, Referral and Assistance

Professional staff will listen to your concerns and provide reassurance by connecting you with community agencies and services. Informative brochures or publications can also be suggested- all designed to make caregiving easy for you.

## Assessment and Planning

The caregiver program specialist will review your needs and help create a caregiving plan with you. If additional help is needed for your loved one, case managers are available to identify and develop a plan of care.

Other supplemental services may be available through Family Caregiver Support Program Services. Specific eligibility requirements must be met to receive these services.

## Mission of Family Caregiver Support Program Service

To identify, assist and empower caregivers to address their needs to insure their quality of life.

## Definition of a Caregiver

A caregiver is someone who assists another person who has physical and/or mental limitations.

## How do you know you are a Caregiver?

Are you helping an older adult with any of the following tasks?

- Preparing Meals
- Bathing and getting dressed
- Grocery Shopping
- Cleaning the House
- Managing medications
- Arranging for Services
- Getting to doctors visits
- Paying household bills

If you answered yes to any of these, you are a caregiver.

## Employers, How can you help Your Employees who are caregivers?

Caregiving can have an impact on careers. So how can you as an employer help caregivers? JAAA wants to help your employee with caregiving obligations. Working together, we can provide:

- Caregiving presentations at your place of business
- Workshops on a variety of caregiving topics
- Provide ample information at a resource fair or other venue.
- In house support groups



Not only will your employee gain valuable knowledge about the many resources available, but can also learn other skills necessary to balance work, family, and caregiving.

# Family Caregiver Support Program Services

## Family Caregiver Support Program (FCSP)

provides an opportunity for the aging network to develop a service delivery system to respond to the needs of caregivers. A caregiver can be an older adult family member, or another individual, who is an informal provider of in-home and/or community care to an older individual who is 60 years of age or older.

Jayhawk Area Agency on Aging, Inc. (JAAA) receives an allocation of funds for FCSP

service delivery through Older Americans Act

Title III, Part E.



## JAAA Mission Statement

Jayhawk Area Agency on Aging, Inc. and the Kansas Department on Aging and Disability Services advocates on aging issues, builds community partnerships and implements programs within Shawnee, Jefferson, and Douglas counties to help seniors live independent and dignified lives.

Jayhawk Area Agency on Aging is a 501 C(3) Non-Profit Corporation. Private donations are welcomed and appreciated.

Jayhawk Area Agency on Aging receives funds from U.S. Health & Human Services Administration on Aging, Kansas Department of Aging and Disability Services, Douglas, Jefferson, and Shawnee Counties, and the cities of Topeka and Lawrence, Kansas.

Jayhawk Area Agency on Aging, Inc. does not discriminate on the basis of race, color or national origin, sex, age, disability or religion. If you feel you have been discriminated against, you have the right to file a complaint with Jayhawk Area Agency on Aging.

Contact 785-235-1367 or TDD/TTY: 800-776-3777.



*Shawnee, Jefferson & Douglas Counties*

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## CAREGIVER SUPPORT



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